Demystifying the Hindu Calendar

Om Sang Saraswatyai Namah

With Pranams

to

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&

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Some Terms Explained

Panchang – Hindu Lunar Calendar

Maase – Lunar Month

Paksha – Lunar Fortnight. (Shukla – waxing fortnight

Krishna – waning fortnight)

Tithi – Lunar Day.

Please note that according to the rules of Sanskrit Grammar, Paksha and Tithi transform to Pakshe and Tithau respectively in the recitation of a sankalpa.

Tithis and Tithaus

The following are the tithis of a lunar fortnight and the change to their case endings when used in a Sankalpa

Number	Tithi	Tithau
1	Pratipad	Pratipad
2	Dvitiya	Dvitiyam
3	Tritiya	Tritiyam
4	Chaturti	Chaturtam
5	Panchami	Panchamam
6	Sashti	Sashtam
7	Saptami	Saptamam
8	Ashtami	Ashtamam
9	Navami	Navamam
10	Dasami	Dasamam
11	Ekadasi	Ekadasam
12	Dwadasi	Dwadasam
13	Trayodasi	Trayodasam
14	Chaturdasi	Chaturdasam
15	Poornima	Poornimam (Full Moon)
15	Amavasya	Amavasyam (New Moon)



A Sample Panchang – Hindu Calendar

Kartik	30									-29		ilgu			naitr	ra 29	IVa	ishal	ch 30	Jve	shtl	1 .30	An	shad	h 29	1st	Shrav	ran30	2ndSt
October	03	Nove	mbe	r03	Dec	emb	er 03	Jar	nuar	y 04	Fe	brua	ry 04	M	arch	04		pril			May	04		une			ulv	04	Aug
The state of the s	Tithi	Dt D	y T	ľithí	Dt	Dy	Tithi		Dy	Tithi		Dy	Tithi	-	Dy	Tith		Dy	Tithi	-	artest and a second	Tithi	_	Dy		_	Dv	Tithi	Dt D
25 Sa	0.1	24 N		0.1	23		0.1	22	Th	0.1	20	Fr	0.1	21	Su	0.1	119	Mo	01	19	We	0.1	18	The same of the same of	0.1	17	Sa	01	16 N
26 Su	0.2	and the second second		2/03	100000	We	0.2	23	Fr !	02/03	21	Sa	02	22	Mo	0.2	2.0	Tu	01	20	Th	02	19		0.2	18	Su	0.1	17 7
27 Mo	03	26 V		0.4	25	Th	03	24	Sa	0.4	22	Su	0.3	23	Tu	0.3	21	We	02	21	Fr	03	20	Su	0.3	19	Mo	02	18 V
28 Tu	0.4			0.5	26		0.4	25	40.00	0.5	23	Mo	04	24	We	0.4	22	Th	0.3	22	Sa	04	21	Mo	04	20	Tu	03	19 7
29 We	0.5	28 F		0.6	27	Sa	0.5	26	4.2500		24	Tu	0.5	2.5	Th	0.5	23	Fr	04	23	Su	04	22	Tu	0.5	21	We	04	20 F
30 Th	0.6	29 S		07	28	Su	06	27	Tu	07	25	We	06		Fr	0.6	24		0.5	24	Mo	0.5	23	We	06	22	Th	0.5	21 5
31 Fr	0.7	30 S	u	08	29	Mo		28	We	07	26	Th	0.7	27		0.7	2.5		0.6	2.5		0.6	24	Th	0.7	23	Fr	0.6	22 S
NOV	03	DE	C = 0	3	30		08	29	Th	08	27	Fr	0.8	28		0.8	26			26		0.7	25	Fr	0.8	24	Sa	0.7	23 N
