



We said to God, “We know there  
is One God, and that He is  
Infinite and Beyond Conception.

But we can't have a relationship with something that is Infinite and beyond conception. How can we have a relationship with You? Give us something finite that we can conceive.”

And God replied, “If you can't see Me everywhere in everything, then first practice to see Me in specific places and specific things. Take the clay from the bank of the river, meditate and pray, and through your hands divine forms will become manifest.”



**And we asked God, “How can  
the forms made from clay from the  
river by our own hands be divine?”**

And God replied, “These forms were conceived from your divine longing only for the purpose of receiving your devotion, and they have no other function other than to represent the highest aspirations of divinity. Therefore they are divine.”

So we went down to the river, scooped up the clay, and prayed, and these are the forms of our devotion, the deities of the Cosmic Puja.

The Cosmic Puja is a Universal Prayer for Peace for all the beings of existence. It is a guided meditation, which teaches us to perceive events in life without attachment, to free ourselves from the bonds of karma, and cease to react to every stimulus. Through wisdom and discrimination, we design the circumstances we desire in life, and in this way we act with the greatest efficiency. All actions become perfect actions, and no longer are we required to return again and again to finish our incomplete work. This is the path of liberation. This is the purpose of the Cosmic Puja.

# Cosmic Temple Devi Mandir



# Cosmic Altar





Worship is performed by reciting mantras, which define how we gave up our negative characteristics and assumed positive attitudes. For each victory we place a flower, and the collection of flowers makes a map, a yantra, depicting how we guided our consciousness into the presence of divinity.

# Cosmic Worship







# Creation and Origin

Origin in scripture is from

- The Chandi Path
  - The Upsamhara Puja
  - Pradhanikam Rahasyam, The Most Preeminent Secret
  - Vaikritikam Rahasyam, The Modified Secrets
- Purohit Darpana
- Durgarchana Smriti
- Durgarchana Paddhoti
- Devi Bhagavatam
- Devi Gita
- Other scriptures

# Organization of Altar

<b>Shiva-Durga</b> <b>Transform</b>	<b>Brahma-Saraswati</b> <b>Create</b>	<b>Vishnu-Laksmi</b> <b>Protect</b>
<b>Mahakali</b> <b>Four Arms</b>	<b>Mahalakshmi</b> <b>Four Arms</b>	<b>Mahasaraswati</b> <b>Four Arms</b>
<b>Mahakali</b> <b>Ten Arms</b>	<b>Mahalakshmi</b> <b>Eighteen Arms</b>	<b>Mahasaraswati</b> <b>Eight Arms</b>



# Levels of Worship



Causal Body – Top Row

Subtle Body – Middle Row

Gross Body – Bottom Row

Mahakali manifested to put Too Much and Too Little in balance.

We cannot possibly meditate until we have the right amount.

Too Little constantly demands that we get more. Too Much requires that we act to get rid of the excess.

# Mahakali has ten heads, ten arms and ten feet.

- Her ten faces see in the ten directions: the eight cardinal points of the compass, plus above and below.
- They indicate the ten Maha Vidyas, the ten great forms of knowledge, personified as Goddesses:
  1. Kali
  2. Bagala
  3. Chinnamasta
  4. Bhuvaneshwari
  5. Matangini
  6. Shorosi
  7. Dhumavati
  8. Tripurasundari
  9. Tara
  10. Bhairavi



Her ten arms perform all the karma of the universe, and indicate the five Karmendriyas, or organs of action (upper appendages, lower appendages, tongue, reproductive organ and anus), and the five Jnana Indriyas, or five organs of knowledge (eyes, ears, nose, tongue and skin) with which all interaction with the universe takes place.

Her ten feet perform the cosmic dance of Nature, Mother Nature dancing on the stage of Consciousness.

Mahakali is the Goddess of the Divine Balance, perfection in harmony, with neither Too Much nor Too Little.

# The eighteen armed form of Durga is Mahalaksmi.

- Comprised from the unity of light emitted from all the Gods, She is Mahishashura-Mardini, the slayer of the Great Ego.
- In Her eighteen hands She wields the weapons with which to combat the excesses of Egotism. She demands surrender of the Ego, and no one is able to resist Her.



She cuts down the Generals of the immense armies of egotistical thought: Devoid of Clear Understanding, Fickleness, Disbelief, Arrogance, Memories, Anxiety, Blindness, Violent Temper, Passion, The Great Deceiver, Hypocrisy, Irresistible Temptation, Foul Mouth, Wandering to and Fro, Haughtiness, the Great Frustration, Want of Resolution, the Great Ego and other Generals as well, all meet their death at the hands of the Divine Mother.

