

# Santoshi Maa Puja

Swami Satyananda Saraswati  
and  
Shree Maa



सन्तोषी माँ पूजा  
সন্তোষী মাঁ পূজা  
Santoṣī Māṁ Pūjā

By  
स्वामी सत्यानन्द सरस्वती  
Swami Satyananda Saraswati  
and  
श्री माँ  
Shree Maa

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## **Santoṣī Mām Pūjā,,**

Swami Satyananda Saraswati, Shree Maa

1. Hindu Religion. 2. Worship. 3. Spirituality.

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Saraswati, Shree Maa

देवता प्रणाम्  
देवता प्रणाम्  
devatā praṇām

श्रीमन्महागणाधिपतये नमः

श्री मन्महागणाधिपतये नमः

**śrīmanmahāgaṇādhīpataye namaḥ**

We bow to the Respected Great Lord of Wisdom.

लक्ष्मीनारायणाभ्यां नमः

लक्ष्मीनारायणाभ्यां नमः

**lakṣmīnārāyaṇābhyāṁ namaḥ**

We bow to Lakṣmī and Nārāyaṇa, The Goal of all Existence and the Perceiver of All.

उमामहेश्वराभ्यां नमः

उमामहेश्वराभ्यां नमः

**umāmaheśvarābhyāṁ namaḥ**

We bow to Umā and Maheśvara, She who protects existence, and the Great Consciousness or Seer of All.

वाणीहिरण्यगर्भाभ्यां नमः

वाणीहिरण्यगर्भाभ्यां नमः

**vāṇīhiraṇyagarbhābhyāṁ namaḥ**

We bow to Vāṇī and Hiraṇyagarbha, Sarasvatī and Brahmā, who create the cosmic existence.

शचीपुरन्दराभ्यां नमः

शचीपुन्रन्दराभ्यां नमः

**śacīpurandarābhyām namaḥ**

We bow to Śacī and Purandara, Indra and his wife, who preside over all that is divine.

मातापितृभ्यां नमः

मातापितृभ्यां नमः

**mātāpitṛbhyām namaḥ**

We bow to the Mothers and Fathers.

इष्टदेवताभ्यो नमः

ईष्टदेवताभ्यो नमः

**iṣṭadevatābhyo namaḥ**

We bow to the chosen deity of worship.

कुलदेवताभ्यो नमः

कुलदेवताभ्यो नमः

**kūladevatābhyo namaḥ**

We bow to the family deity of worship.

ग्रामदेवताभ्यो नमः

ग्रामदेवताभ्यो नमः

**grāmadevatābhyo namaḥ**

We bow to the village deity of worship.

वास्तुदेवताभ्यो नमः

বাস্তুদেবতাভ্যো নমঃ

**vāstudevatābhyo namaḥ**

We bow to the particular household deity of worship.

स्थानदेवताभ्यो नमः

স্থানদেবতাভ্যো নমঃ

**sthānadevatābhyo namaḥ**

We bow to the established deity of worship.

सर्वेभ्यो देवेभ्यो नमः

সর্বেভ্যো দেবেভ্যো নমঃ

**sarvebhyo devebhyo namaḥ**

We bow to all the Gods.

सर्वेभ्यो ब्राह्मणेभ्यो नमः

সর্বেভ্যো ব্রাহ্মণেভ্যো নমঃ

**sarvebhyo brāhmaṇebhyo namaḥ**

We bow to all the Knowers of Divinity.

ॐ সন্তোষীমায়ৈ বিদ্বাহে সন্তোষ প্রদায়িন্যৈ ধীমহি

তন্নো সন্তোষী মাঁ প্রচোদয়াৎ ॐ ॥

ॐ সন্তোষীমায়ৈ বিদ্বাহে সন্তোষ প্রদায়িন্যৈ ধীমহি

তন্নো সন্তোষী মাঁ প্রচোদয়াৎ ॐ ॥

**om santoṣīmāyai vidmahe santoṣ pradāyinyai  
dhīmahi**

**tanno santoṣī māṁ pracodyāt om ॥**

Om we meditate on Santoṣī Mā, we contemplate She who bestows satisfaction. May that Divine Mother who bestows satisfaction grant us increase.

ॐ অগ্নির্জ্যোতির্জ্যোতিরগ্নিঃ স্বাহা ।

সূর্যো জ্যোতির্জ্যোতিঃ সূর্যঃ স্বাহা ।

অগ্নির্বর্চো জ্যোতির্বর্চঃ স্বাহা ।

সূর্যো বর্চো জ্যোতির্বর্চঃ স্বাহা ।

জ্যোতিঃ সূর্যঃ সূর্যো জ্যোতিঃ স্বাহা ॥

ॐ অগ্নির্জ্যোতির্জ্যোতিরগ্নিঃ স্বাহা । সূর্যো

জ্যোতির্জ্যোতিঃ সূর্যঃ স্বাহা । অগ্নির্বর্চো জ্যোতির্বর্চঃ

স্বাহা । সূর্যো বর্চো জ্যোতির্বর্চঃ স্বাহা । জ্যোতিঃ

সূর্যঃ সূর্যো জ্যোতিঃ স্বাহা ॥

**om agnir jyotir jyotir agniḥ svāhā**

**sūryo jyotir jyotiḥ sūryaḥ svāhā**

**agnir varco jyotir varcaḥ svāhā**

**sūryo varco jyotir varcaḥ svāhā**

**jyotiḥ sūryaḥ sūryo jyotiḥ svāhā**

Om The Divine Fire is the Light, and the Light is the Divine Fire; I am One with God! The Light of Wisdom is the Light, and the Light is the Light of Wisdom; I am One with God! The Divine Fire is the offering, and the Light is the Offering; I am One with God! The Light of Wisdom is the Offering, and the Light is the Light of Wisdom; I am One with God!

(wave light)

ॐ अग्निर्ज्योती रविर्ज्योतिश्चन्द्रो ज्योतिस्तथैव च ।

ज्योतिषामुत्तमो देवी दीपोऽयं प्रतिगृह्यताम् ॥

एष दीपः ॐ ह्रीं सन्तोषीमायै नमः ॥

ॐ अग्निं ज्योति रविं ज्योतिश्चन्द्रं ज्योतिष्वतैव च ।

ज्योतिषामुत्तमो देवी दीपो-यं प्रतिगृह्यताम् ॥

एष दीपः ॐ ह्रीं सन्तोषीमायै नमः ॥

**om agnirjyotī ravirjyotiścandro jyotistathaiva ca  
jyotiṣāmuttamo devī dīpo-yaṁ pratigrhyatām  
eṣa dīpaḥ om hrīm santoṣīmāyai namaḥ ॥**

Om The Divine Fire is the Light, the Light of Wisdom is the Light, the Light of Devotion is the Light as well. The Light of the Highest Bliss, Oh Goddess, is in the Light that we offer, the Light that we request you to accept. With the offering of Light om hrīm we bow to the Goddess of Satisfaction.

(wave incense)

ॐ वनस्पतिरसोत्पन्नो गन्धात्ययी गन्ध उत्तमः ।

आग्नेयः सर्वदेवानां धूपोऽयं प्रतिगृह्यताम् ॥

एष धूपः ॐ ह्रीं सन्तोषीमायै नमः ॥

ॐ बनस्पतिरसोत्पन्नो गन्ध्यात्ययी गन्ध्य उत्तमः ।  
 आग्नेयः सर्वदेवानां धूपो-यं प्रतिगृह्यताम् ॥  
 एष धूपः ॐ ह्रीं सन्तोषीमायै नमः ॥

**om vanaspatirasotpanno  
 gandhātyayī gandha uttamah  
 āghreyaḥ sarvadevānām dhūpo-yaṁ pratigr̥hyatām  
 eṣa dhūpaḥ om hrīm̄ santoṣīmāyai namaḥ ॥**

Om Spirit of the Forest, from you is produced the most excellent of scents. The scent most pleasing to all the Gods, that scent we request you to accept. With the offering of fragrant scent om hrīm̄ we bow to the Goddess of Satisfaction.

ārātrikam

ॐ चन्द्रादित्यौ च धरणी विद्युद्गिस्तथैव च ।  
 त्वमेव सर्वज्योतीषिं आरात्रिकं प्रतिगृह्यताम् ॥  
 ॐ ह्रीं सन्तोषीमायै नमः आरात्रिकं समर्पयामि ॥  
 ॐ चन्द्रादित्यो च धरणी विद्युद्गिस्तथैव च ।  
 त्वमेव सर्वज्योतीषिं आरात्रिकं प्रतिगृह्यताम् ॥  
 ॐ ह्रीं सन्तोषीमायै नमः आरात्रिकं  
 समर्पयामि ॥

**om candrādityau ca dharaṇī vidyudgnistathaiva ca  
 tvameva sarvajyotiṣim ārātrikam pratigr̥hyatām  
 om hrīm̄ santoṣīmāyai namaḥ ārātrikam  
 samarpayāmi**

Om All knowing as the Moon, the Sun and the Divine Fire, you alone are all light, and this light we request you to accept. With the offering of light om hrīm̄ we bow to the Goddess of Satisfaction.

ॐ पयः पृथिव्यां पय ओषधीषु

पयो दिव्यन्तरिक्षे पयो धाः ।

पयःस्वतीः प्रदिशः सन्तु मह्यम् ॥

ॐ पयः पृथिव्यां पय ओषधीषु पयो दिव्यन्तरिक्षे  
पयोधाः । पयः स्वतीः प्रदिशः सन्तु मह्यम् ॥

**om payaḥ pṛthivyām paya oṣadhīṣu**

**payo divyantarikṣe payo dhāḥ**

**payāḥsvatīḥ pradiśaḥ santu mahyam**

Om Earth is a reservoir of nectar, all vegetation is a reservoir of nectar, the divine atmosphere is a reservoir of nectar, and also above. May all perceptions shine forth with the sweet taste of nectar for us.

ॐ अग्निर्देवता वातो देवता सूर्यो देवता चन्द्रमा देवता

वसवो देवता रुद्रो देवता ऽदित्या देवता मरुतो देवता विश्वे

देवा देवता बृहस्पतिर्देवतेन्द्रो देवता वरुणो देवता ॥

ॐ अग्निর্देবতা বাতো দেবতা সূর্যো দেবতা চন্দ্রমা

দেবতা বসবো দেবতা রুদ্রো দেবতা-দিত্যা দেবতা

মরুতো দেবতা বিশ্বেদেবো দেবতা বৃহস্পতির্দেবতেন্দ্রো

দেবতা বরুণো দেবতা ॥

**om agniṛdevatā vāto devatā sūryo devatā candramā**

**devatā vasavo devatā rudro devatā-dityā devatā**

**maruto devatā viśve devā devatā**

**bṛhaspatirdevatendro devatā varuṇo devatā**

Om The Divine Fire (Light of Purity) is the shining God, the Wind is the shining God, the Sun (Light of Wisdom) is the shining God, the Moon (Lord of Devotion) is the shining God, the Protectors of the Wealth are the shining Gods, the

Relievers of Sufferings are the shining Gods, the Sons of the Light are the shining Gods; the Emancipated seers (Maruts) are the shining Gods, the Universal Shining Gods are the shining Gods, the Guru of the Gods is the shining God, the Ruler of the Gods is the shining God, the Lord of Waters is the shining God.

ॐ भूर्भुवः स्वः ।

तत् सवितुर्वरेण्यम् भर्गो देवस्य धीमहि ।

धियो यो नः प्रचोदयात् ॥

ॐ ভূভুবঃ স্বঃ । তৎ সবিতুর্বরেণ্যম্ ভর্গো দেবস্য  
ধীমহি । ধিয়ো যো নঃ প্রচোদয়াৎ ॥

**om bhūr bhuvaḥ svaḥ**

**tat savitur vareṇyam bhargo devasya dhīmahi**

**dhiyo yo naḥ pracodayāt**

Om̐ the Infinite Beyond Conception, the gross body, the subtle body and the causal body; we meditate on that Light of Wisdom that is the Supreme Wealth of the Gods. May it grant to us increase in our meditations.

ॐ भूः

ॐ भूः

**om bhūḥ**

Om̐ the gross body

ॐ भुवः

ॐ भुवः

**om bhuvaḥ**

Om̐ the subtle body

ॐ स्वः

ॐ श्वः

**om svaḥ**

Om the causal body

ॐ महः

ॐ मश्ः

**om mahaḥ**

Om the great body of existence

ॐ जनः

ॐ ज्ञनः

**om janaḥ**

Om the body of knowledge

ॐ तपः

ॐ तपः

**om tapaḥ**

Om the body of light

ॐ सत्यं

ॐ सत्यां

**om satyaṁ**

Om the body of truth

ॐ तत् सवितुर्वरिण्यम् भर्गो देवस्य धीमहि ।

धियो यो नः प्रचोदयात् ॥

ॐ तं सवितुर्वरेण्यम् भर्गो देवस्य धीमहि ।

धियो यो नः प्रचोदयात् ॥

**om̐ tat savitur vareṇyam bhargo devasya dhīmahi  
dhiyo yo naḥ pracodayāt**

Om̐ we meditate on that Light of Wisdom that is the Supreme Wealth of the Gods. May it grant to us increase in our meditations.

ॐ आपो ज्योतीरसोमृतं ब्रह्म भूर्भुवस्स्वरोम् ॥

ॐ आपो ज्योतीरसोमृतं ब्रह्म भूर्भुवस्स्वरोम् ॥

**om̐ āpo jyotīrasomṛtaṁ brahma bhūrbhuvassvarom̐**

Om̐ May the divine waters luminous with the nectar of immortality of Supreme Divinity fill the earth, the atmosphere and the heavens.

ॐ मां माले महामाये सर्वशक्तिस्वरूपिणि ।

चतुर्वर्गस्त्वयि न्यस्तस्तस्मान्मे सिद्धिदा भव ॥

ॐ मां माले महामाये सर्वशक्ति स्वरूपिणि ।

चतुर्वर्गस्त्वयि न्यस्तस्तस्मान्मे सिद्धिदा भव ॥

**om̐ māṁ māle mahāmāye sarvaśaktisvarūpiṇi**

**catur vargas tvayi nyastas**

**tasmān me siddhidā bhava**

Om̐ My Rosary, The Great Measurement of Consciousness, containing all energy within as your intrinsic nature, give to me the attainment of your Perfection, fulfilling the four objectives of life.

ॐ अविघ्नं कुरु माले त्वं गृह्णामि दक्षिणे करे ।

जपकाले च सिद्धयर्थं प्रसीद मम सिद्धये ॥

ॐ अविघ्नं कुरु माले त्वं गृह्णामि दक्षिणे करे ।

जपकाले च सिद्धयर्थं प्रसीद मम सिद्धये ॥

**om avighnam kuru māle tvaṃ grhṇāmi dakṣiṇe kare  
japakāle ca siddhyarthaṃ prasīda mama siddhaye**

Om Rosary, You please remove all obstacles. I hold you in my right hand. At the time of recitation be pleased with me. Allow me to attain the Highest Perfection.

ॐ अक्षमालाधिपतये सुसिद्धिं देहि देहि सर्वमन्त्रार्थसाधिनि  
साधय साधय सर्वसिद्धिं परिकल्पय परिकल्पय मे स्वाहा ॥

ॐ अक्षमालाधिपतये सुसिद्धिं देहि देहि  
सर्वमन्त्रार्थसाधिनि साधय साधय सर्वसिद्धिं परिकल्पय  
परिकल्पय मे स्वाहा ॥

**om akṣa mālā dhipataye susiddhiṃ dehi dehi sarva  
mantrārtha sādhini sādahaya sādahaya sarva siddhiṃ  
parikalpaya parikalpaya me svāhā**

Om Rosary of rudrākṣa seeds, my Lord, give to me excellent attainment. Give to me, give to me. Illuminate the meanings of all mantras, illuminate, illuminate! Fashion me with all excellent attainments, fashion me! I am One with God!

एते गन्धपुष्पे ॐ गं गणपतये नमः

एते गन्धपुष्पे ॐ गं गणपतये नमः

**ete gandhapuṣpe om gaṃ gaṇapataye namaḥ**

With these scented flowers om we bow to the Lord of Wisdom, the Lord of the Multitudes.

एते गन्धपुष्पे ॐ आदित्यादिनवग्रहेभ्यो नमः

एते गन्धपुष्पे ॐ आदित्यादि नवग्रहेभ्यो नमः

**ete gandhapuṣpe om ādityādi navagrahebhyo namaḥ**

With these scented flowers om we bow to the Sun, the Light of Wisdom, along with the nine planets.

एते गन्धपुष्पे ॐ शिवादिपञ्चदेवताभ्यो नमः

এতে গন্ধপুষ্পে ৐ শিবাদিপঞ্চদেবতাভ্যো নমঃ

**ete gandhapuṣṭe om śivādipañcadevatābhyo namaḥ**

With these scented flowers om̐ we bow to Śiva, the Consciousness of Infinite Goodness, along with the five primary deities (Śiva, Śakti, Viṣṇu, Gaṇeśa, Sūrya).

एते गन्धपुष्पे ॐ इन्द्रादिदशदिक्पालेभ्यो नमः

এতে গন্ধপুষ্পে ৐ ইন্দ্রাদিদশদিक्পালেভ্যো নমঃ

**ete gandhapuṣṭe om indrādi daśadikpālebhyo namaḥ**

With these scented flowers om̐ we bow to Indra, the Ruler of the Pure, along with the Ten Protectors of the ten directions.

एते गन्धपुष्पे ॐ मत्स्यादिदशावतारेभ्यो नमः

এতে গন্ধপুষ্পে ৐ মৎস্যাদিদশাবতারেভ্যো নমঃ

**ete gandhapuṣṭe om matsyādi daśāvatārebhyo namaḥ**

With these scented flowers om̐ we bow to Viṣṇu, the Fish, along with the Ten Incarnations that He assumed.

एते गन्धपुष्पे ॐ प्रजापतये नमः

এতে গন্ধপুষ্পে ৐ প্রজাপতয়ে নমঃ

**ete gandhapuṣṭe om prajāpataye namaḥ**

With these scented flowers om̐ we bow to the Lord of All Created Beings.

एते गन्धपुष्पे ॐ नमो नारायणाय नमः

এতে গন্ধপুষ্পে ৐ নমো নারায়ণায় নমঃ

**ete gandhapuṣṭe om namo nārāyaṇāya namaḥ**

With these scented flowers om̐ we bow to the Perfect Perception of Consciousness.

एते गन्धपुष्पे ॐ सर्वेभ्यो देवेभ्यो नमः

এতে গন্ধপুষ্পে ওঁ সর্বেভ্যো দেবেভ্যো নমঃ

**ete gandhapuṣṭe om̐ sarvebhyo devebhyo namaḥ**

With these scented flowers om̐ we bow to All the Gods.

एते गन्धपुष्पे ॐ सर्वाभ्यो देवीभ्यो नमः

এতে গন্ধপুষ্পে ওঁ সর্বাভ্যো দেবীভ্যো নমঃ

**ete gandhapuṣṭe om̐ sarvābhyo devībhyo namaḥ**

With these scented flowers om̐ we bow to All the Goddesses.

एते गन्धपुष्पे ॐ श्री गुरवे नमः

এতে গন্ধপুষ্পে ওঁ শ্রী গুরবে নমঃ

**ete gandhapuṣṭe om̐ śrī gurave namaḥ**

With these scented flowers om̐ we bow to the Guru.

एते गन्धपुष्पे ॐ ब्राह्मणेभ्यो नमः

এতে গন্ধপুষ্পে ওঁ ব্রাহ্মণেভ্যো নমঃ

**ete gandhapuṣṭe om̐ brāhmaṇebhyo namaḥ**

With these scented flowers om̐ we bow to All Knowers of Wisdom.

Recite while tying a piece of string around wrist.

ॐ कुशासने स्थितो ब्रह्मा कुशे चैव जनार्दनः ।

कुशे ह्याकाशवद् विष्णुः कुशासन नमोऽस्तु ते ॥

ওঁ কুশাসনে স্থিতো ব্রহ্মা কুশে চৈব জনার্দনঃ ।

কুশে হ্যাকাশবদ্ বিষ্ণুঃ কুশাসন নমো-স্তু তে ॥

**om kuśāsane sthito brahmā kuśe caiva janārdanaḥ  
kuśe hyākāśavad viṣṇuḥ kuśāsana namo-stu te**

Om Brahmā is in the shining light (or kuśa grass), in the shining light resides Janārdana, the Lord of Beings. The Supreme all-pervading Consciousness, Viṣṇu, resides in the shining light. Oh Repository of the shining light, we bow down to you, the seat of kuśa grass.

आचमन

আচমন

ācamana

ॐ केशवाय नमः स्वाहा

ওঁ কেশবায় নমঃ স্বাহা

**om keśavāya namaḥ svāhā**

Om We bow to the one of beautiful hair.

ॐ माधवाय नमः स्वाहा

ওঁ মাধবায় নমঃ স্বাহা

**om mādhavāya namaḥ svāhā**

Om We bow to the one who is always sweet.

ॐ गोविन्दाय नमः स्वाहा

ওঁ গোবিন্দায় নমঃ স্বাহা

**om govindāya namaḥ svāhā**

Om We bow to He who is one-pointed light.

ॐ विष्णुः ॐ विष्णुः ॐ विष्णुः

ওঁ বিষ্ণুঃ ওঁ বিষ্ণুঃ ওঁ বিষ্ণুঃ

**om viṣṇuḥ om viṣṇuḥ om viṣṇuḥ**

Om Consciousness, om Consciousness, om Consciousness.

ॐ तत् विष्णोः परमं पदम् सदा पश्यन्ति सूरयः ।

दिवीव चक्षुराततम् ॥

ওঁ তৎ বিষ্ণোঃ পরমং পদম্ সদা পশ্যন্তি সূরয়ঃ ।

দিবীব চক্ষুরা ততম্ ॥

**om tat viṣṇoḥ paramaṁ padam**

**sadā paśyanti sūrayaḥ divīva caṅsurā tatam**

Om That Consciousness of the highest station, who always sees the Light of Wisdom, give us Divine Eyes.