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05 We	12	05 F		13	0.3	Sa	1.2		Mo	12	02	Tu	11	0.1	Th	11	= M	AY	04	31	Mo	12/13	30	We	1.3	29	Th	13	28 S
06 Th	13	06 S	a	13	04	Su	13	03	Tu	13	0.3	We	12	02	Fr	12	0.1	Sa	12	JU	NE	04		OLY	04	30		14	29 S
07 Fr	14	07 S	u .	14	0.5	Mo	14	0.4	We	14	0.4	Th	13		507		02	Su	13	0.1	Tu	1.4	0.1	Th	14/3	3.1	Sa	(3)	
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10 Mo	0.2	10 W	Ve I	02	0.8	Th	01	0.7	Sa	02	0.7	Su	01			0.2	0.5	We	01	04	Fr	02		Su	03	03	Tu	04	01 V
	0.3	11 T	h i	03		Fr	02	08	Su	03	08	Mo	02		We		06	Th	02/03	05	Sa	0.3		Mo	1		We	0.5	02 T
	0.4	12 F	r)	04	10	Sa	03	09	Mo	04	09	Tu	03		Th	0.4	07	Fr	04	06	Su	04/05	06	Tu	05	70.00	Th	0.6	03 F
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	0.6	14 S		06		Mo	0.5		We	0.6	11	Th	06	10	Sa	0.6	0.9	Su	06	0.8	Tu	07		Th	0.7	CONTRACTOR OF THE PERSON AND ADDRESS OF THE PERSON ADDRESS OF THE PERSON AND ADDRESS OF THE PERSON ADDRESS OF THE PERSON AND ADDRESS OF THE PERSON A	Sa	08	05 S
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	0.8	17 W		0.9	15		08/09	14	Sa	0.9	14	Su	0.9	13	Tu	10	12	We	09	11	Fr	10	11	Su	10	10	Tu	10	08 V
The second second second	9/10	18 T		10		Fr	10	1.5	Su	10	1.5	Mo	1.0	14	We	1.1	13	Th	10	12	Sa	11	12	Mo	1.1	11	We	11	09 T
19 We	11	19 F		11		Su	12	2.00	Mo	11	16	Tu	11	15	Th	12		Fr	11	13	Su	12	13	Tu	12	12	Th	12	10 F
20 Th	12	20 S		12		Mo	13	17		12/13	1.7	We	1.2	100	Fr	13	15	Sa	12		Mo	12	14	We	13	13	Fr	13	11 S
21 Fr	13			3/14	2.0	Tu	14	18	We	14		Th	13	17	Sa.	14	16	Su	13	1.5	Tu	13	15	Th	1.4	14	Sa	14	12 S
22 Sa	14	22 M	0	1		We	0	19	Th	0		Fr	14	18	Su	0	17	Mo	14	1000	We	14	16	Fr		1.5	Su	0	13 N
23 Su	9					1100	7	1000			2.0	Sa				100	18	Tu	1	17	Th	99			6.50			-	14 T

Understanding the Panchang – Step 1

The second line gives the solar month in which the lunar month starts. The lunar and solar months cross each other - so one lunar month could span the latter half of a solar month and the earlier half of the next month. So here the lunar month of Kartik that has 30 days in it, spans from the latter half of Oct 2003 to the middle of November 2003

The third line has three columns – the first is the Solar Date, second the Solar Day and third the Lunar Day or