# The eight armed Mahasaraswati is the Slayer of the armies of Self Conceit and Self Deprecation.

- Anger, Passion, the Seeds of Desire, even Self Conceit and Self Deprecation meet their demise because of the Supreme Knowledge of the Divine Goddess.



# Harmonize Gross Body

Balance Too Much/Too Little

Surrender the Great Ego

Slay Self-Conceit/Self-Deprecation



## Subtle Body

# Mahakali is the Great Goddess who Removes Darkness.

- Kal means Darkness, and Kali takes away the darkness of all beings.
- She, herself, is dark because She takes away the darkness to Herself. She is dark to the outside, but within is her light.
- Kal means Time, and i means the Cause: Kali, the Cause of Time, or She Who is Beyond Time.
- With the darkness of Her time, She is the night of wisdom. She gives rest and respite to all beings. Of the nature of Tama Guna, She is the quality of darkness, the quality of rest.



# Mahalaksmi is the Great Goddess Who Defines All.

- She is the Being of this existence, Mula Prakritti, the natural state of all existence even prior to manifestation.
- Of the nature of Satwa Guna, She is Being, existence as it is, the energy of activity, Kriya Shakti, Energy in motion, Pure Light.



# Mahasaraswati is Raja Guna, the energy of desire.

- Mahalakshmi is Being
- Mahasaraswati is Becoming
- Mahakali is the state of rest.
- The three gunas of nature, nature's three qualities: light, wisdom, peace; activity, passion, motion; desire, knowledge, becoming.



# Harmonize Subtle Body

Mahakali	Mahalakshmi	Mahasaraswati
Wisdom Light Rest	Activity Motion Being	Desire Knowledge Becoming
Tamo Guna	Sattva Guna	Rajo Guna

**Causal Body**

# Causal Body- Level 3

- All of existence is directed by:

Brahma - Creation

Generator

Vishnu - Protection

Organizer

Shiva - Transformation

Destroyer

# In the upper left hand corner is the five faced Shiva, the Consciousness of Infinite Goodness.

His five faces are from left to right

- Sadhyo Jata, who continually gives birth to truth
- Vama Deva, the Beloved Deity
- Aghora, who is free from fear is in the center,
- Tat Parusha, that Universal Consciousness
- Isana, the Ruler of All.



These are five attributes of the One Consciousness of Infinite Goodness, Lord Shiva who presides over the transformation of all that is.

# Next to Shiva is Durga.

- Durgam means confusion, and Durga takes away the Durgam, the Reliever of Confusion, wife of Lord Shiva.
- Her other name is Gauri, She who is Rays of Light. She rides on the great Lion who is Dharma.
- She is the Energy of Continuous Transformation. Durga energizes Shiva in creating change.



# In the center is Brahma, the Creator of All.

- He has four faces by which he sees in the four directions, and from which he expounds the four Vedas.
- He rides on the Swan of vital breath, the "ham sah" who makes our breath regular in the processes of Pranayam.



# Saraswati is the Goddess of Knowledge, Art, Philosophy, and Music.

- She is the Creative Energy.
- Together with Brahma the perceivable universe is created.



# Lord Vishnu is blue, the color of the sky, the color of infinity.

- Vish means the universe; Nu, to pervade: Vishnu, He who Pervades the Universe; the Infinite Consciousness which, while pervading the entire universe, is the universe.
- He protects the entire universe, and is the circumstance of all the beings of the universe.



# Lakshmi is the Goddess of True Wealth.

- Lakshya mean the goal, and therefore Lakshmi is the Ultimate Goal.
- Lakshya also means the definition, and therefore Lakshmi defines the creation and all that is in it, and at the same time She energizes it with the circumstances of each and every being.



# Brahma and Saraswati create.



Vishnu and Lakshmi protect the  
circumstances of all beings.



Shiva and Durga transform all that is,  
even as it is becoming.



**We meditate to surrender Too Much and Too Little, cut down Self Conceit and Self Deprecation, and surrender the Great Ego itself at the feet of the Divine Mother Goddess. Then we will be able to see that all of Existence is Being, Becoming, and Rest; desire, activity and wisdom. All of existence is in constant transformation caused by the Three Divine Couples: Brahma and Saraswati Creating, Vishnu and Laksmi Protecting, Shiva and Durga Transforming.**

This is the Cosmic Puja, the worship of the Energies of the Eternal Existence and the Consciousness which perceives them; the three qualities in Constant Motion: coming into manifestation, having a time of play in the circumstances of life, and transforming again into something else. Without Too Much or Too Little, without Self Conceit or Self Deprecation, in the absence of the Great Ego, we can perceive without attachment the Dance of Nature and intuit the presence of God.