ॐ तद् विप्र स पिपानोव जुविग्रन्सो सोमिन्द्रते ।

विष्णुः तत् परमं पदम् ॥

ওঁ তৎ বিপ্র স পিপানোব জুবিগ্রংসো সোমিन्द्रতে ।

বিষ্ণুঃ তৎ পরমং পদম্ ॥

**om tad vipra sa pipānova juvigraṅso somindrate**

**viṣṇuḥ tat paramaṁ padam**

Om That twice-born teacher who is always thirsty for accepting the nectar of devotion, Oh Consciousness, you are in that highest station.

ॐ अपवित्रः पवित्रो वा सर्वावस्थां गतोऽपि वा ।

यः स्मरेत् पुण्डरीकाक्षं स बाह्याभ्यन्तरः शुचिः ॥

ওঁ অপবিত্রঃ পবিত্রো বা সর্বাবস্থাং গতো-পি বা ।

য়ঃ স্মরেৎ পুণ্ডরীকাক্ষং স বাহ্যাত্তন্তরঃ শূচিঃ ॥

**om apavitraḥ pavitra vā sarvāvasthām gato-pi vā**

**yaḥ smaret puṇḍarīkākṣaṁ**

**sa bāhyābhyantaraḥ śuciḥ**

Om The Impure and the Pure reside within all objects. Who remembers the lotus-eyed Consciousness is conveyed to radiant beauty.

ॐ सर्वमङ्गलमाङ्गल्यम् वरेण्यम् वरदं शुभं ।

नारायणं नमस्कृत्य सर्वकर्माणि कारयेत् ॥

ॐ सर्वमङ्गल मङ्गल्यम् वरेण्यम् वरदा शुभं ।

नारायणं नमस्कृत्य सर्व कर्माणि कारयेत् ॥

**om sarva maṅgala māṅgalyam**

**vareṇyam varadaṁ śubhaṁ**

**nārāyaṇaṁ namaskṛtya sarvakarmāṇi kārayet**

Om All the Welfare of all Welfare, the highest blessing of Purity and Illumination, with the offering of respect we bow down to the Supreme Consciousness who is the actual performer of all action.

ॐ सूर्य्यश्चमेति मन्त्रस्य ब्रह्मा ऋषिः प्रकृतिश्छन्दः आपो

देवता आचमने विनियोगः ॥

ॐ सूर्य्यश्चमेति मन्त्रस्य ब्रह्मा ऋषिः प्रकृतिश्छन्दः

आपो देवता आचमने विनियोगः ॥

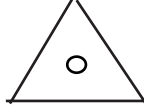
**om sūryyaścmeti mantrasya brahmā ṛṣiḥ**

**prakṛtiśchandaḥ āpo devatā ācamane viniyogaḥ**

Om these are the mantras of the Light of Wisdom, the Creative Capacity is the Seer, Nature is the meter, the divine flow of waters is the deity, being applied in washing the hands and rinsing the mouth.

Draw the following yantra with some drops of water and/or sandal paste at the front of your seat.

Place a flower on the bindu in the middle, while reciting:



ॐ आसनस्य मन्त्रस्य मेरुपृष्ठ ऋषिः सुतलं छन्दः कूर्मो  
देवता आसनोपवेशने विनियोगः ॥

ॐ आसनस्य मन्त्रस्य मेरुपृष्ठ ऋषिः सुतलं छन्दः कूर्मो  
देवता आसनोपवेशने विनियोगः ॐ ॥

**om āsanasya mantrasya meruprṣṭha ṛṣiḥ sutalam  
chandaḥ kūrmmo devatā āsanopaveśane viniyogaḥ**

Om Introducing the mantras for the purification of the seat.  
The Seer is He whose back is Straight, the meter is of very  
beautiful form, the tortoise who supports the Earth is the deity.  
These mantras are applied to make the seat free from  
obstructions.

एते गन्धपुष्पे ॐ ह्रीं आधारशक्तये कमलासनाय नमः ॥

এতে গন্ধপুষ্পে ॐ হ্রীং আধারশক্তয়ে কমলাসনায়  
নমঃ ॥

**ete gandhapuṣṭpe om hrīm ādhāraśaktaye  
kamaḷāsanāya namaḥ**

With these scented flowers om hrīm we bow to the Primal  
Energy situated in this lotus seat.

ॐ पृथ्वि त्वया धृता लोका देवि त्वं विष्णुना धृता ।

त्वञ्চ ধারয় মাং নিত্যং পবিত্রং কুরু চাসনম্ ॥

ॐ पृथ्वि त्वया धृता लोका देवि त्वं विष्णुना धृता ।

ত্বঞ্চ ধারয় মাং নিত্যং পবিত্রং কুরু চাসনম্ ॥

**om pṛthvi tvayā dhṛtā lokā devi tvam viṣṇunā dhṛtā  
tvañca dhāraya māñ nityañ pavitrañ kuru cāsanam**

Om Earth! You support the realms of the Goddess. You are supported by the Supreme Consciousness. Also bear me eternally and make pure this seat.

ॐ गुरुभ्यो नमः

ॐ गुरुभ्यो नमः

**om gurubhyo namaḥ**

Om I bow to the Guru.

ॐ परमगुरुभ्यो नमः

ॐ परमगुरुभ्यो नमः

**om paramagurubhyo namaḥ**

Om I bow to the Guru's Guru.

ॐ परापरगुरुभ्यो नमः

ॐ परापरगुरुभ्यो नमः

**om parāparagurubhyo namaḥ**

Om I bow to the Gurus of the lineage.

ॐ परमेष्ठिगुरुभ्यो नमः

ॐ परमेष्ठिगुरुभ्यो नमः

**om parameṣṭhigurubhyo namaḥ**

Om I bow to the Supreme Gurus.

ॐ गं गणेशाय नमः

ॐ गं गणेशाय नमः

**om gaṁ gaṇeśāya namaḥ**

Om I bow to the Lord of Wisdom.

ॐ अनन्ताय नमः

ॐ अनन्ताय नमः

**om anantāya namaḥ**

Om I bow to the Infinite One.

ॐ ऐं ह्रीं क्लीं चामुण्डायै विच्चे

ॐ ऐं ह्रीं क्लीं चामुण्डायै विच्चे

**om aiṁ hrīm klīm cāmuṇḍāyai vicce**

Om Creation, Circumstance, Transformation are known by Consciousness.

ॐ नमः शिवाय

ॐ नमः शिवाय

**om namaḥ śivāya**

Om I bow to the Consciousness of Infinite Goodness.

ॐ ह्रीं सन्तोषीमायै नमः ॥

ॐ ह्रीं सन्तोषीमायै नमः

**om hrīm santoṣīmāyai namaḥ ॥**

Om hrīm we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

Clap hands three times and snap fingers in the ten directions  
(N S E W NE SW NW SE UP DOWN) repeating

ॐ ह्रीं सन्तोषीमायै नमः ॥

ॐ ह्रीं सन्तोषीमायै नमः

**om hrīm̐ santoṣīmāyai namaḥ ॥**

om hrīm̐ we bow to the Goddess of Contentment.

सङ्कल्प

**saṅkalpa**

विष्णुः ॐ तत् सत् । ॐ अद्य जम्बूद्वीपे ( ) देशे ( )

प्रदेशे ( ) नगरे ( ) मन्दिरे ( ) मासे ( ) पक्षे ( )

तिथौ ( ) गोत्र श्री ( ) कृतैतत् श्रीसन्तोषीमाँ कामः

पूजाकर्माहं करिष्ये ॥

विष्णुः ॐ तत् सत् । ॐ अद्य जम्बूद्वीपे ( ) देशे

( ) प्रदेशे ( ) नगरे ( ) मन्दिरे ( ) मासे

( ) पक्षे ( ) तिथौ ( ) गोत्र श्री ( ) कृतैतत्

श्रीसन्तोषीमाँ कामः पूजा कर्माहं करिष्ये ॥

**viṣṇuḥ om̐ tat sat om̐ adya jambūdvīpe (Country)**

**deśe (State) pradeśe (City) nagare (Name of house**

**or temple) mandire (month) māse (śukla or kṛṣṇa)**

**pakṣe (name of day) tithau (name of) gotra śrī (your**

**name) kṛtāitat śrī santoṣīmām̐ kāmāḥ pūjā**

**karmāham̐ kariṣye**

The Consciousness Which Pervades All, om̐ That is Truth.

Presently, on the Planet Earth, Country of (Name), State of

(Name), City of (Name), in the Temple of (Name), (Name of

Month) Month, (Bright or Dark) fortnight, (Name of Day) Day,

(Name of Sādhu Family), Śrī (Your Name) is performing the

worship for the satisfaction of the Respected Goddess of Satisfaction by reciting the Universal Worship.

ॐ यज्ञाग्रतो दूरमुदेति दैवं तद् सुप्तस्य तथैवैति ।

दूरङ्गमं ज्योतिषां ज्योतिरेकं तन्मे मनः शिवसङ्कल्पमस्तु ॥

ॐ यज्जाग्रतो दूरमुदेति दैवং तद् सुप्तस्य तथैवैति ।

दूरङ्गमं ज्यোतिषां ज्योतिरेकं तन्मे मनः

शिवसङ्कल्पमस्तु ॥

**om yajjāgrato dūramudeti**

**daivaṁ tadu suptasya tathaivaiti**

**dūraṅgamaṁ jyotiṣāṁ jyotirekaṁ**

**tanme manaḥ śiva saṅkalpamastu**

Om May our waking consciousness replace pain and suffering with divinity as also our awareness when asleep. Far extending be our radiant aura of light, filling our minds with light. May that be the firm determination of the Consciousness of Infinite Goodness.

या गुङ्गुर्या सिनीवाली या राका या सरस्वती ।

इन्द्राणीमह उतये वरुणानीं स्वस्तये ॥

या गुं गुङ्गुर्या सिनीवाली या राका सरस्वती ।

इन्द्राणीमह उतये वरुणानीं स्वस्तये ॥

**yā guṅgūryā sinīvālī yā rākā yā sarasvatī**

**īndrāṇīmaha ūtaye varuṇānīm svastaye**

May that Goddess who wears the Moon of Devotion protect the children of Devotion. May that Goddess of All-Pervading Knowledge protect us. May the Energy of the Rule of the Pure rise up. Oh Energy of Equilibrium grant us the highest prosperity.

ॐ स्वस्ति न इन्द्रो वृद्धश्रवाः स्वस्ति नः पूषा विश्ववेदाः ।  
 स्वस्ति नस्तार्क्ष्यो अरिष्टनेमिः स्वस्ति नो बृहस्पतिर्दधातु ॥  
 ॐ अस्ति न इन्द्रो वृद्धश्रवाः अस्ति नः पूषा विश्ववेदाः ।  
 अस्ति नस्तार्क्ष्यो अरिष्टनेमिः अस्ति नो  
 बृहस्पतिर्दधातु ॥

**om svasti na indro vṛddhaśravāḥ  
 svasti naḥ pūṣā viśvavedāḥ  
 svasti nastārksyo ariṣṭanemiḥ  
 svasti no bṛhaspatirdadhātu**

Om The Ultimate Prosperity to us, Oh Rule of the Pure, who perceives all that changes; the Ultimate Prosperity to us, Searchers for Truth, Knowers of the Universe; the Ultimate Prosperity to us, Oh Divine Being of Light, keep us safe; the Ultimate Prosperity to us, Oh Spirit of All-Pervading Delight, grant that to us.

ॐ गणानां त्वा गणपतिः हवामहे  
 प्रियाणां त्वा प्रियपतिः हवामहे  
 निधीनां त्वा निधिपतिः हवामहे वसो मम ।  
 आहमजानि गर्भधमा त्वमजासि गर्भधम् ॥  
 ॐ गणानां त्वा गणपतिं गुं हवामहे  
 प्रियानां त्वा प्रियपतिं गुं हवामहे  
 निधीनां त्वा निधिपतिं गुं हवामहे वसो मम ।  
 आहमजानि गर्भधमा त्वमजासि गर्भधम् ॥

**om gaṇānām tvā gaṇapati guṁ havāmahe  
 priyāṇām tvā priyapati guṁ havāmahe  
 nidhīnām tvā nidhipati guṁ havāmahe vaso mama  
 āhamajāni garbbhadhamā tvamajāsi garbbhadham**

Om We invoke you with offerings, Oh Lord of the Multitudes; we invoke you with offerings, Oh Lord of Love; we invoke you with offerings, Oh Guardian of the Treasure. Sit within me, giving birth to the realm of the Gods within me; yes, giving birth to the realm of the Gods within me.

ॐ गणानां त्वा गणपतिः हवामहे

कविं कवीनामुपमश्रवस्तमम् ।

ज्येष्ठराजं ब्रह्मणां ब्रह्मणस्पत

आ नः शृण्वन्नूतिभिः सीद सादनम् ॥

ॐ गणानां त्वा गणपतिं गुं हवामहे  
कविमकविनामुपमश्रवस्तमम् ।

ज्येष्ठराजं ब्रह्मणां ब्रह्मणस्पत

आ नः शृण्वन्नूतिभिः सीद सादनम् ॥

**om gaṇānām tvā gaṇapati guṁ havāmahe**

**kaviṁ kavīnāmupamaśravastamam**

**jyeṣṭharājaṁ brahmaṇāṁ brahmaṇaspata**

**ā naḥ śṛṇvannūtibhiḥ sīda sādānam**

Om We invoke you with offerings, Oh Lord of the Multitudes, Seer among Seers, of unspeakable grandeur. Oh Glorious King, Lord of the Knowers of Wisdom, come speedily hearing our supplications and graciously take your seat amidst our assembly.

ॐ अदितिर्द्यौरदितिरन्तरिक्षमदितिर्माता स पिता

स पुत्रः । विश्वे देवा अदितिः पञ्च जना

अदितिर्जातमदितिर्जनित्वम् ॥

ওঁ অদিতিদ্যৌরদিতিরন্তরিক্ষ - -দিতিমাতা স পিতা  
স পুত্রঃ । বিশ্বেদেবা অদितिः पञ्च जना  
अदितिर्जातमदितिर्जनित्वम् ॥

**om aditir dyauraditirantarikṣamaditirmātā  
sa pitā sa putraḥ  
viśve devā aditiḥ pañca janā  
aditirjātamaditirjanitvam**

Om The Mother of Enlightenment pervades the heavens; the Mother of Enlightenment pervades the atmosphere; the Mother of Enlightenment pervades Mother and Father and child. All Gods of the Universe are pervaded by the Mother, the five forms of living beings, all Life. The Mother of Enlightenment, She is to be known.

ॐ त्वं स्त्रीस्त्वं पुमानसि त्वं कुमार अत वा कुमारी ।  
त्वं जिर्नो दण्डेन वञ्चसि त्वं जातो भवसि विश्वतोमुखः ॥  
ওঁ ত্বং শ্রীস্বং পুমানসি ত্বং কুমার অথবা কুমারী ।  
ত্বং গির্নো বন্দেন বন্চসি ত্বং জাতো ভবসি  
বিশ্বতোমুখা ॥

**om tvam strīstvam pumānasi  
tvam kumāra ata vā kumārī  
tvam jirno daṇḍena vañcasi  
tvam jāto bhavasi viśvatomukhaḥ**

Om You are Female, you are Male; you are a young boy, you are a young girl. You are the word of praise by which we are singing; you are all creation existing as the mouth of the universe.

ॐ श्रीशु ते लक्ष्मीशु पत्न्यावहोरात्रे पार्श्वे नक्षत्राणि  
रूपमश्विनौ व्यात्तम् । इष्णं निषाणामुं म ऽइष्णं सर्वलोकं  
म ऽइष्णं ॥

ॐ श्रीशु ते लक्ष्मीशु पत्न्यावहोरात्रे पार्श्वे नक्षत्राणि  
रूपमश्विनौ व्यात्तम् । इष्णं निषाणामुं म-ईषाण  
सर्वलोकं म-ईषाण ॥

om śrīśca te lakṣmīśca patnyāvahorātre pārśve  
nakṣatrāṇi rūpamaśvinau vyāttam

iṣṇam niṣāṇāmum ma -iṣāṇa sarvalokaṁ ma-iṣāṇa

Om the Highest Respect to you, Goal of all Existence, wife of the full and complete night (the Unknowable One), at whose sides are the stars, and who has the form of the relentless search for Truth. Oh Supreme Divinity, Supreme Divinity, my Supreme Divinity, all existence is my Supreme Divinity.

ॐ अम्बेऽम्बिकेऽम्बालिके न मा नयति कश्चन ।

ससस्त्यश्वकः सुभद्रिकां काम्पीलवासिनीम् ॥

ॐ अम्बे-अम्बिके-म्बालिके न मा नयति कश्चन ।

ससस्त्यश्वकः सुभद्रिकां काम्पीलवासिनीम् ॥

om ambe-mbike-mbālike na mā nayati kaścana  
sasastyaśvakaḥ subhadrikāṁ kāmpīlavāsinīm

Om Mother of the Perceivable Universe, Mother of the Conceivable Universe, Mother of the Universe of Intuitive Vision, lead me to that True Existence. As excellent crops (or grains) are harvested, so may I be taken to reside with the Infinite Consciousness.

ॐ शान्ता द्यौः शान्तापृथिवी शान्तमिदमुर्वन्तरिक्षम् ।

शान्ता उदन्वतिरापः शान्ताः नः शान्तवोषधीः ॥

ॐ शान्ता द्यौः शान्तापृथिवीं शान्तमूर्ध्वमूर्ध्वन्तरिक्षम् ।

शान्तमूर्ध्वम्बतिरापः शान्तां नः शान्तावधी ॥

om śāntā dyauḥ śāntā pṛthivī śāntam

idamurvantarikṣam

śāntā udanvatirāpaḥ śāntāḥ naḥ śāntvoṣadhīḥ

Om Peace in the heavens, Peace on the earth, Peace upwards and permeating the atmosphere; Peace upwards, over, on all sides and further; Peace to us, Peace to all vegetation;

ॐ शान्तानि पूर्वरूपाणि शान्तं नोऽस्तु कृताकृतम् ।

शान्तं भूतं च भव्यं च सर्वमेव शमस्तु नः ॥

शान्तानि पूर्वरूपाणि शान्तं नो-स्तु कृताकृतम् ।

शान्तं भूतं च भव्यं च सर्वमेव शमस्तु नः ॥

om śāntāni pūrva rūpāṇi śāntam no-stu kṛtākṛtam

śāntam bhūtam ca bhavyam ca

sarvameva śamastu naḥ

Om Peace to all that has form, Peace to all causes and effects; Peace to all existence, and to all intensities of reality, including all and everything; Peace be to us.

ॐ पृथिवी शान्तिरन्तरिक्षं शान्तिद्यौः

शान्तिरापः शान्तिरोषधयः शान्तिः वनस्पतयः शान्तिर्विश्वे

मे देवाः शान्तिः सर्वे मे देवाः शान्तिर्ब्रह्म शान्तिरापः शान्तिः

सर्वं शान्तिरेधि शान्तिः शान्तिः सर्वं शान्तिः सा मा शान्तिः

शान्तिभिः ॥

পৃথিবীং শান্তিরন্তরিক্ষং শান্তিদ্যৌ । শান্তিরাপঃ  
 শান্তিরোষধয়ঃ শান্তিঃ বনস্পত্যয়ঃ শান্তির্বিশ্বে মে দেবাঃ  
 শান্তিঃ সর্বমেদেবাঃ শান্তির্ব্রহ্ম শান্তিরাপঃ শান্তি সর্ব  
 শান্তিরেধি শান্তি শান্তিঃ সর্বশান্তি সা মা শান্তি  
 শান্তিভিঃ ॥

om pṛthivī śāntir antarikṣam śāntir dyauḥ  
 śāntir āpaḥ śāntir oṣadhayaḥ śāntiḥ vanaspatayaḥ  
 śāntir viśve me devāḥ śāntiḥ sarve me devāḥ śāntir  
 brahma śāntirāpaḥ śāntiḥ sarvam śāntiredhi śāntiḥ  
 śāntiḥ sarva śāntiḥ sā mā śāntiḥ śāntibhiḥ

Om Let the earth be at Peace, the atmosphere be at Peace, the heavens be filled with Peace. Even further may Peace extend, Peace be to waters, Peace to all vegetation, Peace to All Gods of the Universe, Peace to All Gods within us, Peace to Creative Consciousness, Peace to Brilliant Light, Peace to All, Peace to Everything, Peace, Peace, altogether Peace, equally Peace, by means of Peace.

তামিঃ শান্তিभिः सर्वशान्तिभिः समया मोहं यदिह घोरं  
 यदिह क्रूरं यदिह पापं तच्छान्तं तच्छिवं सर्वमेव समस्तु  
 नः ॥

ভতি শান্তিভি সর্ব শান্তিভি সময় মোহং য়িহি ঘোরং  
 য়িহি ক্রুরং য়িহি পাপং তচ্ছান্তং তচ্ছিবং সর্বমেব  
 সমস্তু নঃ ॥

tābhiḥ śāntibhiḥ sarva śāntibhiḥ samayā moham  
 yadiha ghoram yadiha kruram yadiha papam  
 tacchāntam tacchivam sarvameva samastu naḥ

Thus by means of Peace, altogether one with the means of Peace, Ignorance is eliminated, Violence is eradicated, Improper Conduct is eradicated, Confusion (sin) is eradicated, all that is, is at Peace, all that is perceived, each and everything, altogether for us,

ॐ शान्तिः शान्तिः शान्तिः ॥

ॐ शान्तिः शान्तिः शान्तिः ॥

**om śāntiḥ śāntiḥ śāntiḥ**

Om Peace, Peace, Peace

गणेश पूजा

गणेशे पूजा

**gaṇeśa pūjā**

worship of gaṇeśa

ॐ विश्वेशं माधवं दृष्टिं दण्डपाणिं च भैरवम् ।

वन्दे काशीं गुहां गङ्गां भवानीं मणिकर्णिकाम् ॥

ॐ विश्वेशं माधवं दृष्टिं दण्डपाणिं च भैरवम् ।

वन्दे काशीं गुहां गङ्गां भवानीं मणिकर्णिकाम् ॥

**om viśveśam mādhamam dhaṇḍhirim**

**daṇḍapāṇim ca bhairavam**

**vande kāśīm guhām gaṅgām**

**bhavānīm maṇikarnikām**

Om the Lord of the Universe, Lord Viṣṇu Mādhava, who holds the club in his hand and is fearless, worships He Who dwells in the cave at Benaris, who holds aloft the Gaṅgā, who is the Lord of the Universe, He who wears jeweled earrings.