Kartile 30	Margshirsh29	Paush 30	Magh 29	Falgun 30
October 03	November 03	December 6	January 04	February 04
Phys. Sec. (1)	Dt Dy Titl	Dt, Dy Titl	Dt Dy Tithi	Dt Dy Tithi
25 Sa 01	24 Mo 01	73 III 01	22 Th 0.1	20 Fr 01
26 Su 02	2.5 Tu 02/03	24 We 02	23 Fr 02/03	21 Sa 02
27 Mo 03	26 We 04/	25 Th 03	24 Sa 04	22 Su 03
28 Tu 04	27 Th 0	26 Fr 04	25 Su 05	23 Mo 04
29 We 05	28 Fr /6	27 Sa 05	26 Mo 06	24 Tu 05
30 Th 06	29 Sa 07	28 Su 06	27 Tu 07	25 We 06
31 Fr 07	30 S/ 08	29 Mo 07	28 We 07	26 Th 07
NOV 03	DF 03	30 Tu 08	29 Th 08	27 Fr 08
0 Sa 08	0 40.09	31 We 09	30 Fr 09	2 Sa 0
02 Su 09	Tu 10	JAN 04	31 Sa 10	29 Su 09
03 Mo 10	We II	01 Th 10	FEB 04	MAR 04
04 Tu 11	4 Th 12	02 Fr 11	O.I. Sur. I.I.	01 Mo 10
0.5 We 1	05 Fr 13	03 Sa 12	02 Mo 12	2 Tu 11
06 Th	06 Sa 13	04 Su 13	03 Tu 13	03 4 12
07 Fr	0.7 Su 14	05 Mo 14	04 We 14	04 Th 13
08 8	08 Ma @	06 Tu 🔘	05 Th @	05 Fr 14
		07 We 😡	SC-5- 3-14 (986)	06 Sa 😡
09 01	09 Tu 01	U. J. TYC. SEP.	06 Fr 01	12.12 31a Ngarin
0 02	10 We 02	08 Th 01	07 Sa 02	07 Su 01
u 03	11 Th 03	09 Fr 02	08 Su 03	08 Mo 02
We 04	12 Fr 04	10 Sa 03	09 Mo 04	09 Tu 03
Th 05	13 Sa 05	11 Su 04	10 Tu 05	10 We 94/05
4 Fr 06	14 Su 06	12 Mo 05	11 We 06	11 Th 06
15 Sa 06	15 Me 07	13 Tu 06	12 Th 07	12 Fr 07
16 Su 07	16 Tu 08	14 We 07	13 Fr 08	13 Sa 08
17 Mo 08	17 We 09	15 Th 08/09	14 Sa 09	14 Su 09
18 Tu 09/10	18 Th 10	16 Fr 10	15 Su 10	15 Mo 10
19 We 11	19 Fr 11	17 Sa 11	16 Mo 11	16 Tu 11
20 Th 12	20 Sa 12	18 Su 12	17 Tu 12/13	17 We 12
2.1 Fr 13	21 Su 13/14	19 Mo 13	18 We 14	18 Th 13
22 Sa 14	22 Mo 💮	20 Tu 14	19 Th	19 Fr 14
23 Su 🔘		21 We 💿		20 Sa 🐠

The top line gives the beginning of the lunar month and the number of days in this month for this year – here it is lunar month of Falgun and has 30 days in it.

The lines in this column following the green horizontal band 'MAR 04' indicate the start of the solar month of March

Understanding the Panchang – Step 2

All the days of the month leading up to the full moon – ie the WAXING FORTNIGHT –aka – SHUKLA PAKSHA