**gaṇeśa gāyatrī**

ॐ तत् पुरुषाय विद्महे वक्रतुण्डाय धीमहि ।

तन्नो दन्ती प्रचोदयात् ॥

ॐ तत् पुरुषाय विद्महे वक्रतुण्डाय धीमहि ।

तन्नो दन्तीः प्रचोदयात् ॥

**om tat puruṣāya vidmahe vakratuṇḍāya dhīmahi**

**tanno dantī pracodayāt**

Om we meditate on that Perfect Consciousness, we contemplate the One with a broken tooth. May that One with the Great Tusk grant us increase.

एते गन्धपुष्पे ॐ गं गणपतये नमः

এতে গন্ধপুষ্পে ৐ গং গণপতয়ে নমঃ

**ete gandhapuṣṭpe om gaṁ gaṇapataye namaḥ**

With these scented flowers om̐ we bow to the Lord of Wisdom,  
Lord of the Multitudes.

### gaṇeśa dhyānam

meditation

ॐ सुमुखश्चैकदन्तश्च कपिलो गजकर्णकः ।

लम्बोदरश्च विकटो विघ्ननाशो विनायकः ॥

ॐ সুমুখশ্চৈকদন্তশ্চ কপিলো গজকর্ণকঃ ।

লম্বোদরশ্চ বিকটো বিঘ্ননাশো বিনায়কঃ ॥

**om̐ sumukhaścaika dantaśca kapilo gaja karṇakaḥ**

**lambodaraśca vikaṭo vighnanāśo vināyakaḥ**

Om̐ He has a beautiful face with only one tooth (or tusk), of red color with elephant ears; with a big belly and a great tooth he destroys all obstacles. He is the Remover of Obstacles.

धूमकेतुर्गणाध्यक्षो भालचन्द्रो गजाननः ।

द्वादशैतानि नामानि यः पठेच्छृणुयादपि ॥

ধুমকেতুর্গণাধ্যক্ষো ভালচন্দ্রো গজাননঃ ।

দ্বাদশৈতানি নামানি যঃ পঠেচ্ছৃণুয়াদপি ॥

**dhūmraketurgaṇādhyakṣo bhāla candro gajānanaḥ**

**dvādaśaitāni nāmāni yaḥ paṭhecchṛṇu yādapi**

With a grey banner, the living spirit of the multitudes, having the moon on his forehead, with an elephant's face. Whoever will recite or listen to these twelve names

विद्यारम्भे विवाहे च प्रवेशे निगमि तथा ।

संग्रामे संकटे चैव विघ्नस्तस्य न जायते ॥

विद्यारम्भे विवाहे च प्रवेशे निर्गमे तथा ।

संग्रामे संकटे चैव विघ्नस्तस्य न जायते ॥

**vidyārambhe vivāhe ca praveśe nirgame tathā  
saṅgrāme saṅkate caiva vighnastasya na jāyate**

at the time of commencing studies, getting married, or on entering or leaving any place; on a battlefield of war, or in any difficulty, will overcome all obstacles.

शुक्लाम्बरधरं देवं शशिवर्णं चतुर्भुजम् ।

प्रसन्नवदनं ध्यायेत् सर्वविघ्नोपशान्तये ॥

शुक्लाम्बरधरं देवं शशिवर्णं चतुर्भुजम् ।

प्रसन्नवदनं ध्यायेत् सर्वविघ्नोपशान्तये ॥

**śuklāambaradharaṁ devaṁ śaśivarṇaṁ caturbhujam  
prasannavadanaṁ dhyāyet sarvavighnopaśāntaye**

Wearing a white cloth, the God has the color of the moon and four arms. That most pleasing countenance is meditated on who gives peace to all difficulties.

अभीप्सितार्थसिद्धयर्थं पूजितो यः सुरासुरैः ।

सर्वविघ्नहरस् तस्मै गणाधिपतये नमः ॥

अभीप्सितार्थ सिद्धयर्थं पूजितो यः सुरासुरैः ।

सर्वविघ्न हरस् तस्मै गणाधिपतये नमः ॥

**abhīpsitārtha siddhyartham pūjito yaḥ surā suraiḥ  
sarvavighna haras tasmai gaṇādhipataye namaḥ**

For gaining the desired objective, or for the attainment of perfection, he is worshipped by the Forces of Union and the Forces of Division alike. He takes away all difficulties, and therefore, we bow down in reverence to the Lord of the Multitudes.

मल्लिकादि सुगन्धीनि मालित्यादीनि वै प्रभो ।

मयाऽहृतानि पूजार्थं पुष्पाणि प्रतिगृह्यताम् ॥

मल्लिकादि सुगन्धीनि मालित्यादीनि वै प्रभो ।

मया-हृतानि पूजार्थं पुष्पाणि प्रतिगृह्यताम् ॥

**mallikādi sugandhīni mālicityādīni vai prabho  
mayā-hṛtāni pūjārtham puṣpāṇi pratigṛhyatām**

Various flowers, such as mallikā and others of excellent scent, are being offered to you, Our Lord. All these flowers have come from the devotion of our hearts for your worship. Please accept them.

एते गन्धपुष्पे ॐ गं गणपतये नमः

एते गन्धपुष्पे ॐ गं गणपतये नमः

**ete gandhapuṣpe om gaṁ gaṇapataye namaḥ**

With these scented flowers om we bow to the Lord of Wisdom, the Lord of the Multitudes.

वक्रतुण्ड महाकाय सूर्यकोटिसमप्रभ ।

अविघ्नं कुरु मे देव सर्वकार्येषु सर्वदा ॥

वक्रतुण्ड महाकाय सूर्यकोटि समप्रभः ।

अविघ्नं कुरु मे देव सर्व कार्येषु सर्वदा ॥

**vakratuṇḍa mahākāya sūrya koṭi samaprabha  
avighnaṁ kuru me deva sarva kāryeṣu sarvadā**

With a broken (or bent) tusk, a great body shining like a million suns, make us free from all obstacles, Oh God. Always remain (with us) in all actions.

एकदन्तं महाकायं लम्बोदरं गजाननम् ।

विघ्ननाशकरं देवं हेरम्बं प्रणामाम्यहम् ॥

একদন্তং মহাকায়াং লম্বোদরং গজাননম্ ।

বিঘ্ননাশকরং দেবং হেরম্বং প্রনামাম্যহম্ ॥

**ekadantaṁ mahākāyaṁ lambodaraṁ gajānanam**

**vighnanāśakaraṁ devaṁ**

**herambaṁ praṇāmāmyaham**

With one tooth, a great body, a big belly and an elephant's face, he is the God who destroys all obstacles to whom we are bowing down with devotion.

**punṣyā havācana, svasti vācana**

proclamation of merits and eternal blessings

ॐ शान्तिरस्तु

ॐ शान्तिरस्तु

**om śāntirastu**

Om Peace be unto you.

ॐ पुष्टिरस्तु

ॐ पुष्टिरस्तु

**om puṣṭirastu**

Om Increase (Nourishment) be unto you.

ॐ तुष्टिरस्तु

ॐ तूष्टिरस्तु

**om tuṣṭirastu**

Om Satisfaction be unto you.

ॐ वृद्धिरस्तु

ॐ वृद्धिरस्तु

**om vṛddhirastu**

Om Positive Change be unto you.

ॐ अविघ्नमस्तु

ॐ अविघ्नमस्तु

**om avighnamastu**

Om Freedom from Obstacles be unto you.

ॐ आयुष्यमस्तु

ॐ आयुष्यमस्तु

**om āyuṣyamastu**

Om Life be unto you.

ॐ आरोग्यमस्तु

ॐ आरोग्यमस्तु

**om ārogyamastu**

Om Freedom from Disease be unto you.

ॐ शिवमस्तु

ॐ शिवमस्तु

**om śivamastu**

Om Consciousness of Infinite Goodness be unto you.

ॐ शिवकर्माऽस्तु

ॐ शिवङ्कर्मा-स्तु

**om śivakarmā-stu**

Om Consciousness of Infinite Goodness in all action be unto you.

ॐ कर्मसमृद्धिरस्तु

ॐ कर्मसमृद्धिरस्तु

**om karmasamṛddhirastu**

Om Progress (Increase) in all action be unto you.

ॐ धर्मसमृद्धिरस्तु

ॐ धर्मसमृद्धिरस्तु

**om dharmasamṛddhirastu**

Om Progress (Increase) in all Ways of Truth be unto you.

ॐ वेदसमृद्धिरस्तु

ॐ वेदसमृद्धिरस्तु

**om vedasamṛddhirastu**

Om Progress (Increase) in all Knowledge be unto you.

ॐ शास्त्रसमृद्धिरस्तु

ॐ शास्त्रसमृद्धिरस्तु

**om śāstrasamṛddhirastu**

Om Progress (Increase) in Scriptures be unto you.

ॐ धन-धान्यसमृद्धिरस्तु

ॐ धनधान्यसमृद्धिरस्तु

**om dhana-dhānyasamṛddhirastu**

Om Progress (Increase) in Wealth and Grains be unto you.

ॐ इष्टसम्पदस्तु

ॐ इष्टसम्पदस्तु

**om iṣṭasampadastu**

Om May your beloved deity be your wealth.

ॐ अरिष्टनिरसनमस्तु

ॐ अरिष्टनिरसनमस्तु

**om ariṣṭanirasanamastu**

Om May you remain safe and secure, without any fear.

ॐ यत्पापं रोगमशुभमकल्याणं तद्दूरे प्रतिहतमस्तु

ॐ यৎ पापং रोगमशुभमकल्याणं तद्दूरे प्रतिहतमस्तु

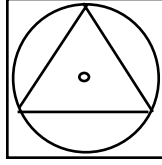
**om yatpāpaṁ rogamaśubhamakalyāṇaṁ taddūre  
pratihatamastu**

Om May sin, sickness, impurity and that which is not conducive unto welfare leave from you.

**sāmānyārghya**

purification of water

Draw the following yantra on the plate or space for worship with sandal paste and/or water. Offer rice on the yantra for each of the four mantras:



ॐ आधारशक्तये नमः

ॐ आधारशक्तये नमः

**om ādhāra śaktaye namaḥ**

Om we bow to the Primal Energy

ॐ कूर्मयै नमः

ॐ कूर्मयै नमः

**om kūrmmāya namaḥ**

Om we bow to the Support of the Earth

ॐ अनन्ताय नमः

ॐ अनन्ताय नमः

**om anantāya namaḥ**

Om we bow to Infinity

ॐ पृथिव्यै नमः

ॐ पृथिव्यै नमः

**om pṛthivyai namaḥ**

Om we bow to the Earth

Place an empty water pot on the bindu in the center of the yantra while saying Phaṭ in this mantra:

स्थां स्थां स्थिरो भव फट्  
 स्थां स्थां स्थिरो भव फट्

**sthām sthām sthīro bhava phaṭ**

Be Still in the Gross Body! Be Still in the Subtle Body! Be Still in the Causal Body! Purify!

Fill the pot with water while chanting the mantra:

ॐ गङ्गे च जमुने चैव गोदावरि सरस्वति ।

नर्मदे सिन्धु कावेरि जलेऽस्मिन् सन्निधिं कुरु ॥

ॐ गङ्गे च यमुने चैव गोदावरि सरस्वति ।

नर्मदे सिन्धुकावेरि जले-स्मिन् सन्निधिं कुरु ॥

**om gaṅge ca jamune caiva godāvari sarasvati**

**narmade sindhu kāveri jale-smin sannidhiṁ kuru**

Om the Ganges, Jamunā, Godāvarī, Sarasvatī, Narmadā, Sindhu, Kāverī, these waters are mingled together.

The Ganges is the Iḍā, the Jamunā is the Piṅgalā, the other five rivers are the five senses. The land of the seven rivers is within the body as well as outside.

Offer Tulasī leaves into the water

ॐ ऐं ह्रीं क्लीं श्रीं वृन्दावनवासिन्यै स्वाहा

ॐ ऐं ह्रीं क्लीं श्रीं वृन्दावनवासिन्यै स्वाहा ॥

**om airṁ hrīṁ klīṁ śrīṁ vṛndāvanavāsinyai svāhā**

Om Wisdom, Māyā, Increase, to She who resides in Vṛndāvana, I am One with God!

Offer three flowers into the water pot with these mantras:

एते गन्धपुष्पे ॐ अं अर्कमण्डलाय द्वादशकलात्मने नमः  
 এতে গন্ধপুষ্পে ৐ অং অর্কমণ্ডলায় দ্বাদশকলাত্মনে  
 নমঃ

**ete gandhapuṣṣe om̐ am̐ arkamaṇḍalāya  
 dvādaśakalātmāne namaḥ**

With these scented flowers om̐ "A" we bow to the twelve aspects of the realm of the sun: Tapinī, Tāpinī, Dhūmrā, Marīci, Jvālinī, Ruci, Sudhūmrā, Bhoga-dā, Viśvā, Bodhinī, Dhārinī, Kṣamā; Containing Heat, Emanating Heat, Smoky, Ray-producing, Burning, Lustrous, Purple or Smoky-Red, Granting Enjoyment, Universal, Which makes known, Productive of Consciousness, Which Supports, Which Forgives.

एते गन्धपुष्पे ॐ उं सोममण्डलाय षोडशकलात्मने नमः  
 এতে গন্ধপুষ্পে ৐ উং সোমমণ্ডলায় ষোড়শকলাত্মনে  
 নমঃ

**ete gandhapuṣṣe om̐ um̐ somamaṇḍalāya  
 ṣoḍaśakalātmāne namaḥ**

With these scented flowers om̐ "U" we bow to the sixteen aspects of the realm of the moon: Amṛtā, Prāṇadā, Puṣā, Tuṣṭi, Puṣṭi, Rati, Dhṛti, Śaśinī, Candrikā, Kānti, Jyotsnā, Śrī, Prīti, Aṅgadā, Pūrṇā, Pūrṇāmṛtā; Nectar, Which Sustains life, Which Supports, Satisfying, Nourishing, Playful, Constant, Unfailing, Producer of Joy, Beauty Enhanced by Love, Light, Grantor of Prosperity, Affectionate, Purifying the Body, Complete, Full of Bliss.

एते गन्धपुष्पे ॐ मं वह्निमण्डलाय दशकलात्मने नमः

এতে গন্ধপুষ্পে ॐ মং বহ্নিমণ্ডলায় দশকলাত্মনে নমঃ

**ete gandhapuṣṭe om maṁ vahnimaṇḍalāya  
daśakalātmane namaḥ**

With these scented flowers om "M" we bow to the ten aspects of the realm of fire: Dhūmrā, Arciḥ, Jvalinī, Śūkṣmā, Jvālinī, Viṣphulinginī, Suśrī, Surūpā, Kapilā, Havya-Kavya-Vahā; Smoky-Red, Flaming, Shining, Subtle, Burning, Sparkling, Beautiful, Well-Formed, Tawny, the Messenger to Gods and the Ancestors.

Wave hands in matsyā, dhenu and  
aṅkuṣa mudrās while chanting this mantra:



ॐ गङ्गे च जमुने चैव गोदावरि सरस्वति ।

नर्मदे सिन्धु कावेरि जलेऽस्मिन् सन्निधिं कुरु ॥

ॐ গঙ্গে চ যমুনে চৈব গোদাবরি সরস্বতি ।

নর্মদে সিন্ধুকাবেরি জলে-স্মিন্ সন্নিধিং কুরু ॥

**om gaṅge ca jamune caiva godāvari sarasvati  
narmade sindhu kāveri jale-smin sannidhiṁ kuru**

Om the Ganges, Jamunā, Godāvarī, Sarasvatī, Narmadā, Sindhu, Kāverī, these waters are mingled together.

ॐ ह्रीं सन्तोषीमायै नमः

ॐ হ্রীং সন্তোষীমায়ৈ নমঃ

**om hrīm̐ santoṣīmāyai namaḥ**

om hrīm we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction. 10 Times

Sprinkle water over all the articles to be offered,  
then throw some drops of water over your  
shoulders while repeating the mantra:

अमृताम् कुरु स्वाहा

अमृताम् कुरु आहा

**amṛtām kuru svāhā**

Make this immortal nectar! I am One with God!

### **puṣpa śuddhi**

purification of the flowers

Wave hands over flowers with prārthanā mudrā  
while chanting the first line and with dhenu mudrā  
while chanting the second line of this mantra:



ॐ पुष्प पुष्प महापुष्प सुपुष्प पुष्पसम्भवे ।

पुष्पचयावकीर्णे च हुं फट् स्वाहा ॥

ॐ पुष्प पुष्प महापुष्प सुपुष्प पुष्प सम्भवे ।

पुष्प चयावकीर्णे च हुं फट् आहा ॥

**om puṣpa puṣpa mahāpuṣpa**

**supuṣpa puṣpa sambhave**

**puṣpa cayāvākīrṇe ca huṁ phaṭ svāhā**

Om Flowers, flowers, oh Great Flowers, excellent flowers;  
flowers in heaps and scattered about, cut the ego, purify, I am  
One with God!

## सन्तोषी माँ पूजा

**kara śuddhi**

purification of the hands

ॐ ऐं रं अस्त्राय फट्

ॐ ऐं रं अस्त्राय फट्

**om air̄m raṁ astrāya phaṭ**

Om Wisdom, the divine fire, with the weapon, Purify !

ॐ सन्तोषीमायै विद्महे सन्तोष प्रदायिन्यै धीमहि

तन्नो सन्तोषी माँ प्रचोदयात् ॐ ॥

ॐ सन्तोषीमायै विद्महे सन्तोष प्रदायिन्यै धीमहि

तन्ना सन्तोषी माँ प्रचोदयात् ॐ ॥

**om santoṣīmāyai vidmahe santoṣ pradāyinyai  
dhīmahi**

**tanno santoṣī māṁ pracodyāt om ॥**

Om we meditate on Santoṣī Mā, we contemplate She who bestows satisfaction. May that Divine Mother who bestows satisfaction grant us increase.

**ध्यानम्**

**ध्यानम्**

**Dhyānam**

ॐ पद्मासनस्थिते देवि परब्रह्मस्वरूपिणि

वाम हस्थे त्रिशूलं च कृपा पात्रं प्रदायिनी ।

दक्षिण हस्थे खड्गं च वराभय दायकम्

सन्तोषी मा वन्दे त्वं मातरं प्रणमाम्यहम् ॥

ওঁ পদ্মাসনস্থিতে দেবি পরব্রহ্মস্বরূপিণি  
বাম হস্তে ত্রিশূলং চ কৃপা পাত্রং প্রদায়িনী ।  
দক্ষিণ হস্তে খণ্ডং চ বরাভয় দায়কম্  
সন্তোষী মা বন্দে ত্বং মাতরং প্রণমাম্যহম্ ॥

**oṃ padmāsanasthite devi parabrahmasvarūpiṇi  
vāma hasthe triśūlaṃ ca kṛpā pātraṃ pradāyinī ।  
dakṣiṇa hasthe khaṅgaṃ ca varābhaya dāyakam  
santoṣī mā vande tvaṃ mātaraṃ praṇamāmyaham ॥**

Om The Goddess, who the intrinsic nature of Supreme Divinity, is seated on a lotus. In Her left hands She holds a trident and a vessel filled with grace. In Her right hands She holds a sword and gives the blessing of freedom from fear. I extol you, Goddess Santoṣī Mā, and bow to She who is your own Mother.

## सन्तोषी माँ पूजा

**kalaśa sthāpana**  
establishment of the pot

touch the earth

ॐ भूरसि भूमिरस्यदितिरसि विश्वधारा  
विश्वस्य भुवनस्य धर्त्री ।

पृथिवीं यच्छ पृथिवीं दृह पृथिवीं मा हिंसीः ॥

ॐ भूरसि भूमिरस्यदिति-रसि विश्वधारा  
विश्वस्य भुवनस्य धर्त्री ।

पृथिवीं यच्छ पृथिवीं दृह पृथिवीं मा हिंसीः ॥

**om bhūraṣi bhūmirasyaditiraṣi viśvadhārā**  
**viśvasya bhuvanasya dhartṛī**

**pṛthivīm yaccha pṛthivīm dṛmha pṛthivīm mā himsīḥ**

Om You are the object of sensory perception; you are the Goddess who distributes the forms of the earth. You are the Producer of the Universe, the Support of all existing things in the universe. Control (or sustain) the earth, firmly establish the earth, make the earth efficient in its motion.

offer rice where you touched earth

ॐ धान्यमसि धिनुहि देवान् धिनुहि यज्ञं ।

धिनुहि यज्ञपतिं धिनुहि मां यज्ञन्यम् ॥

ॐ धान्यमसि धिनुहि देवान् धिनुहि यज्ञं ।

धिनुहि यज्ञपतिं धिनुहि मां यज्ञन्यम् ॥

**om dhānyamasi dhinuhi devān dhinuhi yajñam**  
**dhinuhi yajñapatiṁ dhinuhi mām yajñanyam**

Om You are the grains that satisfy and gladden the Gods, gladden the sacrifice, gladden the Lord of Sacrifice. Bring satisfaction to us through sacrifice.

place the pot on the rice

ॐ आजिग्घ कलशं मह्या त्वा विशन्तिवन्दवः ।

पुनरूर्जा निवर्तस्व सा नः सहस्रं धुकक्ष्वोरुधारा पयस्वती

पुनर्माविशताद्द्रयिः ॥

ॐ आजिग्घ कलशं मह्या त्वा विशन्तिवन्दवः ।

पुनरूर्जा निवर्तस्व सा नः सहस्रं धुक्क्ष्वोरुधारा

पयस्वती पुनर्माविशताद्द्रयिः ॥

**om ājigghra kalaśam mahyā tvā viśantvindavaḥ**

**punarūrjjā nivartasva sā naḥ sahasraṁ**

**dhukksvorudhārā payasvatī punarmmāviśatāddrayiḥ**

Om Cause the effulgent fire of perception to enter into your highly honored container for renewed nourishment. Remaining there, let it increase in thousands, so that upon removal, abounding in spotlessly pure strength, it may come flowing into us.

pour water into the pot

ॐ वरुणस्योत्तम्भनमसि वरुणस्य स्कम्भसर्जनी स्थो ।

वरुणस्य ऋतसदन्नयसि । वरुणस्य ऋतसदनमसि ।

वरुणस्य ऋतसदनमासीद ॥

ॐ वरुणस्योत्तम्भनमसि वरुणस्य स्कम्भसर्जनी स्थो ।

वरुणस्य-ऋतसदन्नयसि । वरुणस्य-ऋतसदनमसि ।

वरुणस्य-ऋतसदनमासीद ॥

**om varuṇasyottambhanamasi varuṇasya**

**skambhasarjjanī stho varuṇasya ṛtasadannyasi**

**varuṇasya ṛtasadanamasi varuṇasya**

**ṛtasadanamāsīda**

Om You, Waters, are declared the Ultimate of waters established in all creation begotten, abiding in waters as the eternal law of truth; always abiding in waters as the eternal law of truth, and forever abiding in waters as the eternal law of truth.

place wealth into the pot

ॐ धन्वना गा धन्वनाजिं जयेम

धन्वना तीव्राः समद्रो जयेम ।

धनुः शत्रोरपकामं कृणोति धन्वना सर्वाः प्रदिशो जयेम ॥

ॐ धन्वना गा धन्वनाजिं जयेम

धन्वना तीव्राः समद्रो जयेम ।

धनुः शत्रोरपकामं कृणोति

धन्वना सर्वाः प्रदिशो जयेम ॥

om dhanvanā gā dhanvanājim jayema

dhanvanā tīvrāḥ samadro jayema

dhanuḥ śatorapakāmaṁ kṛṇoti

dhanvanā sarvāḥ pradiśo jayema

Om Let wealth, even abundance, be victorious. Let wealth be sufficient as to be victorious over the severe ocean of existence. Like a bow to keep us safe from the enemies of desire, let that wealth be victorious to illuminate all.

place fruit on top of the pot

ॐ याः फलिनीर्याऽफलाऽअपुष्पाऽयाश्च पुष्पिणीः ।

बृहस्पतिप्रसूतास्ता नो मुञ्चन्वंहसः ॥

ॐ याः फलिनीर्या-फला-अपुष्पा-याश्च पुष्पिणीः ।

बृहस्पतिप्रसूतास्ता नो मुञ्चन्वंहसः ॥

**om yāḥ phalinīryā-phalā-apuṣpā-yāśca puṣpiṇīḥ  
bṛhaspatiprasūtāstā no muñcantvaṁhasaḥ**

Om That which bears fruit and that which bears no fruit; that without flowers and that with flowers as well. To we who exist born of the Lord of the Vast, set us FREE! ALL THIS IS GOD!

put red powder on the fruit

ॐ सिन्धोरिव प्राध्वने शूघनासो वातप्रमियः पतयन्ति  
यह्वाः । घृतस्य धारा अरुषो न वाजी काष्ठा भिन्दन्नर्मिभिः  
पिन्वमानः ॥

ॐ सिन्ধোরিব प्राणाধ্বने शूघनासो वातप्रमियः  
पतयन्ति जङ्गाः ।

घृतस्य धारा अरुषो न वाजी काष्ठा  
भिन्दन्नर्मिभिः पिन्वमानः ॥

**om sindhoriva prādhvane śūghanāso  
vātapramiyah patayanti yahvāḥ  
ghṛtasya dhārā aruṣo na vājī kāṣṭhā  
bhindannarmmibhiḥ pinvamānaḥ**

Om The pious mark of red vermilion, symbolizing the ocean of love, placed prominently upon the head above the nose bursting forth, allows the vibrance of youth to fly. As the stream of ghee pours into the flames, those spirited steeds of the Divine Fire consume the logs of wood, increasing the will and self-reliance of the worshipper.

ॐ सिन्दूरमरुणाभासं जपाकुसुमसन्निभम् ।

पूजिताऽसि मया देवि प्रसीद परमेश्वरि ॥

ॐ ह्रीं सन्तोषीमायै नमः सिन्दूरं समर्पयामि

ॐ सिन्दूरमरुणाभासं जपाकुसुमसन्निभम् ।

पूजिता-सि मया देवि प्रसीद परमेश्वरिः ॥

ॐ ह्रीं सन्तोषीमायै नमः सिन्दूरं समर्पयामि

om sindūramaruṇābhāsaṁ japākusumasannibham

pūjitā-si mayā devi prasīda parameśvari

om hrīṁ santoṣīmāyai namaḥ sindūraṁ

samarpayāmi

Om This red colored powder symbolizes Love, who drives the chariot of the Light of Wisdom, with which we are worshipping our Lord. Please be pleased, Oh Great Seer of All. With this offering of red-colored powder om hrīṁ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

kuṅkum

ॐ कुङ्कुमं कान्तिदं दिव्यं कामिनीकामसम्भवम् ।

कुङ्कुमेनाऽर्चिते देवि प्रसीद परमेश्वरि ॥

ॐ ह्रीं सन्तोषीमायै नमः कुङ्कुमं समर्पयामि

ॐ कुङ्कुमं कान्तिदं दिव्यं कामिनी कामसम्भवम् ।

कुङ्कुमेना-र्चिते देवि प्रसीद परमेश्वरिः ॥

ॐ ह्रीं सन्तोषीमायै नमः कुङ्कुमं समर्पयामि

om kuṅkumaṁ kāntidaṁ divyaṁ

kāminī kāmasambhavam

kuṅkumenā-rcite devi prasīda parameśvari

om hrīṁ santoṣīmāyai namaḥ kuṅkumaṁ

samarpayāmi

Om You are being adorned with this divine red powder, which is made more beautiful by the love we share with you, and is so pleasing. Oh Goddess, when we present this red powder be pleased, Oh Supreme Ruler of All. With this offering of red colored powder om hrīm we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

sandal paste

ॐ श्रीखण्डचन्दनं दिव्यं गन्धाढ्यं सुमनोहरम् ।

विलेपनं च देवेशि चन्दनं प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषीमायै नमः चन्दनं समर्पयामि

ॐ श्रीखण्डचन्दनं दिव्यं गन्धाढ्यं सुमनोहरम् ।

विलेपनं च देवेशि चन्दनं प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषीमायै नमः चन्दनं समर्पयामि

**om śrīkhaṇḍacandanam divyam**

**gandhāḍhyam sumano haram**

**vilepanam ca deveśi candanam pratigṛhyatām**

**om hrīm santoṣīmāyai namaḥ candanam**

**samarpayāmi**

Om You are being adorned with this beautiful divine piece of sandal wood, ground to a paste that is so pleasing. Please accept this offering of sandal paste, Oh Supreme Sovereign of all the Gods. With this offering of sandal paste om hrīm we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

ॐ हरिद्रारञ्जिता देवि सुख-सौभाग्यदायिनि ।

तस्मात्त्वं पूजयाम्यत्र दुःखशान्तिं प्रयच्छ मे ॥

ॐ ह्रीं सन्तोषीमायै नमः हरिद्रां समर्पयामि

ॐ हरिद्रारञ्जिता देवि सुख-सौभाग्यदायिनि ।

तस्मात्त्वं पूजयाम्यत्र दुःख शान्तिं प्रयच्छ मे ॥

ॐ ह्रीं सन्तोषीमायै नमः हरिद्रां समर्पयामि

om haridrārañjitā devi

sukha saubhāgyadāyini

tasmāttvaṁ pūjayāmyatra

duḥkha śāntiṁ prayaccha me

om hrīm̐ santoṣīmāyai namaḥ haridrām̐

samarpayāmi

Om Oh Goddess, you are being gratified by this turmeric, the giver of comfort and beauty. When you are worshipped like this, then you must bestow upon us the greatest peace. With the offering of turmeric om hrīm̐ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

गन्धद्वरां दुराधर्षां नित्यपुष्टां करीषिणीम् ।

ईश्वरीं सर्वभूतानां तामिहोपह्वये श्रियम् ॥

ॐ ह्रीं सन्तोषीमायै नमः गन्धस्नानं समर्पयामि

गन्धद्वारां दुराधर्षां नित्यपुष्टां करीषिणीम् ।

ईश्वरीं सर्वभूतानां तामिहोपह्वये श्रियम् ॥

ॐ ह्रीं सन्तोषीमायै नमः गन्धं स्नानं समर्पयामि

**gandhadvārām durādharṣām nityapuṣṭām karīṣiṇīm  
 īsvarīm sarvabhūtānām tāmihopahvaye śriyam  
 om hrīm santoṣīmāyai namaḥ gandha snānaṁ  
 samarpayāmi**

She is the cause of the scent that is the door to religious ecstasy, unconquerable (never-failing), continually nurturing for all time. May we never tire from calling that manifestation of the Highest Respect, the Supreme Goddess of all existence. With this offering of scented bath om hrīm we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

water bath

ॐ गङ्गे च जमुने चैव गोदावरि सरस्वति ।

नर्मदे सिन्धु कावेरि स्नानार्थं प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषीमायै नमः गङ्गास्नानं समर्पयामि

ॐ गङ्गे च यमुने चैव गोदावरि सरस्वति ।

नर्मदे सिन्धुकावेरि स्नानार्थं प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषীमायै नमः गङ्गा स्नानं সমর্পয়ামি

**om gaṅge ca jamune caiva godāvari sarasvati  
 narmade sindhu kāveri snānārthaṁ pratigrhyatām  
 om hrīm santoṣīmāyai namaḥ gaṅgā snānaṁ  
 samarpayāmi**

Om Please accept the waters from the Gaṅges, the Jamunā, Godāvarī, Sarasvatī, Narmadā, Sindhu and Kāverī, which have been provided for your bath. With this offering of Ganges bath waters om hrīm we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

cloth

ॐ शीतवातोष्णसंत्राणं लज्जायै रक्षणं परं ।

देहालंकरणं वस्त्रं अथ शान्तिं प्रयच्छ मे ॥

ॐ ह्रीं सन्तोषीमायै नमः वस्त्रं समर्पयामि

ॐ शीतवातोष्णं संत्राणं लज्जायै रक्षणं परं ।

देह-लङ्कारनं वस्त्रं अथा शान्तिं प्रायच्छ मे ॥

ॐ ह्रीं सन्तोषीमायै नमः वस्त्रं समर्पयामि

**om śīta vātoṣṇa saṁ trāṇaṁ****lajjāyai rakṣaṇaṁ paraṁ****dehālaṅkaraṇaṁ vastraṁ****atha śāntiṁ prayaccha me****om hrīm̐ santoṣīmāyai namaḥ vastraṁ samarpayāmi**

Om To take away the cold and the wind, and to fully protect your modesty, we adorn your body with this cloth, and thereby find the greatest Peace. With this offering of wearing apparel om hrīm̐ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

sacred thread

ॐ यज्ञोपवीतं परमं पवित्रं प्रजापतेर्यत् सहजं पुरस्तात् ।

आयुष्यमग्रं प्रतिमुञ्च शुभं यज्ञोपवीतं बलमस्तु तेजः ॥

ॐ यज्ञोपवीतं परमं पवित्रं

प्रजापतेर्यत् सहजं पुरस्तात् ।

आयुष्यमग्रं प्रतिमुञ्च शुभं

यज्ञोपवीतं बलमस्तु तेजः ॥

om yajñopavītaṁ paramaṁ pavitraṁ  
 prajāpateryat sahaṁ purastāt  
 āyusyamagraṁ pratimuñca śubhraṁ  
 yajñopavītaṁ balamastu tejaḥ

Om the sacred thread of the highest purity is given by Prajāpati, the Lord of Creation, for the greatest facility. You bring life and illuminate the greatness of liberation. Oh sacred thread, let your strength be of radiant light.

शमो दमस्तपः शौचं क्षान्तिरार्जवमेव च ।

ज्ञानं विज्ञानमास्तिक्यं ब्रह्मकर्म स्वभावजम् ॥

শমো দমস্তপঃ শৌচং ক্ষান্তিরার্জবমেব চ ।

জ্ঞানং বিজ্ঞানমাस्तিক্যং ব্রহ্মকর্ম স্বভাবজম্ ॥

śamo damastapaḥ śaucaṁ kṣāntirārjavameva ca  
 jñānaṁ vijñānamāstikyaṁ  
 brahmakarma svabhāvajam

Peacefulness, self-control, austerity, purity of mind and body, patience and forgiveness, sincerity and honesty, wisdom, knowledge and self-realization are the natural activities of a Brahmana.

नवभिस्तन्तुभिर्युक्तं त्रिगुणं देवतामयं ।

उपवीतं मया दत्तं गृहाण त्वं सुरेश्वरि ॥

ॐ ह्रीं सन्तोषीमायै नमः यज्ञोपवीतं समर्पयामि

नव मिर्षद्ভুবিয়ুক্তং ত্রিগুণং দেবতা ময়ং ।

উপবীতং ময়া দত্তং গৃহাণ ত্বং সুরেশ্বরি ।

ওঁ হ্রীং সন্তোষীমায়ৈ নমঃ যজ্ঞোপবীতং

সমর্পয়ামি

**navamiṣṭantubhiryuktaṁ triguṇaṁ devatā mayam  
upavītaṁ mayā dattaṁ grhāṇa tvam sureśvari  
oṁ hrīṁ santoṣīmāyai namaḥ yajñopavītaṁ  
samarpayāmi**

With nine desirable threads all united together, exemplifying the three guṇas (the three qualities of harmony of our deity), this sacred thread will be our ambassador. Oh Ruler of the Gods, please accept this. With this offering of a sacred thread oṁ hrīṁ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

rudrākṣa

त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्द्धनम् ।

उर्वारुकमिव बन्धनान्मृत्योर्मुक्षीय मामृतात् ॥

ॐ ह्रीं सन्तोषीमायै नमः रुद्राक्षं समर्पयामि

त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्द्धनम् ।

उर्वारुकमिव बन्धनान्मृत्योर्मुक्षीय मामृतात् ॥

ॐ ह्रीं सन्तोषीमायै नमः रुद्राक्षं समर्पयामि

**tryambakaṁ yajāmahe**

**sugandhiṁ puṣṭivarddhanam**

**urvārūkamiva bandhanānmṛtyormukṣīyamāmṛtāt**

**oṁ hrīṁ santoṣīmāyai namaḥ rudrākṣaṁ**

**samarpayāmi**

We worship the Father of the three worlds, of excellent fame, Grantor of Increase. As a cucumber is released from its bondage to the stem, so may we be freed from Death to dwell in immortality. With this offering of rudrākṣa oṁ hrīṁ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

mālā

ॐ मां माले महामाये सर्वशक्तिस्वरूपिणि ।  
चतुर्वर्गस्त्वयि न्यस्तस्तस्मान्मे सिद्धिदा भव ॥

ॐ ह्रीं सन्तोषीमायै नमः मालां समर्पयामि  
ॐ मां माले महामाये सर्वशक्तिस्वरूपिणि ।  
चतुर्वर्गस्त्वयि न्यस्तस्तस्मान्मे सिद्धिदा भव ॥  
ॐ ह्रीं सन्तोषीमायै नमः मालां समर्पयामि

**om mām māle mahāmāye sarvaśaktisvarūpiṇi  
caturvargastvayi nyastastasmānme siddhidā bhava  
om hrīm̄ santoṣīmāyai namaḥ mālāṁ samarpayāmi**

Om my rosary, the Great Limitation of Consciousness, containing all energy within as your intrinsic nature, fulfilling the four desires of men, give us the attainment of your perfection. With this offering of a mālā om hrīm̄ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

rice

अक्षतान् निर्मलान् शुद्धान् मुक्ताफलसमन्वितान् ।  
गृहाणेमान् महादेव देहि मे निर्मलां धियम् ॥

ॐ ह्रीं सन्तोषीमायै नमः अक्षतान् समर्पयामि  
अक्षतान् निर्मलान् शुद्धान् मुक्ताफलसमन्वितान् ।  
गृहाणेमान् महादेवि देहि मे निर्मलां धियम् ॥  
ॐ ह्रीं सन्तोषीमायै नमः अक्षतां समर्पयामि

**akṣatān nirmalān śuddhān muktāphalasamanvitān  
grhāṇemān mahādeva dehi me nirmalām dhiyam  
om hrīm̄ santoṣīmāyai namaḥ akṣatān samarpayāmi**

Oh Great Goddess, please accept these grains of rice, spotlessly clean, bestowing the fruit of liberation, and give us

a spotlessly clean mind. With the offering of grains of rice om hrīm we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

flower garland

शङ्ख-पद्मजपुष्पादि शतपत्रैर्विचित्रताम् ।

पुष्पमालां प्रयच्छामि गृहाण त्वं सुरेश्वरि ॥

ॐ ह्रीं सन्तोषीमायै नमः पुष्पमालां समर्पयामि

शङ्ख-पद्मजपुष्पादि शतपत्रैर्विचित्रताम् ।

पुष्पमालां प्रयच्छामि गृहाण त्वं सुरेश्वरि ॥

ॐ ह्रीं सन्तोषीमायै नमः पुष्पमालां समर्पयामि

śaṅkha-padma japuṣpādi śatapatrairvicitratām

puṣpamālāṁ prayacchāmi grhāṇa tvaṁ sureśvari

om hrīm santoṣīmāyai namaḥ puṣpamālāṁ

samarpayāmi

We offer you this garland of flowers with spiraling lotuses, other flowers and leaves. Be pleased to accept it, Oh Ruler of All the Gods. With this offering of a garland of flowers om hrīm we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

flower

मल्लिकादि सुगन्धीनि मालित्यादीनि वै प्रभो ।

मयाऽहृतानि पूजार्थं पुष्पाणि प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषीमायै नमः पुष्पम् समर्पयामि

मल्लिकादि सुगन्धीनि मालित्यादीनि वै प्रभो ।

मया-हृतानि पूजार्थं पुष्पाणि प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषीमायै नमः पुष्पम् समर्पयामि

**mallikādi sugandhīni mālicityādīni vai prabho  
mayā-hṛtāni pūjārthaṁ puṣpāṇi pratigrhyatām  
oṁ hrīm̐ santoṣīmāyai namaḥ puṣpam samarpayāmi**

Various flowers, such as mallikā and others of excellent scent, are being offered to you, Our Lord. All these flowers have come from the devotion of our hearts for your worship. Please accept them. With this offering of a flower oṁ hrīm̐ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

**sthīrī karaṇa**

establishment of stillness in the pot

ॐ सर्वतीर्थमयं वारि सर्वदेवसमन्वितम् ।

इमं घटं समागच्छ तिष्ठ देवगणैः सह ॥

ॐ सर्वतीर्थमयं वारि सर्वदेवसमन्विता ।

ইমং ঘটং সমাগচ্ছ তিষ্ঠ দেবগণৈঃ সহ ॥

**oṁ sarvatīrthamayāṁ vāri sarvadevasamanvitam  
imaṁ ghaṭaṁ samāgaccha tiṣṭha devagaṇaiḥ saha**

All the places of pilgrimage as well as all of the Gods, all are placed within this container. Oh Multitude of Gods, be established within!

**lelihānā mudrā**

(literally, sticking out or pointing)

स्थां स्थाीं स्थिरो भव

विद्धङ्ग आशुर्भव वाज्यर्चन् ।

पृथुर्भव शुषदस्त्वमग्नेः पुरीषवाहनः ॥

স্বাং স্থীং স্থীরো ভব বিষ্ণু

আশুর্ভব বাজ্যর্চন্ ।

পৃথুর্ভব শুষদস্বমগ্নেঃ পুরীষবাহনঃ ॥



**sthām sthīm sthīro bhava**

**viḍvaṅga āśurbhava vājyavvan**

**pr̥thurbhava śuśadastvamagneḥ purīṣavāhanaḥ**

Be Still in the Gross Body! Be Still in the Subtle Body! Be Still in the Causal Body! Quickly taking in this energy and shining forth as the Holder of Wealth, oh Divine Fire, becoming abundant, destroy the current of negativity from the face of this earth.

**prāṇa pratiṣṭhā**

establishment of life

ॐ अं आं ह्रीं क्रों यं रं लं वं शं षं सं हों हं सः

ॐ अं आं ह्रीं क्रोः यं रं लं वं शं षं सं हं हं सः  
होः हं सः

**om̐ am̐ ām̐ hrīm̐ krom̐ yam̐ ram̐ lam̐ vam̐ śam̐ ṣam̐**

**sam̐ hom̐ ham̐ saḥ**

Om̐ The Infinite Beyond Conception, Creation (the first letter), Consciousness, Māyā, the cause of the movement of the subtle body to perfection and beyond; the path of fulfillment: control, subtle illumination, one with the earth, emancipation, the soul of peace, the soul of delight, the soul of unity (all this is I), perfection, Infinite Consciousness, I am this.

ॐ ह्रीं सन्तोषीमायै नमः प्राणा इह प्राणाः

ॐ ह्रीं सन्तोषीमायै नमः प्राणा इह प्राणाः

**om̐ hrīm̐ santoṣīmāyai namaḥ prāṇā iha prāṇāḥ**

om̐ hrīm̐ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction You are the life of this life!