Kartik 30 Margshirsh29 Paush 30 Mach 29 Falgun 30 October 03 November 03 December 03 January 04 February 04 Tithi Dt Dy Tithi Dt Dy Tithi Dt Dv Tithi Dt Dy Tithi 24 Mo 01 Tu 20 Fr 0.1 Su 25 Tu 02/03 24 We 0.2 23 Fr 02/03 21 Sa 0.2 27 Me 0 26 We 24 0.4 25 Th 03 04 22 03 Tu 0.4 27 Th 05 Fr 04 25 Su 0.5 23 Mo 04 29 We 28 Fr. 0.5 26 Mo 06 0.6 27 Sa 0.5 24 Tu. 0.5 30 Th 29 Sa 0.6 07 28 Su 0.6 To 07 25 We 06 30 Su 07 28 We 0.7 08 Mo 07 0.7 26 Th 30 Tu 08 29 Th 08 27 Fr 08 NOV 03 **DEC 03** 31 Wc 09 30 Fr 09 28 Sa 01 Mp 09 Sa 0.8 29 Su 02 Su 0.9 02 Tu 10 03 Mo 10 03 We 11 OI Th 04 Tu TH 02 Fr 04 O.I. Su H 01 We 0.5 Fr 03 Sa 02 Mo 12 13 12 06 Sa 13 04 Su 03 Tu 13 Su0.5 Mo 1.4 04 We 13 8 Ma 06 Tu 05 Th 06 Sa Su 09 Tu 0.1 06 Fr Mo 02 10 We 0.2 Su Tu 03 11 Th 03 Fr 08 Mo 02 12 We-0.4 10 Sa 12 Fr 04 0.3 03 09 Tu Th 0.4 05 11 Su L3 Sa 0.5 0.5 10 We 94/05 Tu Fr 14 Su 0.5 06 Mo 0.6 We 06 06 15 Sa 0.6 15 Mo 13 Tu 0.6 0.7 0.7 Su 1.4 We 0.7 0.7 16 Tu 13 Sa OB 08 08/09 Mo 08 17 Wc 09 Sa 0.0 0.9 To 09/10 L8 Th 15 Mo 1.0 We 1.1 19 Fr 16 Tu Su 20 Th 20 Sa Tu 12/13 17 We 21 Fr. 13 21 Su 13/1 22 Sa 14 19 Fr. 22 Me 23 Su 2.0 Sa.

All the days of the month leading up to the new moon – ie the WANING FORTNIGHT – aka – KRISHNA PAKSHA

The smiley face indicates the full moon or Poornima

The dark face indicates new moon or Amavasya

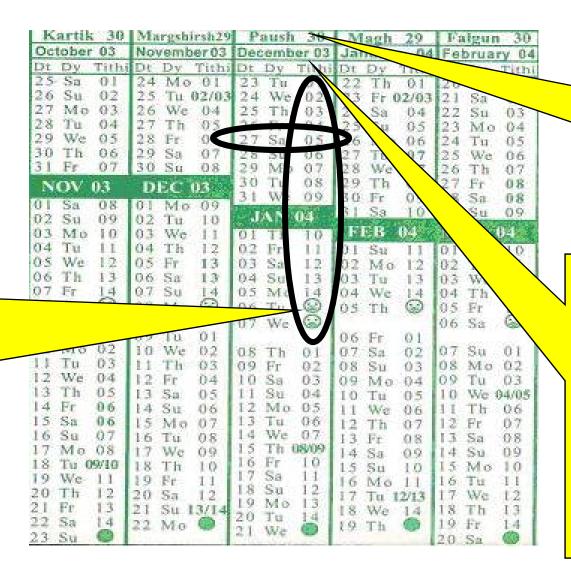
Exercise

An example to illustrate what we have learnt from the previous two slides



Lunar Equivalent for 27th Dec 2003

Second Step –
Lunar Fortnight
– Here it is a date
progressing
towards the
smiley face, so it
is the waxing
fortnight or
SHUKLA
PAKSHA. So put
SHUKLA before
the 'Pakshe' in
the sankalpa.



First step –
Lunar Month –
Here it is
PAUSH. So put
'Paush' before
the 'Maase ' in
the sankalpa

Third Step –
Lunar date or
tithi. The value
in the third
column is '05'
corresponding to
Saturday the
27th Dec. '05'
translates to
'PANCHAMI'.
So put
'PANCHAMAM
' before the
'tithau' in the
sankalpa

Putting it Together for the Example

Om Adya Jambudvipe (referring to the Earth)

(The name of your country) Dese

(The name of your state) Pradese

(The name of your city) Nagare

(The name of your temple) Mandire

Paush Maase,

Shukla Pakse,

Panchamam Tithau,

Shri Satyananda Gotre or your gotra, Shri Your name krtaitat, For the purpose of pleasing which God, Puja Karmaham, whatever puja you are doing, Karishye