ॐ अं आं ह्रीं क्रौं यं रं लं वं शं षं सं हों हं सः

ॐ अं आं ह्रीं क्रौं यं रं लं वं शं षं सं  
हों हं सः

**om am ām hrīm kroṁ yaṁ raṁ laṁ vaṁ śaṁ ṣaṁ  
saṁ hoṁ haṁ saḥ**

Om The Infinite Beyond Conception, Creation (the first letter), Consciousness, Māyā, the cause of the movement of the subtle body to perfection and beyond; the path of fulfillment: control, subtle illumination, one with the earth, emancipation, the soul of peace, the soul of delight, the soul of unity (all this is I), perfection, Infinite Consciousness, I am this.

ॐ ह्रीं सन्तोषीमायै नमः जीव इह स्थितः

ॐ ह्रीं सन्तोषीमायै नमः जीव इह स्थितः

**om hrīm santoṣīmāyai namaḥ jīva iha sthitaḥ**

om hrīm we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction You are situated in this life (or individual consciousness).

ॐ अं आं ह्रीं क्रौं यं रं लं वं शं षं सं हों हं सः

ॐ अं आं ह्रीं क्रौं यं रं लं वं शं षं सं  
हों हं सः

**om am ām hrīm kroṁ yaṁ raṁ laṁ vaṁ śaṁ ṣaṁ  
saṁ hoṁ haṁ saḥ**

Om The Infinite Beyond Conception, Creation (the first letter), Consciousness, Māyā, the cause of the movement of the subtle body to perfection and beyond; the path of fulfillment: control, subtle illumination, one with the earth, emancipation, the soul of peace, the soul of delight, the soul of unity (all this is I), perfection, Infinite Consciousness, I am this.

ॐ ह्रीं सन्तोषीमायै नमः सर्वेन्द्रियाणि  
 ॐ ह्रीं सन्तोषीमायै नमः सर्वेन्द्रियाणि

**om hrīm̄ santoṣīmāyai namaḥ sarvendriyaṇi**

om hrīm̄ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction You are all these organs (of action and knowledge).

ॐ अं आं ह्रीं क्रों यं रं लं वं शं षं सं हों हं सः  
 ॐ अं आं ह्रीं क्रोः योः रोः लोः वोः शोः षोः सोः होः होः सः  
 होः हं सः

**om am̄ ām̄ hrīm̄ kroṃ yaṃ raṃ laṃ vaṃ śaṃ ṣaṃ saṃ  
 saṃ hoṃ haṃ saḥ**

Om The Infinite Beyond Conception, Creation (the first letter), Consciousness, Māyā, the cause of the movement of the subtle body to perfection and beyond; the path of fulfillment: control, subtle illumination, one with the earth, emancipation, the soul of peace, the soul of delight, the soul of unity (all this is I), perfection, Infinite Consciousness, I am this.

ॐ ह्रीं सन्तोषीमायै नमः वाग् मनस्त्वक्चक्षुः-श्रोत्र-घ्राण-  
 प्राणा इहागत्य सुखं चिरं तिष्ठन्तु स्वाहा  
 ॐ ह्रीं सन्तोषीमायै नमः श्रोत्र घ्राण  
 प्राणा इहागत्य सुखं चिरं तिष्ठन्तु स्वाहा ॥

**om hrīm̄ santoṣīmāyai namaḥ vāg manastvakcākṣuḥ  
 śrotra ghrāṇa prāṇā ihāgatya sukhaṃ ciraṃ tiṣṭhantu  
 svāhā**

om hrīm̄ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction You are all these vibrations, mind, sound, eyes, ears, tongue, nose and life force. Bring forth infinite peace and establish it forever, I am One with God!

**kara nyāsa**

establishment in the hands

ॐ हां अंगुष्ठाभ्यां नमः

ॐ ह्रां अंगुष्ठाभ्यां नमः

**om hrām aṅguṣṭhābhyām namaḥ** *thumb forefinger*

Om hrām in the thumb I bow.

ॐ ह्रीं तर्जनीभ्यां स्वाहा

ॐ ह्रीं तर्जनीभ्यां स्वाहा

**om hrīm tarjanībhyām svāhā** *thumb forefinger*

Om hrīm in the forefinger, I am One with God!

ॐ हूं मध्यमाभ्यां वषट्

ॐ हूं मध्यमाभ्यां वषट्

**om hrūm madhyamābhyām vaṣaṭ** *thumb middlefinger*

Om hrūm in the middle finger, Purify!

ॐ ह्रैं अनामिकाभ्यां हुं

ॐ ह्रैं अनामिकाभ्यां हुं

**om hraim anāmikābhyām hum** *thumb ring finger*

Om hraim in the ring finger, Cut the Ego!

ॐ ह्रौं कनिष्ठिकाभ्यां वौषट्

ॐ ह्रौं कनिष्ठिकाभ्यां वौषट्

**om hraum kaniṣṭhikābhyām vauṣaṭ** *thumb little finger*

Om hraum in the little finger, Ultimate Purity!

## सन्तोषी माँ पूजा

*Roll hand over hand forwards while reciting karatal kar,  
and backwards while chanting prṣṭhābhyām,  
then clap hands when chanting astrāya phaṭ.*

ॐ हः करतल कर पृष्ठाभ्यां अस्त्राय फट् ॥

ॐ हुं करतल कर पृष्ठाभ्यां अस्त्राय फट्

**om hraḥ karatal kar prṣṭhābhyām astrāya phaṭ**

Om hraḥ I bow with the weapon of Virtue.

ॐ ह्रीं सन्तोषीमायै नमः ॥

ॐ ह्रीं सन्तोषीमायै नमः

**om hrīm̄ santoṣīmāyai namaḥ ॥**

om hrīm̄ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

### aṅga nyāsa

establishment in the body

*Holding tattva mudrā, touch heart.*

ॐ हां हृदयाय नमः

ॐ ह्रां हृदयाय नमः

**om hrām̄ hṛdayāya namaḥ**

*touch heart*

Om hrām̄ in the heart, I bow.

*Holding tattva mudrā, touch top of head.*

ॐ ह्रीं शिरसे स्वाहा

ॐ ह्रीं शिरसे आहा

**om hrīm̄ śirase svāhā**

*top of head*

Om hrīm̄ on the top of the head, I am One with God!

*With thumb extended, touch back of head.*

ॐ हूं शिखायै वषट्

ॐ हुं शिखायै वषट्

**om hrūm śikhāyai vaṣaṭ**

*back of head*

Om hrūm on the back of the head, Purify!

*Holding tattva mudrā, cross both arms.*

ॐ है कवचाय ह

ॐ है कवचाय हुं

**om hraiṁ kavacāya huṁ**

Om hraiṁ crossing both arms, Cut the Ego!

*Holding tattva mudrā, touch two eyes and in between  
at once with three middle fingers.*

ॐ हौ नेत्रत्रयाय वौषट्

ॐ हौं नेत्रत्रयाय वौषट्

**om hrauṁ netratrāyāya vaṣaṭ**

*touch three eyes*

Om hrauṁ in the three eyes, Ultimate Purity!

Roll hand over hand forwards while reciting *karatal kar*,  
and backwards while chanting *prṣṭhābhyāṁ*,  
then clap hands when chanting *astrāya phaṭ*.

ॐ हः करतल कर पृष्ठाभ्यां अस्त्राय फट् ॥

ॐ हुः करतल कर पृष्ठाभ्यां अस्त्राय फट्

**om hraḥ karatal kar prṣṭhābhyāṁ astrāya phaṭ**

Om hraḥ I bow with the weapon of Virtue.

ॐ ह्रीं सन्तोषीमायै नमः ॥

ॐ ह्रीं सन्तोषीमायै नमः

**om hrīm̐ santoṣīmāyai namaḥ ॥**

om hrīm̐ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

108 Times

**japa**

**prāṇa pratiṣṭhā sūkta**

hymn of the establishment of life

ॐ अस्यै प्राणाः प्रतिष्ठन्तु अस्यै प्राणाः क्षरन्तु च ।

अस्यै देवत्वमचरिष्ये मामहेति कश्चन ॥

ॐ अस्यै प्राणा प्रतिष्ठन्तु अस्यै प्राणाः क्षरन्तु च ।

अस्य देवत्वमचरिष्ये मामहेति च कश्चन ॥

**om asyai prāṇāḥ pratiṣṭhantu**

**asyai prāṇāḥ kṣarantu ca**

**asyai devatvamārcāyai māmaheti kaścana**

Om Thus has the life force been established in you, and thus the life force has flowed into you. Thus to you, God, offering is made, and in this way make us shine.

कलाकला हि देवानां दानवानां कलाकलाः ।

संगृह्य निर्मितो यस्मात् कलशस्तेन कथ्यते ॥

कलाकला हि देवानां दानवानां कलाकलाः ।

संगृह्य निर्मिता यस्मात् कलशस्तेन कथ्यते ॥

**kalākalā hi devānām dānavānām kalākalāḥ**

**sangrhya nirmito yasmāt kalaśastena kathyate**

All the Gods are Fragments of the Cosmic Whole. Also all the asuras are Fragments of the Cosmic Whole. Thus we make a house to contain all these energies.

कलशस्य मुखे विष्णुः कण्ठे रुद्रः समाश्रितः ।

मूले त्वस्य स्थितो ब्रह्मा मध्ये मातृगणाः स्मृताः ॥

कलशस्य मुखे विष्णुः कण्ठे रुद्रः समाश्रितः ।

मूले त्वस्य स्थितो ब्रह्मा मध्ये मातृगणाः स्मृताः ॥

**kalaśasya mukhe viṣṇuḥ kañṭhe rudraḥ samāśritaḥ  
mūle tvasya sthito brahmā madhye mātṛgaṇāḥ  
smṛtāḥ**

In the mouth of the pot is Viṣṇu, in the neck resides Rudra. At the base is situated Brahmā and in the middle we remember the multitude of mothers.

कुक्षौ तु सागराः सप्त सप्तद्वीपा च मेदिनी ।

अर्जुनी गोमती चैव चन्द्रभागा सरस्वती ॥

कुक्षौ तु सागराः सप्त सप्तद्वीपा च मेदिनी ।

अर्जुनी गोमती चैव चन्द्रभागा सरस्वती ॥

**kṣau tu sāgarāḥ sapta saptadvīpā ca medinī  
arjunī gomatī caiva candrabhāgā sarasvatī**

In the belly are the seven seas and the seven islands of the earth. The rivers Arjunī, Gomatī, Candrabhāgā, Sarasvatī;

कावेरी कृष्णवेणा च गङ्गा चैव महानदी ।

ताप्ती गोदावरी चैव माहेन्द्री नर्मदा तथा ॥

कावेरी कृष्णवेणा च गङ्गा चैव महानदी ।

ताप्ती गोदावरी चैव माहेन्द्री नर्मदा तथा ॥

**kāverī kṛṣṇaveṇā ca gaṅgā caiva mahānādī  
tāptī godāvarī caiva māhendrī narmadā tathā**

Kāverī, Kṛṣṇaveṇā and the Gaṅges and other great rivers; the Tāptī, Godāvarī, Māhendrī and Narmadā.

नदाश्च विविधा जाता नद्यः सर्वास्तथापराः ।

पृथिव्यां यानि तीर्थानि कलशस्थानि तानि वै ॥

নদাশ্চ বিবিধা জাতা নদ্যাঃ সৰ্বাস্থথাপরাঃ ।  
 পৃথিব্যাং যানি তীর্থানি কলশস্থানি তানি বৈ ॥  
**nadāśca vividhā jātā nadyaḥ sarvāsthāparāḥ**  
**pṛthivyām yāni tīrthāni kalaśasthāni tāni vai**

The various rivers and the greatest of beings born, and all the respected places of pilgrimage on the earth, are established within this pot.

সৰ্বে সমুদ্রাঃ সরিতস্তীর্থানি জলদা নদাঃ ।

আয়ান্তু মম শান্ত্যর্থং দুরিতক্ষয়কারকাঃ ॥

সৰ্বে সমুদ্রাঃ সরিতস্তীর্থানি জলদা নদাঃ ।

আয়ান্তু মম শান্ত্যর্থং দুরিতক্ষয়কারকাঃ ॥

**sarve samudrāḥ saritastīrthāni jaladā nadāḥ**  
**āyāntu mama śāntyartham duritakṣayakārakāḥ**

All of the seas, rivers and waters from all the respected places of pilgrimage have been brought for the peace of that which is bad or wicked.

ঋগ্বেদোঽথ যজুৰ্বেদঃ সামবেদো হ্যথৰ্বণঃ ।

অঙ্গৈশ্চ সহিতাঃ সৰ্বে কলশং তু সমাশ্রিতাঃ ॥

ঋগ্বেদো-থ যজুৰ্বেদঃ সামবেদো হ্যথৰ্বণঃ ।

অঙ্গৈশ্চ সহিতাঃ সৰ্বেকলশং তু সমাশ্রিতাঃ ॥

**ṛgvedo-tha yajurvedaḥ sāmavedo hyatharvaṇaḥ**  
**aṅgaīśca sahitāḥ sarve kalaśam tu samāśritāḥ**

The Ṛg Veda, Yajur Veda, Sāma Veda and Atharva Veda, along with all of their limbs, are assembled together in this pot.

अत्र गायत्री सावित्री शान्तिः पुष्टिकरी तथा ।

आयान्तु मम शान्त्यर्थं दुरितक्षयकारकाः ॥

अत्र गायत्री सावित्री शान्तिः पुष्टिकरी तथा ।

आयाद्भु मम शान्त्यर्थं दुरितक्षयकारकाः ॥

**atra gāyatrī sāvitṛī śāntiḥ puṣṭikarī tathā**

**āyāntu mama śāntyartham duritakṣayakārakāḥ**

Here Gāyatrī, Sāvitrī, Peace and Increase have been brought for the peace of that which is bad or wicked.

देवदानवसंवादे मथ्यमाने महोद्धौ ।

उत्पन्नोऽसि तदा कुम्भ विधृतो विष्णुना स्वयम् ॥

देव दानव संवादे मथ्यमाने महोद्धौ ।

उत्पन्नो-सि तदा कुम्भ विधृतो विष्णुना स्वयम् ॥

**deva dānava saṁvāde mathyamāne mahodadhau**

**utpanno-si tadā kumbha vidhṛto viṣṇunā svayam**

The Gods and asuras, speaking together, are the great givers of churning to the mind. Rise to the top of this pot to separate them from what is actually Viṣṇu, Himself.

त्वत्तोये सर्वतीर्थानि देवाः सर्वे त्वयि स्थिताः ।

त्वयि तिष्ठन्ति भूतानि त्वयि प्राणाः प्रतिष्ठिताः ॥

हृत्तोये सर्वतीर्थानि देवाः सर्वे ह्यि स्थिताः ।

ह्यि तिष्ठन्ति भूतानि ह्यि प्राणाः प्रतिष्ठिताः ॥

**tvattoye sarvatīrthāni devāḥ sarve tvayi sthitāḥ**

**tvayi tiṣṭhanti bhūtāni tvayi prāṇāḥ pratiṣṭhitāḥ**

Within you are all the pilgrimage places. All the Gods are situated within you. All existence is established within you. All life is established within you.

शिवः स्वयं त्वमेवासि विष्णुस्त्वं च प्रजापतिः ।

आदित्या वसवो रुद्रा विश्वेदेवाः सपैतृकाः ॥

शिव स्वयं त्वमेवासि विष्णुस्त्वं च प्रजापतिः ।

आदित्या वसवो रुद्रा विश्वेदेवाः सपैतृकाः ॥

**śivaḥ svayaṁ tvamevāsi viṣṇustvaṁ ca prajāpatiḥ  
ādityā vasavo rudrā viśvedevāḥ sapaitṛkāḥ**

You alone are Śiva; you are Brahmā and Viṣṇu, the sons of Āditi, Finders of the Wealth, Rudra, the Universal Deities and the ancestors.

त्वयि तिष्ठन्ति सर्वेऽपि यतः कामफलप्रदाः ।

त्वत्प्रसादादिमं यज्ञं कर्तुमीहे जलोद्भव ।

सान्निध्यं कुरु मे देव प्रसन्नो भव सर्वदा ॥

ত্বয়ি তিষ্ঠন্তি সর্বে-পি যতঃ কামফলপ্রদাঃ ।

ত্বৎপ্রসাদাদিমং যজ্ঞং কৰ্ত্তুমীহে জলোদ্ভব ।

সান্নিধ্যং কুরু মে দেব প্রসন্ন ভব সৰ্বদা ॥

**tvayi tiṣṭhanti sarve-pi yataḥ kāmaphalapradāḥ**

**tvatprasādādimaṁ yajñam kartumīhe jalodbhava**

**sānnidhyaṁ kuru me deva prasanno bhava sarvadā**

All and everything has been established in you, from whence you grant the fruits of desires. From you comes the blessed fruit of the sacrifice performed with excellence. May those riches increase. Manifest your presence within us, Lord. Always be pleased.

नमो नमस्ते स्फटिकप्रभाय सुश्वेतहाराय सुमङ्गलाय ।  
 सुपाशहस्ताय ज्वासासनाय जलाधिनाथाय नमो नमस्ते ॥  
 नमो नमस्ते स्फटिकप्रभाय  
 सुश्वेतहाराय सुमङ्गलाय ।  
 सुपाशहस्ताय ज्वासासनाय  
 जलाधिनाथाय नमो नमस्ते ॥

**namo namaste sphatikaprabhāya  
 suśvetahārāya sumāṅgalāya  
 supāśahastāya jhaṣāsanāya  
 jalādhināthāya namo namaste**

We bow, we bow to He who shines like crystal, to He who emits excellent clarity and excellent welfare. With the net of unity in his hand, who takes the form of a fish, to the Lord of all waters and that which dwells within, we bow, we bow!

पाशपाणे नमस्तुभ्यं पद्मिनीजीवनायक ।

पुण्याहवाचनं यावत् तावत्त्वं सन्निधौ भव ॥

पाशपाणे नमस्तुभ्यं पद्मिनीजीवनायक ।

पुण्याहवाचनं यावत् तावत्त्वं सन्निधौ भव ॥

**pāśapāṇe namastubhyaṁ padminījīvanāyaka  
 puṇyāhavācanam yāvat tāvattvaṁ sannidhau bhava**

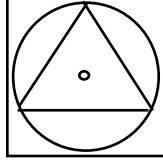
We bow to Him with the net of unity in his hand, Seer of the Life of the Lotus One. With this meritorious invocation, please make your presence manifest.

**viśeṣārghya**

establishment of the conch shell offering

Draw the following yantra on the plate or space  
for worship with sandal paste and/or water.

Offer rice on the yantra for each of the four mantras:



ॐ आधारशक्तये नमः

ॐ आधारशक्तये नमः

**om ādhāraśaktaye namaḥ**

Om we bow to the Primal Energy

ॐ कूर्म्याय नमः

ॐ कूर्म्याय नमः

**om kūrmmāya namaḥ**

Om we bow to the Support of the Earth

ॐ अनन्ताय नमः

ॐ अनन्ताय नमः

**om anantāya namaḥ**

Om we bow to Infinity

ॐ पृथिव्यै नमः

ॐ पृथिव्यै नमः

**om pṛthivyai namaḥ**

Om we bow to the Earth

## सन्तोषी माँ पूजा

Place a conch shell on the bindu in the center of the yantra while saying this mantra:

स्थां स्थां स्थिरो भव फट्  
श्चां स्त्रीं स्त्रीरो भव फट्

**sthām sthām sthīro bhava phaṭ**

Be Still in the Gross Body! Be Still in the Subtle Body! Be Still in the Causal Body! Purify!

Fill the conch shell with water while chanting this mantra.

ॐ गङ्गे च जमुने चैव गोदावरि सरस्वति ।

नर्मदे सिन्धु कावेरि जलेऽस्मिन् सन्निधिं कुरु ॥

ॐ गङ्गे च यमुने चैव गोदावरि सरस्वति ।

नर्मदे सिन्धुकावेरि जले-स्मिन् सन्निधिं कुरु ॥

**om gaṅge ca jamune caiva godāvari sarasvati**

**narmade sindhu kāveri jale-smin sannidhiṁ kuru**

Om the Ganges, Jamunā, Godāvarī, Sarasvatī, Narmadā, Sindhu, Kāverī, these waters are mingled together.

Offer Tulasī leaves into the water

ॐ ऐं ह्रीं क्लीं श्रीं वृन्दावनवासिन्यै स्वाहा

ॐ ऐं ह्रीं क्लीं श्रीं वृन्दावनवासिन्यै स्वाहा ॥

**om aiṁ hrīṁ klīṁ śrīṁ vṛndāvanavāsinyai svāhā**

Om Wisdom, Māyā, Increase, to She who resides in Vṛndāvana, I am One with God!

Offer three flowers into the water pot with the mantra:

एते गन्धपुष्पे ॐ अं अर्कमण्डलाय द्वादशकलात्मने नमः

एते गन्धपुष्पे ॐ अं अर्कमण्डलाय द्वादशकलात्मने

नमः

**ete gandhapuṣpe om̐ am̐ arkamaṇḍalāya  
dvādaśakalātmāne namaḥ**

With these scented flowers om̐ "A" we bow to the twelve aspects of the realm of the sun. Tapinī, Tāpinī, Dhūmrā, Marīci, Jvālinī, Ruci, Sudhūmrā, Bhoga-dā, Viśvā, Bodhinī, Dhārinī, Kṣamā; Containing Heat, Emanating Heat, Smoky, Ray-producing, Burning, Lustrous, Purple or Smoky-Red, Granting Enjoyment, Universal, Which Makes known, Productive of Consciousness, Which Supports, Which Forgives.

एते गन्धपुष्पे ॐ उं सोममण्डलाय षोडशकलात्मने नमः  
एते गन्धपुष्पे ॐ उं सोममण्डलाय षोडशकलात्मने  
नमः

**ete gandhapuṣpe om̐ um̐ somamaṇḍalāya  
ṣoḍaśakalātmāne namaḥ**

With these scented flowers om̐ "U" we bow to the sixteen aspects of the realm of the moon: Amṛtā, Prāṇadā, Puṣā, Tuṣṭi, Puṣṭi, Rati, Dhṛti, Śaśinī, Caṇḍrikā, Kānti, Jyotsnā, Śrī, Prīti, Aṅgadā, Pūrṇā, Pūrṇāmṛta; Nectar, Which Sustains Life, Which Supports, Satisfying, Nourishing, Playful, Constant, Unfailing, Producer of Joy, Beauty Enhanced by Love, Light, Grantor of Prosperity, Affectionate, Purifying the Body, Complete, Full of Bliss.

एते गन्धपुष्पे ॐ मं वह्निमण्डलाय दशकलात्मने नमः  
एते गन्धपुष्पे ॐ मं वह्निमण्डलाय दशकलात्मने नमः

**ete gandhapuṣpe om̐ maṁ vahnimaṇḍalāya  
daśakalātmāne namaḥ**

With these scented flowers om̐ "M" we bow to the ten aspects of the realm of fire: Dhūmrā, Arciḥ, Jvalinī, Śūkṣmā, Jvālinī, Viṣphūliṅginī, Suśrī, Surūpā, Kapilā, Havya-Kavya-Vahā;

Smoky-Red, Flaming, Shining, Subtle, Burning, Sparkling, Beautiful, Well-formed, Tawny, the Messenger to the Gods and Ancestors.

एते गन्धपुष्पे हुं

এতে গন্ধপুষ্পে হুং

**ete gandhapuṣpe huṁ**

With these scented flowers huṁ

Wave hands in matsyā, dhenu and  
aṅkuśa mudrās while chanting this mantra:



ॐ गङ्गे च जमुने चैव गोदावरि सरस्वति ।

नर्मदे सिन्धु कावेरि जलेऽस्मिन् सन्निधिं कुरु ॥

ওঁ গঙ্গে চ যমুনে চৈব গোদাবরি সরস্বতি ।

নর্মদে সিন্ধুকাবোরি জলে-স্মিন্ সন্নিধিং কুরু ॥

**om gaṅge ca jamune caiva godāvari sarasvati**

**narmade sindhu kāveri jale-smin sannidhiṁ kuru**

Om the Ganges, Jamunā, Godāvarī, Sarasvatī, Narmadā, Sindhu, Kāverī, these waters are mingled together.

ॐ ह्रीं सन्तोषीमायै नमः ॥

ওঁ হ্রীং সন্তোষীমায়ৈ নমঃ

**om hrīm̐ santoṣīmāyai namaḥ ॥**

om hrīm̐ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction. 10 Times

Sprinkle water over all the articles to be offered,  
then throw some drops of water over your  
shoulders while repeating the mantra:

अमृतम् कुरु स्वाहा

অমৃতাম্ কুরু স্বাহা

**amṛtam kuru svāhā**

Make this immortal nectar! I am One with God!

आगच्छेह महादेवि सर्वसम्पत्प्रदायिनि ।

यावद् व्रतं समाप्येत तावत्त्वं सन्निधौ भव ॥

ॐ ह्रीं सन्तोषीमायै नमः आवाहनं समर्पयामि

आगच्छेह महादेवि ! सर्वसम्पत्प्रदायिनि ।

यावद् व्रतं समाप्येत तावत्त्वं सन्निधौ भव ॥

ॐ ह्रीं सन्तोषीमायै नमः आवाहनं समर्पयामि

āgaccheha mahādevi sarvasampatpradāyini

yāvad vrataṁ samāpyeta tāvattvaṁ sannidhau bhava

oṁ hrīṁ santoṣīmāyai namaḥ āvāhanaṁ

samarpayāmi

Please come here, oh Great Goddess, Giver of All Wealth!

Please remain sitting still until this vow of worship is complete.

With this offering of an invitation oṁ hrīṁ we bow to Santoṣī

Mā, the Divine Mother who bestows satisfaction.

seat

अनेकरत्नसंयुक्तं नानामणिगणान्वितम् ।

कार्तस्वरमयं दिव्यमासनं प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषीमायै नमः आसनं समर्पयामि

अनेकरत्न संयुक्तं नानामणि गणान्वितम् ।

कार्तस्वरमयं दिव्यमासनं प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषीमायै नमः आसनं समर्पयामि

anekaratna saṁyuktaṁ nānāmaṇi gaṇānvitam

kārtasvaramayaṁ divyamāsanam pratigṛhyatām

oṁ hrīṁ santoṣīmāyai namaḥ āsanam samarpayāmi

United with many gems and a multitude of various jewels, voluntarily accept my offering of a divine seat. With this offering of a seat om hrīm we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

foot bath

ॐ गङ्गादिसर्वतीर्थेभ्यो मया प्रार्थनयाहृतम् ।

तोयमेतत् सुखस्पर्शं पाद्यार्थं प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषीमायै नमः पाद्यं समर्पयामि

ॐ गङ्गादि सर्वतीर्थेभ्यो मया प्रार्थनयाहृतम् ।

তোয়মেতৎ সুখস্পর্শং পাদ্যার্থং প্রতিগৃহ্যতাম্ ॥

ॐ হ্রীং সন্তোষীমায়ৈ নমঃ পাদ্যং সমর্পয়ামি

**om gaṅgādi sarva tīrthebhyo mayā**

**prārthanayāhṛtam**

**toyametat sukha sparśam pādyārtham pratigrhyatām**

**om hrīm santoṣīmāyai namaḥ pādyam samarpayāmi**

Om The Gaṅges and other waters from all the places of pilgrimage are mingled together in this our prayer. Please accept the comfortable touch of these waters offered to wash your lotus feet. With this offering of foot bath waters om hrīm we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

water for washing hands and mouth

कर्पूरिण सुगन्धेन सुरभिस्वादु शीतलम् ।

तोयमाचमनीयार्थं देवीदं प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषीमायै नमः आचमनीयं समर्पयामि

कर्पूरैरेण सुगन्धेन सुरभिस्वादु शीतलम् ।

তোয়মাচমনীয়ার্থং দেবীদং প্রতিগৃহ্যতাম্ ॥

ॐ ह्रीं सन्तोषीमार्ग्यै नमः आचमनीयं समर्पयामि

**karpūreṇa sugandhena surabhisvādu śītaḷam  
toyamācamanīyārthaṁ devīdaṁ pratigṛhyatām  
om hrīm̄ santoṣīmāyai namaḥ ācamanīyaṁ  
samarpayāmi**

With camphor and excellent scent, cool with excellent taste, this water is being offered for washing. Oh Goddess, please accept it. With this offering of washing waters om hrīm̄ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

arghya

निधीनां सर्वदेवानां त्वमनर्घ्यगुणा ह्यसि ।

सिंहोपरिस्थिते देवि ! गृहाणार्घ्यं नमोऽस्तु ते ॥

ॐ ह्रीं सन्तोषीमार्ग्यै नमः अर्घ्यं समर्पयामि

निधीनां सर्वदेवानां त्वमनर्घ्यगुणा ह्यसि ।

सिंहोपरिस्थिते देवि ! गृहाणार्घ्यं नमो-स्तु ते ॥

ॐ ह्रीं सन्तोषीमार्ग्यै नमः अर्घ्यं समर्पयामि

**nidhīnām sarvadevānām tvamanarghyaguṇā hyasi  
sīṁhoparisthite devi gṛhāṇārghyaṁ namo-stu te  
om hrīm̄ santoṣīmāyai namaḥ arghyaṁ samarpayāmi**

Presented to all the Gods, you, oh Arghya, bring an abundance of pleasure. Oh Goddess who is seated upon the lion, accept this arghya. I bow to you. With this offering of arghya om hrīm̄ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

cloth

ॐ शीतवातोष्णसंत्राणं लज्जायै रक्षणं परं ।

देहालंकरणं वस्त्रं अथ शान्तिं प्रयच्छ मे ॥

ॐ ह्रीं सन्तोषीमायै नमः वस्त्रं समर्पयामि

ॐ शीतवातोष्णं सं त्राणं लज्जायै रक्षणं परं ।

देह-लङ्कारनं वस्त्रं अथा शान्तिं प्रायच्छ मे ॥

ॐ ह्रीं सन्तोषीमायै नमः वस्त्रं समर्पयामि

om śīta vātoṣṇa saṁ trāṇaṁ

lajjāyai rakṣaṇaṁ paraṁ

dehālaṅkaraṇaṁ vastraṁ

atha śāntiṁ prayaccha me

om hrīm̐ santoṣīmāyai namaḥ vastraṁ samarpayāmi

To take away the cold and the wind and to fully protect your modesty, we adorn your body with this cloth, and thereby find the greatest Peace. With this offering of wearing apparel om hrīm̐ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

sacred thread

ॐ यज्ञोपवीतं परमं पवित्रं प्रजापतेर्यत् सहजं पुरस्तात् ।

आयुष्यमग्रं प्रतिमुञ्च शुभ्रं यज्ञोपवीतं बलमस्तु तेजः ॥

ॐ यज्ञोपवीतं परमं पवित्रं

प्रजापतेर्यत् सहजं पुरस्तात् ।

आयुष्यमग्रं प्रतिमुञ्च शुभ्रं

यज्ञोपवीतं बलमस्तु तेजः ॥

om yajñopavītaṁ paramaṁ pavitraṁ  
 prajāpateryat sahaṁ purastāt  
 āyuṣyamagraṁ pratimuñca śubhraṁ  
 yajñopavītaṁ balamastu tejaḥ

Om the sacred thread of the highest purity is given by Prajāpati, the Lord of Creation, for the greatest facility. You bring life and illuminate the greatness of liberation. Oh sacred thread, let your strength be of radiant light.

शमो दमस्तपः शौचं क्षान्तिरार्जवमेव च ।

ज्ञानं विज्ञानमास्तिक्यं ब्रह्मकर्म स्वभावजम् ॥

शमो दमस्तपः शौचं क्षान्तिरार्जवमेव च ।

ज्ञानं विज्ञानमास्तिक्यं ब्रह्मकर्म स्वभावजम् ॥

śamo damastapaḥ śaucaṁ kṣāntirārjavameva ca  
 jñānaṁ vijñānamāstikyam  
 brahmakarma svabhāvajam

Peacefulness, self-control, austerity, purity of mind and body, patience and forgiveness, sincerity and honesty, wisdom, knowledge, and self-realization, are the natural activities of a Brahmana.

नवभिस्तन्तुभिर्युक्तं त्रिगुणं देवतामयं ।

उपवीतं मया दत्तं गृहाण त्वं सुरेश्वरि ॥

ॐ ह्रीं सन्तोषीमायै नमः यज्ञोपवीतं समर्पयामि

नव मिर्षद्भुर्वियुक्तं त्रिगुणं देवता मयं ।

उपवीतं मया दत्तं गृहाण त्वं सुरेश्वरि ।

ॐ ह्रीं सन्तोषीमायै नमः यज्ञोपवीतं

समर्पयामि

**navamiṣṭantubhiryuktaṁ triguṇaṁ devatā mayāṁ  
upavītaṁ mayā dattaṁ gr̥hāṇa tvaṁ sureśvari  
oṁ hrīṁ santoṣīmāyai namaḥ yajñopavītaṁ  
samarpayāmi**

With nine desirable threads all united together, exemplifying the three guṇas (or three qualities of harmony of our deity), this sacred thread will be our ambassador. Oh Ruler of the Gods, please accept. With this offering of a sacred thread oṁ hrīṁ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

rudrākṣa

त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्द्धनम् ।

उर्वारुकमिव बन्धनान्मृत्योर्मुक्षीय मामृतात् ॥

ॐ ह्रीं सन्तोषीमायै नमः रुद्राक्षं समर्पयामि

त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्द्धनम् ।

उर्वारुकमिव बन्धनान्मृत्योर्मुक्षीय मामृतात् ॥

ॐ ह्रीं सन्तोषीमायै नमः रुद्राक्षं समर्पयामि

**tryambakaṁ yajāmahe**

**sugandhiṁ puṣṭivarddhanam**

**urvavārukamiva bandhanānmṛtyormmuksīyamāmṛtāt**

**oṁ hrīṁ santoṣīmāyai namaḥ rudrākṣaṁ**

**samarpayāmi**

We worship the Father of the three worlds, of excellent fame, Grantor of Increase. As a cucumber is released from its bondage to the stem, so may we be freed from Death to dwell in immortality. With this offering of rudrākṣa oṁ hrīṁ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

## सन्तोषी माँ पूजा

red powder

ॐ सिन्दूरमरुणाभासं जपाकुसुमसन्निभम् ।

पूजिताऽसि मया देवि प्रसीद परमेश्वरिः ॥

ॐ ह्रीं सन्तोषीमायै नमः सिन्दूरं समर्पयामि

ॐ सिन्दूरमरुणाभासं जपाकुसुमसन्निभम् ।

पूजिता-सि मया देवि प्रसीद परमेश्वरि ॥

ॐ ह्रीं सन्तोषीमायै नमः सिन्दूरं समर्पयामि

**om sindūramaruṇābhāsaṁ japākusumasannibham**

**pūjītā-si mayā devi prasīda parameśvariḥ**

**om hrīm̐ santoṣīmāyai namaḥ sindūraṁ**

**samarpayāmi**

Om This red colored powder indicates Love, who drives the chariot of the Light of Wisdom, with which we are worshipping our Goddess. Please be pleased, Oh Great Seer of All. With this offering of red colored powder om hrīm̐ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

kuṅkum

ॐ कुङ्कुमं कान्तिदं दिव्यं कामिनी कामसम्भवम् ।

कुङ्कुमेनाऽर्चिते देवि प्रसीद परमेश्वरिः ॥

ॐ ह्रीं सन्तोषीमायै नमः कुङ्कुमं समर्पयामि

ॐ कुमकुमं कान्तिदं दिव्यं कामिनी कामसम्भवम् ।

कुमकुमेना-र्चिते देवि प्रसीद परमेश्वरि ॥

ॐ ह्रीं सन्तोषीमायै नमः कुमकुमं समर्पयामि

**om kuṅkumaṁ kāntidaṁ divyaṁ  
kāminī kāmasambhavam  
kuṅkumena-rcite devi prasīda parameśvariḥ  
om hrīm̄ santoṣīmāyai namaḥ kuṅkumaṁ  
samarpayāmi**

You are being adorned with this divine red powder, which is made more beautiful by the love we share with you, and is so pleasing. Oh Goddess, when we present this red powder be pleased, Oh Supreme Ruler of All. With this offering of red colored powder om hrīm̄ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

sandal paste

ॐ श्रीखण्डचन्दनं दिव्यं गन्धाढ्यं सुमनोहरम् ।

विलेपनं च देवेशि चन्दनं प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषीमायै नमः चन्दनं समर्पयामि

ॐ श्रीखण्डचन्दनं दिव्यं गन्धाढ्यं सुमनोहरम् ।

विलेपनं च देवेशि चन्दनं प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषीमायै नमः चन्दनं समर्पयामि

**om śrī khaṇḍacandanāṁ divyaṁ**

**gandhāḍyaṁ sumano haram**

**vilepanaṁ ca deveśi candanaṁ pratigṛhyatām**

**om hrīm̄ santoṣīmāyai namaḥ candanaṁ**

**samarpayāmi**

You are being adorned with this beautiful divine piece of sandal wood, ground to a paste which is so pleasing. Please accept this offering of sandal paste, Oh Supreme Sovereign of all the Gods. With this offering of sandal paste om hrīm̄ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

ॐ हरिद्रारञ्जिता देवि सुख-सौभाग्यदायिनि ।

तस्मात्त्वं पूजयाम्यत्र दुःख शान्तिं प्रयच्छमे ॥

ॐ ह्रीं सन्तोषीमायै नमः हरिद्रां समर्पयामि

ॐ हरिद्रारञ्जिता देवि सुख-सौभाग्यदायिनि ।

तस्माद्दुःखं पूजयाम्यत्र दुःख शान्तिं प्रयच्छमे ॥

ॐ ह्रीं सन्तोषीमायै नमः हरिद्रां समर्पयामि

om haridrārañjitā devi sukha saubhāgyadāyini

tasmāttvaṁ pūjayāmyatra

duḥkha śāntiṁ prayacchame

om hrīm̐ santoṣīmāyai namaḥ haridrām̐

samarpayāmi

Oh Goddess, you are being gratified by this tumeric, the giver of comfort and beauty. When you are worshipped like this, then you must bestow upon us the greatest peace. With this offering of tumeric om hrīm̐ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

ॐ माणिक्यमुक्ताखण्डयुक्ते सुवर्णकारेण च संस्कृते ये ।

ते किङ्किणीभिः स्वरिते सुवर्णे

मयाऽर्पिते देवि गृहाण कङ्कणे ॥

ॐ ह्रीं सन्तोषीमायै नमः कङ्कणे समर्पयामि

ॐ माणिक्य मुक्ता खण्डयुक्ते

सुवर्णकारेण च संस्कृते ये ।

ते किङ्किणीभिः स्वरिते सुवर्णे

मया-र्पिते देवि गृहाण कङ्कणे ॥

ॐ ह्रीं सन्तोषीमायै नमः कंकणे समर्पयामि

om māṅkya muktā khaṇḍayukte  
suvarṇakāreṇa ca saṁskṛte ye  
te kiṅkiṅbhiḥ svarite suvarṇe  
mayā-rpite devi grhāṇa kaṅkaṇe  
om hrīm̄ santoṣīmāyai namaḥ kaṅkaṇe samarpayāmi

Om United with gems and pearls, excellent gold and the alphabets of Saṁskṛta, this bracelet is yours and radiance I am offering. Oh Goddess, accept this bracelet. With this offering of a bracelet om hrīm̄ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

conch ornaments

ॐ शङ्खञ्ज विविधं चित्रं बाहूनाञ्ज विभूषणम् ।

मया निवेदितं भक्त्या गृहाण परमेश्वरि ॥

ॐ ह्रीं सन्तोषीमायै नमः शङ्खालङ्कारं समर्पयामि

ॐ शङ्खञ्ज विविधं चित्रं बाहूनाञ्जविभूषणम् ।

मया निवेदितं भक्त्या गृहाण परमेश्वरि ॥

ॐ ह्रीं सन्तोषीमायै नमः शङ्खालङ्कारं समर्पयामि

om śaṅkhañca vividham citram

bāhūnāñca vibhūṣaṇam

mayā niveditam bhaktyā grhāṇa parameśvari

om hrīm̄ santoṣīmāyai namaḥ śaṅkhālaṅkāraṁ

samarpayāmi

I am offering you with devotion ornaments worn upon the arms made of various qualities of conch shell. Please accept them, oh Supreme Divinity. With this offering of ornaments made of conch shell om hrīm̄ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

ॐ दिव्यरत्नसमायुक्ता वह्निभानुसमप्रभाः ।

गात्राणि शोभयिष्यन्ति अलङ्काराः सुरेश्वरि ॥

ॐ ह्रीं सन्तोषीमायै नमः अलङ्कारान् समर्पयामि

ॐ दिव्यरत्नसमायुक्ता वह्निभानुसमप्रभा ।

गात्राणि शोभयिष्यन्ति आलङ्कारं सुरेश्वरि ॥

ॐ ह्रीं सन्तोषीमायै नमः आलङ्कारं समर्पयामि

**om divyaratnasamāyuktā vahnibhānusamaprabhāḥ**

**gātrāṇi śobhayiṣyanti alaṅkārah sureśvari**

**om hrīm santoṣīmāyai namaḥ alaṅkāraṅ**

**samarpayāmi**

Om United with divine jewels that are radiant like fire, and stones which are shining, please accept these ornaments, oh Supreme among the Gods. With this offering of ornaments om hrīm we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction

अक्षतान् निर्मलान् शुद्धान् मुक्ताफलसमन्वितान् ।

गृहाणेमान् महादेवि देहि मे निर्मलां धियम् ॥

ॐ ह्रीं सन्तोषीमायै नमः अक्षतान् समर्पयामि

अक्षतान् निर्मलान् शुद्धान् मुक्ताफलसमन्वितान् ।

गृहाणेमान् महादेवि देहि मे निर्मलां धियम् ॥

ॐ ह्रीं सन्तोषीमायै नमः अक्षतां समर्पयामि

**akṣatān nirmalān śuddhān muktāphalāsamanvitān**

**grhāṇemān mahādevi dehi me nirmalāṅ dhiyam**

**om hrīm santoṣīmāyai namaḥ akṣatān samarpayāmi**

Oh Great Goddess, please accept these grains of rice, spotlessly clean, bestowing the fruit of liberation, and give us a spotlessly clean mind. With this offering of grains of rice om hrīm we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

food offering

ॐ सत्पात्रं शुद्धसुहविर्विविधानेकभक्षणम् ।

निवेदयामि देवेशि सर्वतृप्तिकरं परम् ॥

ॐ সৎ পাত্রশুদ্ধসুহবির্বিবিধানেকভক্ষণম্ ।

নিবেদয়ামি দেবেশি সর্বতৃপ্তিকরং পরম্ ॥

om satpātraṁ śuddhasuhavirv

vividhānekabhakṣaṇam

nivedayāmi deveśi sarvatṛptikaraṁ param

Om This ever-present platter containing varieties of the purest offerings of food we are presenting to the Lord of Gods to cause all satisfaction, most excellent and transcendental.

ॐ अन्नपूर्णे सदा पूर्णे शङ्करप्राणवल्लभे ।

ज्ञानवैराग्यसिद्धयर्थं भिक्षां देहि नमोऽस्तु ते ॥

ॐ অন্নপূর্ণে সদা পূর্ণে শঙ্কর প্রাণবল্লভে ।

জ্ঞানবৈরাগ্যসিদ্ধ্যর্থং ভিক্ষাং দেহি নমো-স্তু তে ॥

om annapūrṇe sadā pūrṇe śaṅkara prāṇavallabhe

jñānavairāgyasiddhyartham

bhikṣāṁ dehi namo-stu te

Om Goddess who is full, complete and perfect with food and grains, always full, complete and perfect, the strength of the life force of Śiva, the Cause of Peace. For the attainment of perfection in wisdom and renunciation, please give us offerings. We bow down to you.