Some Special Cases

Sometimes the same lunar day may span multiple solar days. In this case the full moon – POORNIMA tithi repeats on 6th and 7th Jan 2004

Kartik 30	Margshirsh29	Paush 30	Magh 29	Faigun 30
October 03	November 03	December 03	January 04	February 04
Dr Dy Tithi	Dt Dy Tithi	Dt Dy Tithi		Dt Dy Tithi
2.5 Sa 0.1	24 Mo 01	23 Tu 01	22 Th 01	20 Fr 01
26 Su 02	2.5 Tu 02/03	24 We 02	23 Fr 02/03	21 Sa 02
27 Mo 03	26 We 04	25 Th 03	24 Sa 04	22 Su 03
28 Tu 04	27 Th 05	26 Fr 04	25 Su 05	23 Mo 04
29 We 05	28 Fr. 06	27 Sa 05	26 Mo 06	24 Tu 05
30 Th 06	29 Sa 07	28 Su 06	27 Tu 07	25 We 06
31 Fr 07	30 Sq 08	29 Mo 07	28 We 07	26 Th 07
NOV 03	DEC 03	30 Tu 08	29 Th 08	27 Fr 08
01 Sa 08	01 Mo-09	31 We 09.	30 Fr 09	28 Sa 08
02 Su 09	02 Tu 10	JAN 04	31 Sa 10	29 Su 09
03 Mo 10	03 We 11	01 Th 10	FEB 04	MAR 04
04 Tu 11	04 Th 12	02 Fr 11	01 Sa 11	01 Mo 10
05 We: 12	05 Fr 13	03 Sa 12	02 Mo 12	02 Tu 11
06 Th 13	06 Sa 13	P. Su. I.	03 Tu 13	0.3 We 12
107 E- LC	AT-C- 14	05 Mo 14	04 We 14	04 Th 13
_	Mo @	06 Tu 🔘	os Th 😡	05 Fr 14
		97 We 🐷		06 Sa 😡
09 Su 01	09 Tu 01		06 Fr 01	CONTRACTOR OF THE CONTRACTOR
10 Mo 02	10 We 02	08 Th 01	07 Sa 02	07 Su 01
11 Tu 03	11 Th 03	09 Fr 02	08 Su 03	08 Mo 02
12 We 04	12 Fr 04	10 Sa 03	09 Mo 04	1 IU U.5
13 Th 05	13 Sa 05	11 Su 04	10 Tu 05	0 We 94/05
F 7 F 7 F 7 F 7 F 7 F 7 F 7 F 7 F 7 F 7	14 Su 06	12 Mo 05 13 Tu 06	11 We 06	11 10 00
15 Sa 06 16 Su 07	15 Mo 07	13 Tu 06 14 We 07	12 Th 07	12 Fr 07
17 Me 08	16 Tu 08	15 Th 08/09	13 Fr 08	13 Sa 08
18 Tu 09/10	17 We 09 18 Th 10	16 Fr 10	14 Sa 09	14 Su 09
19 We 11	19 Fr 11	17 Sa 11	15 Su 10	15 Mo 10 16 Tu 11
20 Th 12	20 Sa 12	18 Su 12	16 Mo 11	17 We 12
21 Fr 13	21 Su 13/14	19 Mo 13	17 Tu 12/13 18 We 14	18 Th 13
22 Sa 14	22 Me .	20 Tu 14	19 Th	19 Fr 14
23 Su 🔘	es Min	21 We 🜑	CACT II AND	20 Sa 💮

Sometimes a solar day may comprise of two lunar days.
Here the 10th of March has two tithis – fourth and fifth.
Depending on when you are doing your puja – use the earlier tithi before sunrise and the latter if after sunrise

Feedback

If you have any additional questions or would like to provide feedback, please email to

Lathananda@yahoo.com

Thank You.

JAI MAA!!!

Om Sang Saraswatyai Namah