माता च पार्वती देवी पिता देवो महेश्वरः ।

बान्धवाः शिवभक्ताश्च स्वदेशो भुवनत्रयम् ॥

माता च पार्वती देवी पिता देवो महेश्वरः ।

बान्धवाः शिवभक्ताश्च स्वदेशो भुवनत्रयम् ॥

**mātā ca pārvatī devī pitā devo maheśvaraḥ**

**bāndhavāḥ śivabhaktāśca svadeśo bhuvanatrāyam**

Our Mother is the Goddess, Pārvatī, and our Father is the Supreme Lord, Maheśvara. The Consciousness of Infinite Goodness, Śiva, Lord of the three worlds, is being extolled by his devotees.

ॐ ह्रीं सन्तोषीमायै नमः भोगनैवेद्यम् समर्पयामि

ॐ ह्रीं सन्तोषीमायै नमः भोग नैवेद्यम्

समर्पयामि

**om hrīm̄ santoṣīmāyai namaḥ bhog-naivedyam**

**samarpayāmi**

With this presentation of food om hrīm̄ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

drinking water

ॐ समस्तदेवदेवेशि सर्वतृप्तिकरं परम् ।

अखण्डानन्दसम्पूर्णं गृहाण जलमुत्तमम् ॥

ॐ ह्रीं सन्तोषीमायै नमः पानार्थं जलम् समर्पयामि

ॐ समस्त देवदेवेशि सर्वतृप्तिकरं परम् ।

अखण्डानन्द सम्पूर्णं गृहाण जलमुत्तमम् ॥

ॐ ह्रीं सन्तोषीमायै नमः पानार्थं जलम्

समर्पयामि

**om samasta devadeveṣi sarvatṛptikaraṁ param  
akhaṇḍānanda sampūrṇaṁ grhāṇa jalamuttamam  
om hrīm̄ santoṣīmāyai namaḥ pānārthaṁ jalam  
samarpayāmi**

Om Goddess of All the Gods and the fullness of Infinite Bliss, please accept this excellent drinking water. With this offering of drinking water om hrīm̄ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

betel nuts

पूगीफलं महद्दिव्यं नागवल्ली दलैर्युतम् ।

एलादिचूर्णसंयुक्तं ताम्बूलं प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषीमायै नमः ताम्बूलं समर्पयामि

पूगीफलं महद्दिव्यं नागवल्ली दलैर्युतम् ।

एलादि चूर्णसंयुक्तं ताम्बूलं प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषीमायै नमः ताम्बूलं समर्पयामि

**pūgīphalaṁ mahaddivyaṁ nāgavallī dalairiyutam  
elādicūrṇasamyuktaṁ tāmbūlaṁ pratigrhyatām  
om hrīm̄ santoṣīmāyai namaḥ tāmbūlaṁ  
samarpayāmi**

These betel nuts, which are great and divine, come from vines that creep like a snake. United with cardamom ground to a powder, please accept this offering of mouth-freshening betel nuts. With this offering of mouth freshening betel nuts om hrīm̄ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

ॐ पूजाफलसमृद्धयर्थं तवाग्रे स्वर्णमीश्वरि ।

स्थापितं तेन मे प्रीता पूर्णान् कुरु मनोरथान् ॥

ॐ पूजाफलसमृद्धयर्थं तवाग्रे स्वर्णमीश्वरि ।

स्थापितं तेन मे प्रीता पूर्णान् कुरु मनोरथान् ॥

**om pūjāphalasmṛddhyartham tavāgre svarṇamīśvari  
sthāpitaṁ tena me prītā pūrṇān kuru manorathān**

Om For the purpose of increasing the fruits of worship, Oh Supreme Goddess of all Wealth, we establish this offering of that which is dear to me. Bring to perfection the journey of my mind.

हिरण्यगर्भगर्भस्थं हेमबीजं विभावसोः ।

अनन्तपुण्यफलदमतः शान्तिं प्रयच्छ मे ॥

हिरण्यगर्भगर्भस्थं हेमबीजं विभावसो ।

अनन्तपुण्यफलदमतः शान्तिं प्रयच्छ मे ॥

**hiraṇyagarbhagarbhasthaṁ hemabījaṁ vibhāvasoḥ  
anantapuṇyaphaladamataḥ śāntiṁ prayaccha me**

Oh Golden Womb, in whom all wombs are situated, shining brightly with the golden seed. Give infinite merits as fruits, we are wanting for peace.

ॐ ह्रीं सन्तोषीमायै नमः दक्षिणां समर्पयामि

ॐ ह्रीं सन्तोषीमायै नमः दक्षिणां समर्पयामि

**om hrīm santoṣīmāyai namaḥ dakṣiṇāṁ  
samarpayāmi**

Om With this offering of wealth om hrīm we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

umbrella

छत्रं देवि जगद्धात्रि ! घर्मवातप्रणाशनम् ।

गृहाण हे महामाये ! सौभाग्यं सर्वदा कुरु ॥

ॐ ह्रीं सन्तोषीमायै नमः छत्रं समर्पयामि

ছত্রং দেবি জগদ্ধাত্রি ! ঘর্ম বাত প্রনাশনম্ ।

গৃহাণ হে মহামায়ে ! সৌভাগ্যং সর্বদা কুরু ॥

ওঁ হ্রীং সন্তোষীমায়ৈ নমঃ ছত্রং সমর্পয়ামি

**chatraṁ devi jagaddhātri gharma vāta praṇāśanam**

**gr̥hāṇa he mahāmāye saubhāgyaṁ sarvadā kuru**

**oṁ hrīm̐ santoṣīmāyai namaḥ chatraṁ samarpayāmi**

Oh Goddess, Creator of the Universe! This umbrella will protect you from heat and wind. Please accept it, oh Great Māyā, and remain always beautiful. With this offering of an umbrella oṁ hrīm̐ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

fly whisk

चामरं हे महादेवि चमरीपुच्छनिर्मितम् ।

गृहीत्वा पापराशीनां खण्डनं सर्वदा कुरु ॥

ॐ ह्रीं सन्तोषीमायै नमः चामरं समर्पयामि

চামরং হে মহাদেবি ! চমরীপুচ্ছনির্মিতম্ ।

গৃহীত্বা পাপরাশীনাং খণ্ডনং সর্বদা কুরু ॥

ওঁ হ্রীং সন্তোষীমায়ৈ নমঃ চামরং সমর্পয়ামি

**cāmaraṁ he mahādevi camarīpucchanirmitam**

**gr̥hītvā pāparāśīnāṁ khaṇḍanaṁ sarvadā kuru**

**oṁ hrīm̐ santoṣīmāyai namaḥ cāmaraṁ**

**samarpayāmi**

Oh Great Goddess, this fly whisk is made of yak's tail. Please accept it, and always whisk away all sin. With this offering of a fly whisk om̐ hrīm̐ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

fan

बर्हिर्बर्हकृताकारं मध्यदण्डसमन्वितम् ।

गृह्यतां व्यजनं देवि देहस्वेदापनुत्तये ॥

ॐ ह्रीं सन्तोषीमायै नमः तालवृन्तं समर्पयामि

बर्हिर्बर्हकृताकारं मध्यदण्डं समन्वितम् ।

गृह्यतां व्यजनं देवि देहस्वेदापनुत्तये ॥

ॐ ह्रीं सन्तोषीमायै नमः तालवृन्तं समर्पयामि

**barhirbarhakṛtākāraṁ madhyadaṇḍa samanvitam**

**gṛhyatāṁ vyajanaṁ devi dehasvedāpanuttaye**

**om̐ hrīm̐ santoṣīmāyai namaḥ tālavṛntaṁ**

**samarpayāmi**

It moves back and forth with equanimity and has a stick in the middle. Please accept this fan, oh Goddess, to keep the perspiration from your body. With this offering of a fan om̐ hrīm̐ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

mirror

दर्पणं विमलं रम्यं शुद्धबिम्बप्रदायकम् ।

आत्मबिम्बप्रदर्शनार्थर्पयामि महेश्वरि ! ॥

ॐ ह्रीं सन्तोषीमायै नमः दर्पणं समर्पयामि

दर्पणं विमलं रम्यं शुद्धविश्वप्रदायकम् ।  
 आत्मविश्वप्रदर्शार्थमर्पयामि महेश्वरि ॥  
 ॐ ह्रीं सन्तोषीमायै नमः दर्पणं समर्पयामि

**darpaṇaṁ vimalaṁ ramyaṁ  
 śuddhabimbapradāyakam  
 ātmabimbapradarśanārtharpayāmi maheśvari  
 om hrīm̄ santoṣīmāyai namaḥ darpaṇaṁ  
 samarpayāmi**

This beautiful mirror will give a pure reflection. In order to reflect my soul, I am offering it to you, oh Great Seer of all. With this offering of a mirror om hrīm̄ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

ārātrikam

ॐ चन्द्रादित्यौ च धरणी विद्युदग्निस्तथैव च ।  
 त्वमेव सर्वज्योतीषिं आरात्रिकं प्रतिगृह्यताम् ॥  
 ॐ ह्रीं सन्तोषीमायै नमः आरात्रिकं समर्पयामि  
 ॐ चन्द्रादित्यो च धरणी विद्युदग्निस्तथैव च ।  
 त्वमेव सर्वज्योतीषिं आरात्रिक्यं प्रतिगृह्यताम् ॥  
 ॐ ह्रीं सन्तोषीमायै नमः आरात्रिक्यं  
 समर्पयामि ॥

**om candrādityau ca dharaṇī vidyudagnistathaiva ca  
 tvameva sarvajyotīṣiṁ ārātrikaṁ pratigṛhyatām  
 om hrīm̄ santoṣīmāyai namaḥ ārātrikaṁ  
 samarpayāmi**

Om All knowing as the Moon, the Sun and the Divine Fire, you alone are all light, and this light we request you to accept. With this offering of light om hrīm̄ we bow to Santoṣī Mā, the Divine Mother who bestows satisfaction.

मल्लिकादि सुगन्धीनि मालित्यादीनि वै प्रभो ।

मयाऽहृतानि पूजार्थं पुष्पाणि प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषीमायै नमः पुष्पम् समर्पयामि

मल्लिकादि सुगन्धीनि मालित्यादीनि वै प्रभो ।

मया-हृतानि पूजार्थं पुष्पाणि प्रतिगृह्यताम् ॥

ॐ ह्रीं सन्तोषीमायै नमः पुष्पम् समर्पयामि

**mallikādi sugandhīni mālicityādīni vai prabho**

**mayā-hṛtāni pūjārthaṁ puṣpāṇi pratigṛhyatām**

**om hrīm̐ santosīmāyai namaḥ puṣpam samarpayāmi**

Various flowers, such as mallikā and others of excellent scent, are being offered to you, Our Lord. All these flowers have come from the devotion of our hearts for your worship. Please accept them. With this offering of a flower om̐ hrīm̐ we bow to Santosī Mā, the Divine Mother who bestows satisfaction.

यज्ञेन यज्ञमयजन्त देवास्तानि धर्माणि प्रथमान्यासन् ।

ते ह नाकं महिमानः सचन्त यत्र पूर्वे साध्याः सन्ति देवाः ॥

यज्ञेन यज्ञमयजन्त देवास्तानि धर्माणि प्रथमान्यासन् ।

ते ह नाकं महिमानः सचन्त यत्र पूर्वे

साध्याः सन्ति देवाः ॥

**yajñena yajñamayajanta devāstāni**

**dharmmaṇi prathamānyāsan**

**te ha nākaṁ mahimānaḥ sacanta yatra pūrve**

**sādhyāḥ santi devāḥ**

By sacrifice, the Gods gave birth to sacrifice, and the first principles of eternal Dharma were established. Those who live according to the glorious way, ultimately reach the highest abode where the Gods dwell in that ancient perfection.

ॐ राजाधिराजाय प्रसह्य साहिने नमो वयं वैश्रवणाय कुर्महि  
स मे कामान् कामकामाय मह्यं कामेश्वरो वैश्रवणो ददातु ।

कुबेराय वैश्रवणाय महाराजाय नमः ॥

ওঁ রাজাধিরাজায় প্রসহ্য সাহিনে  
নমো বয়ং বৈশ্রবণায় কুর্মহে  
স মে কামান্ কামকামায় মহ্যং  
কামেশ্বরো বৈশ্রবণো দদাতু ।

কুবেরায় বৈশ্রবণায় মহারাজায় নমঃ ॥

**om rājādhirājāya prasahya sāhine namo vyaṁ  
vaiśravaṇāya kurmahe sa me kāmān kāmakāmāya  
mahyaṁ kāmeśvaro vaiśravaṇo dadātu kuberāya  
vaiśravaṇāya mahārājāya namaḥ**

Without any selfish interest we bow down to the universal being, the King of kings, the Lord of all desires, the Universal Being. May He grant to me the full and complete enjoyment of the desire of all desires: dharma (the ideal of perfection), artha (the material necessities of life), kāma (the perfection of desire) and mokṣa (self-realization).

ॐ स्वस्ति साम्राज्यं स्वाराज्यं वैराज्यं पारमेष्ठ्यं राज्यं  
महाराज्यमाधिपत्यमयं समन्तपर्यायै स्यात् । सार्वभौमः  
सार्वयुषां तदा परार्धात् पृथिव्यै समुद्रपर्यन्तायाऽपराडिति ।  
तदप्येष श्लोकोऽभिगीतो मरुतः परिवेष्टारो मरुत्तस्याऽवसन्  
गृहे । आवीक्षितस्य कामप्रेर्विश्वेदेवाः सभासद् इति ॥

ॐ स्वस्ति साम्राज्यं स्वाराज्यं वैराज्यं पारमेष्ठ्यं राज्यं  
महाराज्यमाधिपत्यमयं समन्तपर्यायै स्यात् ।  
सार्वभौमः सार्वयुषां तदा परार्धात् पृथिव्यै  
समुद्रपर्यन्ताया-अपराडिति । तदप्येष श्लोको-भिगीतो  
मरुतः परिवेष्टारो मरुत्तस्या-वसन् गृहे ।  
आवीक्षितस्य कामप्रेर्विश्वेदेवाः सभासद् इति ॥

om svasti sāmrajyaṁ svārājyaṁ vairājyaṁ  
pārameṣṭhyaṁ rājyaṁ mahārājyamādhipatyamayam  
samantaparyāyai syāt sārvaḥmaḥ sārvaḥyūṣāṁ  
tadā parārdhāt pṛthivyai samudraparyantāyā-erāditi  
tadapyeṣa śloko-bhigīto marutaḥ pariveṣṭāro  
maruttasyā-vasan grhe āvikṣitasya  
kāmaprervīśvedevāḥ sabhāsada iti

Om Let blessings flow to all of the kingdom, His own kingdom, the universal kingdom, the kingdom of the Supreme Divinity, the great kingdom of our Lord greater than the greatest, in the equilibrium of spiritual austerities. All that lives in the heavens or on the earth or in the seas is thus united. Those spiritual aspirants who sing these verses can aspire to dwell in the home of the purified. Having no unfulfilled desires, only desiring as the Universal Gods always.

ॐ विश्वतश्चक्षुरुत विश्वतो मुखो विश्वतो बाहुरुत  
विश्वतस्पात् । सम्बाहुभ्यां धमति सम्पतत् त्रैर्द्यावा  
भूमिं जनयन् देव एकः ॥

ॐ विश्वतश्चक्षुरुत विश्वतो मुखो विश्वतो बाहुरुत  
विश्वतस्पात् । सम्बाहुभ्यां धमति सम्पतत् त्रैर्द्यावा  
भूमिं जनयन् देव एकः ॥

**om̐ viśvataścakṣuruta viśvato mukho viśvato  
bāhuruta viśvataspāt  
sambāhubhyāṁ dhamati sampatat trairdyāvā  
bhūmiṁ janayan deva ekaḥ**

Om̐ He who sees the universe, the mouth of the universe, the arms of the universe, the feet of the universe. He is One God, whose two arms and two wings make possible all the activities of all that lives in the heavens and on earth.

## 108 Names of Santoshi Maa

१

ॐ सन्तोषी मायै नमः

ॐ जल्लोषी भार्द्वै नमः

**om̐ santon̐ māyai namaḥ**

Om̐ We bow to the Mother of Satisfaction

२

ॐ सन्तोष नियत्यै नमः

ॐ जल्लोष निर्रैत्यै नमः

**om̐ santon̐ niyatyai namaḥ**

Om̐ We bow to the Eternal Satisfaction

३

ॐ सन्तोष रूपिण्यै नमः

ॐ जल्लोष रूपिण्यै नमः

**om̐ santon̐ rūpiṇyai namaḥ**

Om̐ We bow to the Form of Satisfaction

४

ॐ सन्तोष दायिण्यै नमः

ॐ जल्लोष दायिण्यै नमः

**om̐ santon̐ dāyiṇyai namaḥ**

Om̐ We bow to the Giver of Satisfaction

५

ॐ सन्तोष स्वरूपिण्यै नमः

ॐ सन्तोष स्वरूपिण्यै नमः

**om santoṣ svarūpiṇyai namaḥ**

Om We bow to the Intrinsic Nature of Satisfaction

६

ॐ सन्तोष प्रदायिण्यै नमः

ॐ सन्तोष प्रदायिण्यै नमः

**om santoṣ pradāyiṇyai namaḥ**

Om We bow to the Presenter of Satisfaction

७

ॐ सन्तोष ब्रह्मरूपिण्यै नमः

ॐ सन्तोष ब्रह्मरूपिण्यै नमः

**om santoṣ brahmarūpiṇyai namaḥ**

Om We bow to the Form of Divine Satisfaction

८

ॐ सन्तोष आनन्ददायिण्यै नमः

ॐ सन्तोष आनन्ददायिण्यै नमः

**om santoṣ ānandadāyiṇyai namaḥ**

Om We bow to the Giver of the Bliss Satisfaction

९

ॐ सन्तोष शिवमरूपिण्यै नमः

ॐ सन्तोष शिवमरूपिण्यै नमः

**om santoṣ śivamarūpiṇyai namaḥ**

Om We bow to the Form of the Consciousness of Infinite Goodness of Satisfaction

१०

ॐ सन्तोष सुन्दर प्रदायिण्यै नमः

ॐ जञ्जोष सुन्दर प्रदायिण्यै नमः

**om santoṣ sundara pradāyīṇyai namaḥ**

Om We bow to the Presenter of the Beauty of Satisfaction

११

ॐ सन्तोष स्थूलरूपिण्यै नमः

ॐ जञ्जोष स्थूलरूपिण्यै नमः

**om santoṣ sthūlarūpiṇyai namaḥ**

Om We bow to the Gross Form of Satisfaction

१२

ॐ सन्तोष सुक्ष्मरूपिण्यै नमः

जञ्जोष सुक्ष्मरूपिण्यै नमः

**om santoṣ sukṣmarūpiṇyai namaḥ**

Om We bow to the Subtle Form of Satisfaction

१३

ॐ सन्तोष कारणरूपिण्यै नमः

ॐ जञ्जोष कारणरूपिण्यै नमः

**om santoṣ kāraṇarūpiṇyai namaḥ**

Om We bow to the Casual Form of Satisfaction

१४

ॐ सन्तोष पूर्णरूपिण्यै नमः

ॐ जञ्जोष पूर्णरूपिण्यै नमः

**om santoṣ pūrṇarūpiṇyai namaḥ**

Om We bow to she who gives the Boon of Satisfaction

१५

ॐ सन्तोष वरदायिण्यै नमः

ॐ सन्तोष वरदायिण्यै नमः

**om santoṣ varadāyīṅyai namaḥ**

Om We bow to she who gives the Boon of Satisfaction

१६

ॐ सन्तोष अभयदायिण्यै नमः

ॐ सन्तोष अभयदायिण्यै नमः

**om santoṣ abhayadāyīṅyai namaḥ**

Om We bow to she who gives Freedom from Fear of Satisfaction

१७

ॐ सन्तोष शत्रुविनाशिण्यै नमः

ॐ सन्तोष शत्रुविनाशिण्यै नमः

**om santoṣ śatruvināśīṅyai namaḥ**

Om We bow to she who Destroys the Enemies of Satisfaction

१८

ॐ सन्तोष जन्मदायिण्यै नमः

ॐ सन्तोष जन्मदायिण्यै नमः

**om santoṣ janmadāyīṅyai namaḥ**

Om We bow to she who gives Birth to Satisfaction

१९

ॐ सन्तोष कर्मदायिण्यै नमः

ॐ सन्तोष कर्मदायिण्यै नमः

**om santos̄ karmadāyīnyai namaḥ**

Om̄ We bow to she who gives the Activities of Satisfaction

२०

ॐ सन्तोष सत्त्वदानन्दायै नमः

ॐ सन्तोष सत्त्वदानन्दायै नमः

**om santos̄ satcidānandāyai namaḥ**Om̄ We bow to she who gives the Bliss of Truth and  
Consciousness of Satisfaction

२१

ॐ सन्तोष विघ्नविनाशिण्यै नमः

ॐ सन्तोष विघ्नविनाशिण्यै नमः

**om santos̄ vighnavināśīnyai namaḥ**

Om̄ We bow to she Destroys All Obstacles to Satisfaction

२२

ॐ सन्तोष बुद्धिदायिण्यै नमः

ॐ सन्तोष बुद्धिदायिण्यै नमः

**om santos̄ buddhidāyīnyai namaḥ**

Om̄ We bow to she who gives the Intellect of Satisfaction

२३

ॐ सन्तोष सिद्धिदायिण्यै नमः

ॐ सन्तोष सिद्धिदायिण्यै नमः

**om santoṣ siddhidāyīṇyai namaḥ**

Om We bow to she who gives the Attainment of Satisfaction

२४

ॐ सन्तोष शुभलाभ्यै नमः

ॐ सन्तोष शुभलाभ्यै नमः

**om santoṣ śubhalābhyai namaḥ**

Om We bow to she who gives the Pure Gain of Satisfaction

२५

ॐ सन्तोष ज्ञानस्वरूपायै नमः

ॐ सन्तोष ज्ञानस्वरूपायै नमः

**om santoṣ jñānasvarūpāyai namaḥ**

Om We bow to she who is the Intrinsic Nature of the Wisdom of Satisfaction

२६

ॐ सन्तोष निराहंकार्यै नमः

ॐ सन्तोष निराहंकार्यै नमः

**om santoṣ nirāhamkāryai namaḥ**

Om We bow to she who has No Ego in Satisfaction

२७

ॐ सन्तोष तृप्तिस्वरूपायै नमः

ॐ सन्तोष तृप्तिस्वरूपायै नमः

**om santoṣ tr̥ptisvarūpāyai namaḥ**

Om We bow to she who is the Intrinsic Nature of the Form of Extreme Satisfaction

२८

ॐ सन्तोष आदिदेव्यै नमः

ॐ सन्तोष आदिदेव्यै नमः

**om santoṣ ādidevyai namaḥ**

Om We bow to she who is the Primary Deity of Satisfaction

२९

ॐ सन्तोष परब्रह्मायै नमः

ॐ सन्तोष परब्रह्मायै नमः

**om santoṣ parabrahmāyai namaḥ**

Om We bow to she who is the Supreme Divinity of Satisfaction

३०

ॐ सन्तोष सृष्टिरूपायै नमः

ॐ सन्तोष सृष्टिरूपायै नमः

**om santoṣ sṛṣṭirūpāyai namaḥ**

Om We bow to she who is the Form of the Creation of Satisfaction

३१

ॐ सन्तोष स्थितिरूपायै नमः

ॐ সন্তোষ স্থিতিরূপায়ৈ নমঃ

**om santoṣ sthītirūpāyai namaḥ**

Om We bow to she who is the Circumstance of Satisfaction

३२

ॐ सन्तोष लयरूपिण्यै नमः

ॐ সন্তোষ লয়রূপিণ্যৈ নমঃ

**om santoṣ layarūpiṇyai namaḥ**

Om We bow to she who is the Dissolution of Satisfaction

३३

ॐ सन्तोष कारनरूपिण्यै नमः

ॐ সন্তোষ কারনরূপিণ্যৈ নমঃ

**om santoṣ kāranarūpiṇyai namaḥ**

Om We bow to she who is the Cause of Satisfaction

३४

ॐ सन्तोष शक्तिरूपिण्यै नमः

ॐ সন্তোষ শক্তিরূপিণ্যৈ নমঃ

**om santoṣ śaktirūpiṇyai namaḥ**

Om We bow to she who is the Form of the Energy of Satisfaction

३५

ॐ सन्तोष तुष्टिरूपिण्यै नमः

ॐ सन्तोष तुष्टिरूपिण्यै नमः

**om santoṣ tuṣṭirūpiṇyai namaḥ**

Om We bow to she who is the Form of Contentment of Satisfaction

३६

ॐ सन्तोष कल्याणरूपिण्यै नमः

ॐ सन्तोष कल्याणरूपिण्यै नमः

**om santoṣ kalyāṇarūpiṇyai namaḥ**

Om We bow to she who is the Form of the Welfare of Satisfaction

३७

ॐ सन्तोष कालविनाशिण्यै नमः

ॐ सन्तोष कालविनाशिण्यै नमः

**om santoṣ kālavināśiṇyai namaḥ**

Om We bow to she who is the Destroyer of the Time Limits of Satisfaction

३८

ॐ सन्तोष निर्गुणायै नमः

ॐ सन्तोष निर्गुणायै नमः

**om santoṣ nirguṇāyai namaḥ**

Om We bow to she who is Beyond All Qualities of Satisfaction

३९

ॐ सन्तोष सगुणायै नमः

ॐ सन्तोष सगुणायै नमः

**om̐ santoṣ saguṇāyai namaḥ**

Om̐ We bow to she who is With All Qualities of Satisfaction

४०

ॐ सन्तोष शान्तिदायिण्यै नमः

ॐ सन्तोष शान्तिदायिण्यै नमः

**om̐ santoṣ śāntidāyīṇyai namaḥ**

Om̐ We bow to she who gives the Peace of Satisfaction

४१

ॐ सन्तोष भक्तिदायिण्यै नमः

ॐ सन्तोष भक्तिदायिण्यै नमः

**om̐ santoṣ bhaktidāyīṇyai namaḥ**

Om̐ We bow to she who gives the Devotion of Satisfaction

४२

ॐ सन्तोष मुक्तिप्रदायिण्यै नमः

ॐ सन्तोष मुक्तिप्रदायिण्यै नमः

**om̐ santoṣ muktīpradāyīṇyai namaḥ**

Om̐ We bow to she who gives Presents the Liberation of Satisfaction

४३

ॐ सन्तोष सर्वशक्तिदायिण्यै नमः

ॐ सन्तोष सर्वशक्तिदायिण्यै नमः

**om̐ santoṣ sarvaśaktidāyīṇyai namaḥ**

Om̐ We bow to she who gives All the Energy of Satisfaction

१०७

४४

ॐ सन्तोष सृष्टिरक्षायै नमः

ॐ सन्तोष सृष्टिरक्षायै नमः

**om santos̄ sṛṣṭirakṣāyai namaḥ**

Om̄ We bow to she who Protects the Creation in Satisfaction

४५

ॐ सन्तोष स्थितिपालिण्यै नमः

ॐ सन्तोष स्थितिपालिण्यै नमः

**om santos̄ sthitipāliṇyai namaḥ**

Om̄ We bow to she who Protects the Circumstances of Satisfaction

४६

ॐ सन्तोष वरप्रदायिण्यै नमः

ॐ सन्तोष वरप्रदायिण्यै नमः

**om santos̄ varapradāyīṇyai namaḥ**

Om̄ We bow to she who bestows the Boon of Satisfaction

४७

ॐ सन्तोष अभयप्रदायिण्यै नमः

ॐ सन्तोष अभयप्रदायिण्यै नमः

**om santos̄ abhayapradāyīṇyai namaḥ**

Om̄ We bow to she who Presents Freedom from Fear in Satisfaction

४८

ॐ सन्तोष अन्नदायिण्यै नमः

ॐ सन्तोष अन्नदायिण्यै नमः

**om̐ santoṣ annadāyīṇyai namaḥ**

Om̐ We bow to she who gives Food to Satisfaction

४९

ॐ सन्तोष सत्यरूपिण्यै नमः

ॐ सन्तोष सत्यरूपिण्यै नमः

**om̐ santoṣ satyarūpiṇyai namaḥ**

Om̐ We bow to the Form of Truth in Satisfaction

५०

ॐ सन्तोष दारिद्रनाशिण्यै नमः

ॐ सन्तोष दारिद्रनाशिण्यै नमः

**om̐ santoṣ dāridranāśīṇyai namaḥ**

Om̐ We bow to the Destroyer of Affliction in Satisfaction

५१

ॐ सन्तोष परब्रह्मस्वरूपिण्यै नमः

ॐ सन्तोष परब्रह्मस्वरूपिण्यै नमः

**om̐ santoṣ parabrahmasvarūpiṇyai namaḥ**

Om̐ We bow to the Intrinsic Nature of the Supreme Divinity of Satisfaction

५२

ॐ सन्तोष आत्मतुष्टिरूपिण्यै नमः

ॐ जञ्जोष आत्मतुष्टिरूपिण्यै नमः

**om santos ātmatuṣṭirūpiṇyai namaḥ**

Om We bow to the Form of the Contented Soul in Satisfaction

५३

ॐ सन्तोष श्रीस्वरूपिण्यै नमः

ॐ जञ्जोष श्रीस्वरूपिण्यै नमः

**om santos śrīsvarūpiṇyai namaḥ**

Om We bow to the Intrinsic Nature of Respect in Satisfaction

५४

ॐ सन्तोष हीयै नमः

ॐ जञ्जोष हीयै नमः

**om santos hrīyai namaḥ**

Om We bow to she who Maintains Modesty in Satisfaction

५५

ॐ सन्तोष सर्वविद्यादायिण्यै नमः

ॐ जञ्जोष सर्वविद्यादायिण्यै नमः

**om santos sarvavidyādāyīṇyai namaḥ**

Om We bow to the Giver of All Knowledge in Satisfaction

५६

ॐ सन्तोष भद्ररूपिण्यै नमः

ॐ जञ्जोष भद्ररूपिण्यै नमः

**om santos bhadrarūpiṇyai namaḥ**

Om We bow to the Form of Excellence in Satisfaction

५७

ॐ सन्तोष गुह्यरूपिण्यै नमः

ॐ सन्तोष गुह्यरूपिण्यै नमः

**om̐ santoṣ guhyarūpiṇyai namaḥ**

Om̐ We bow to the Form of the Secret in Satisfaction

५८

ॐ सन्तोष पुष्ट्यै नमः

ॐ सन्तोष पुष्ट्यै नमः

**om̐ santoṣ puṣṭyai namaḥ**

Om̐ We bow to the Nourishment of Satisfaction

५९

ॐ सन्तोष कृपामयै नमः

ॐ सन्तोष कृपामयै नमः

**om̐ santoṣ kṛpāmayai namaḥ**

Om̐ We bow to the Manifestation of Grace in Satisfaction

६०

ॐ सन्तोष आद्यारूपिण्यै नमः

ॐ सन्तोष आद्यारूपिण्यै नमः

**om̐ santoṣ ādyārūpiṇyai namaḥ**

Om̐ We bow to the Form of the Foremost in Satisfaction

६१

ॐ सन्तोष जगतपालिण्यै नमः

ॐ सन्तोष जगतपालिण्यै नमः

**om̐ santoṣ jagatpāliṇyai namaḥ**

Om̐ We bow to the Protector of the Perceivable Universe in Satisfaction

६२

ॐ सन्तोष सर्वमङ्गलायै नमः

ॐ जञ्जोष सर्वमङ्गलायै नमः

**om̐ santoṣ sarvamaṅgalāyai namaḥ**

Om̐ We bow to she who is All Welfare in Satisfaction

६३

ॐ सन्तोष सदानन्दमयै नमः

ॐ जञ्जोष सदानन्दमयै नमः

**om̐ santoṣ sadānandamayai namaḥ**

Om̐ We bow to the Manifestation of Constant Bliss in Satisfaction

६४

ॐ सन्तोष चिदानन्दमयै नमः

ॐ जञ्जोष चिदानन्दमयै नमः

**om̐ santoṣ cidānandamayai namaḥ**

Om̐ We bow to the Manifestation of the Bliss of Consciousness in Satisfaction

६५

ॐ सन्तोष पूर्णायै नमः

ॐ जञ्जोष पूर्णायै नमः

**om̐ santoṣ pūrṇāyai namaḥ**

Om̐ We bow to she who is Full, Complete and Perfect in Satisfaction

६६

ॐ सन्तोष एकम् ब्रह्मामयै नमः

ॐ सन्तोष एकम् ब्रह्मामयै नमः

**om̐ santoṣ ekam brahmāmayai namaḥ**

Om̐ We bow to the Manifestation of the One Supreme Divinity in Satisfaction

६७

ॐ सन्तोष रक्षादायिण्यै नमः

ॐ सन्तोष रक्षादायिण्यै नमः

**om̐ santoṣ rakṣādāyīṇyai namaḥ**

Om̐ We bow to the Giver of Protection in Satisfaction

६८

ॐ सन्तोष शोभितायै नमः

ॐ सन्तोष शोभितायै नमः

**om̐ santoṣ śobhitāyai namaḥ**

Om̐ We bow to she who Shines with Satisfaction

६९

ॐ सन्तोष पूर्णप्रकाशिण्यै नमः

ॐ सन्तोष पूर्णप्रकाशिण्यै नमः

**om̐ santoṣ pūrṇaprakāśīṇyai namaḥ**

Om̐ We bow to she who Completely Illuminates with Satisfaction

७०

ॐ सन्तोष यशस्विण्यै नमः

ॐ सन्तोष यशस्विण्यै नमः

**om santos̄ yaśaśviṇyāi namaḥ**

Om̄ We bow to she who is the Welfare of Satisfaction

७१

ॐ सन्तोष धर्मधारिण्यै नमः

ॐ सन्तोष धर्मधारिण्यै नमः

**om santos̄ dharmadhāriṇyāi namaḥ**

Om̄ We bow to she who Supports the Ideals of Perfection in Satisfaction

७२

ॐ सन्तोष प्राणायै नमः

ॐ सन्तोष प्राणायै नमः

**om santos̄ prāṇāyāi namaḥ**

Om̄ We bow to she who is the Inhaled Breath of Satisfaction

७३

ॐ सन्तोष अपनायै नमः

ॐ सन्तोष आपनायै नमः

**om santos̄ apanāyāi namaḥ**

Om̄ We bow to she who is the Exhaled Breath of Satisfaction

७४

ॐ सन्तोष व्यानायै नमः

ॐ सन्तोष व्यानार्यै नमः

**om santoṣ vyānāyai namaḥ**

Om We bow to she who is the Involuntary Expulsion of Air of Satisfaction

७५

ॐ सन्तोष उदानायै नमः

ॐ सन्तोष उदानार्यै नमः

**om santoṣ udānāyai namaḥ**

Om We bow to she who is the Raising Breath of Satisfaction

७६

ॐ सन्तोष समानायै नमः

ॐ सन्तोष समानार्यै नमः

**om santoṣ samānāyai namaḥ**

Om We bow to she who is the Equalized or Restrained Breath of Satisfaction

७७

ॐ सन्तोष पञ्चवायुमयै नमः

ॐ सन्तोष पञ्चवायुम्यै नमः

**om santoṣ pañcāvāyumayai namaḥ**

Om We bow to she who is the Manifestation of the Five Vital Breaths of Satisfaction

७८

ॐ सन्तोष कल्याणकारिण्यै नमः

ॐ सन्तोष कल्याणकारिण्यै नमः

**om santoṣ kalyāṇakāriṇyai namaḥ**

Om We bow to she who is the Cause of Welfare of Satisfaction

७९

ॐ सन्तोष धनैश्वर्यै नमः

ॐ सन्तोष धनैश्वर्यै नमः

**om santoṣ dhanaiśvaryaī namaḥ**

Om We bow to she who is the Supreme Goddess of Giving of Satisfaction

८०

ॐ सन्तोष विजयायै नमः

ॐ सन्तोष विजयायै नमः

**om santoṣ vijayāyai namaḥ**

Om We bow to she who is the Conquest of Satisfaction

८१

ॐ सन्तोष श्रीबुद्धिदायै नमः

ॐ सन्तोष श्रीबुद्धिदायै नमः

**om santoṣ śrībuddhidāyai namaḥ**

Om We bow to she who is the Giver of Respected Knowledge in Satisfaction

८२

ॐ सन्तोष दूर्गतिनाशिण्यै नमः

ॐ सन्तोष दूर्गतिनाशिण्यै नमः

**om santoṣ dūrgatināśiṅyai namaḥ**

Om We bow to she who is the Destroyer of All Obstacles in Satisfaction

८३

ॐ सन्तोष कृतिदायै नमः

ॐ सन्तोष कृतिदायै नमः

**om santoṣ kṛtidāyai namaḥ**

Om We bow to she who is the Giver of All Actions to Satisfaction

८४

ॐ सन्तोष सर्वाभीष्टै नमः

ॐ सन्तोष सर्वाभीष्टै नमः

**om santoṣ sarvābhīṣṭhai namaḥ**

Om We bow to she who is the Sum Total of the Parts of Satisfaction

८५

ॐ सन्तोष नित्यायै नमः

ॐ सन्तोष नित्यायै नमः

**om santoṣ nityāyai namaḥ**

Om We bow to she who is Eternally in Satisfaction

८६

ॐ सन्तोष दिव्यायै नमः

ॐ सन्तोष दिव्यायै नमः

**om̐ santoṣ divyāyai namaḥ**

Om̐ We bow to she who is the Divinity of Satisfaction

८७

ॐ सन्तोष दयायै नमः

ॐ सन्तोष दयायै नमः

**om̐ santoṣ dayāyai namaḥ**

Om̐ We bow to she who is the Giver of Compassion in Satisfaction

८८

ॐ सन्तोष महामायायै नमः

ॐ सन्तोष महामायायै नमः

**om̐ santoṣ mahāmāyāyai namaḥ**

Om̐ We bow to she who is the Great Measurement of Consciousness in Satisfaction

८९

ॐ सन्तोष मायायै नमः

ॐ सन्तोष मायायै नमः

**om̐ santoṣ māyāyai namaḥ**

Om̐ We bow to she who is the Measurement of Satisfaction

९०

ॐ सन्तोष स्वरूपायै नमः

ॐ सन्तोष स्वरूपायै नमः

**om santoṣ svarūpāyai namaḥ**

Om We bow to she who is the Intrinsic Nature of Satisfaction

९१

ॐ सन्तोष धनायै नमः

ॐ सन्तोष धनायै नमः

**om santoṣ dhanāyai namaḥ**

Om We bow to she who is the Wealth of Satisfaction

९२

ॐ सन्तोष निर्मलबुद्धिदायै नमः

ॐ सन्तोष निर्मलबुद्धिदायै नमः

**om santoṣ nirmalabuddhidāyai namaḥ**

Om We bow to she who gives Immaculate Intelligence in Satisfaction

९३

ॐ सन्तोष सत्त्व गुणायै नमः

ॐ सन्तोष सत्त्व गुणायै नमः

**om santoṣ sattva guṇāyai namaḥ**

Om We bow to she who has the Quality of Truth in Satisfaction

९४

ॐ सन्तोष तम गुणायै नमः

ॐ सन्तोष तम गुणायै नमः

**om santoṣ tama guṇāyai namaḥ**

Om We bow to she who has the Quality of Darkness in Satisfaction

९५

ॐ सन्तोष रजो गुणायै नमः

ॐ सन्तोष रजो गुणायै नमः

**om santoṣ rajo guṇāyai namaḥ**

Om We bow to she who has the Quality of Activity in Satisfaction

९६

ॐ सन्तोष त्रिलोकपालिण्यै नमः

ॐ सन्तोष त्रिलोकपालिण्यै नमः

**om santoṣ trilokapāṇiyai namaḥ**

Om We bow to she who is the Protector of the Three Worlds in Satisfaction

९७

ॐ सन्तोष यशोदायिण्यै नमः

ॐ सन्तोष यशोदायिण्यै नमः

**om santoṣ yaśodāyīnyai namaḥ**

Om We bow to she who is the Giver of Welfare in Satisfaction

९८

ॐ सन्तोष आनन्ददायिण्यै नमः

ॐ सन्तोष आनन्ददायिण्यै नमः

**om santoṣ ānandadāyīṇyai namaḥ**

Om We bow to she who is of the Bliss of Satisfaction

९९

ॐ सन्तोष अभय दायिण्यै नमः

ॐ सन्तोष अभय दायिण्यै नमः

**om santoṣ abhaya dāyīṇyai namaḥ**

Om We bow to she who is of Freedom from Fear in Satisfaction

१००

ॐ सन्तोष मित्रायै नमः

ॐ सन्तोष मित्रायै नमः

**om santoṣ mitrāyai namaḥ**

Om We bow to she who is the Friend of Satisfaction

१०१

ॐ सन्तोष लक्ष्मीरूपिण्यै नमः

ॐ सन्तोष लक्ष्मीरूपिण्यै नमः

**om santoṣ lakṣmīrūpiṇyai namaḥ**

Om We bow to she who is the Form of the Goddess of Wealth in Satisfaction

१२१

१०२

ॐ सन्तोष वेदविद्यायै नमः

ॐ सन्तोष वेदविद्यायै नमः

**om santos̄ vedavidyāyai namaḥ**

Om We bow to she who is the Knowledge of the Wisdom of Satisfaction

१०३

ॐ सन्तोष श्रद्धारूपिण्यै नमः

ॐ सन्तोष श्रद्धारूपिण्यै नमः

**om santos̄ śraddhārūpiṇyai namaḥ**

Om We bow to she who is the Form of Faith in Satisfaction

१०४

ॐ सन्तोष मेधायै नमः

ॐ सन्तोष मेधायै नमः

**om santos̄ medhāyai namaḥ**

Om We bow to she who is the Intellect of Love in Satisfaction

१०५

ॐ सन्तोष सर्वशक्तिरूपायै नमः

ॐ सन्तोष सर्वशक्तिरूपायै नमः

**om santos̄ sarvaśaktirūpāyai namaḥ**

Om We bow to the Form of All Energy in Satisfaction

१०६

ॐ सन्तोष महाविद्यायै नमः

ॐ सन्तोष महाविद्यायै नमः

**om̐ santoṣ mahāvidyāyai namaḥ**

Om̐ We bow to she who is the Great Knowledge of Satisfaction

१०७

ॐ सन्तोष भक्तवत्सलायै नमः

ॐ सन्तोष भक्तवत्सलायै नमः

**om̐ santoṣ bhaktavatsalāyai namaḥ**

Om̐ We bow to she who is the Nourisher of Devotees in Satisfaction

१०८

ॐ सन्तोष विश्ववरदायिण्यै नमः

ॐ सन्तोष विश्ववरदायिण्यै नमः

**om̐ santoṣ viśvavaradāyīnyai**

Om̐ We bow to she who gives the blessing of Satisfaction to the universe

सन्तोषी माँ पूजा

सेन्तोषी माँ की आरती

santoṣī māṃ kī āratī

Be Victorious!

जय सेन्तोषी माँ जय जय (माँ) जय सेन्तोषी माँ जय जय

भयहारिणि भवतारिणि भवभामिनि जय जय

ॐ जय सेन्तोषी माँ जय जय

জয় সন্তোষী মাঁ জয় জয় (মাঁ) জয় সন্তোষী মাঁ জয়  
জয়

ভয়হারিণি ভবতারিণি ভবভামিনি জয় জয়

ওঁ জয় সন্তোষী মাঁ জয় জয়

jaya santoṣī māṃ jaya jaya (māṃ) jaya santoṣī māṃ  
jaya jaya

bhaya hāriṇi bhava tāriṇi (2)

bhava bhāmini jaya jaya

om̐ jaya santoṣī māṃ jaya jaya

Be Victorious! Oh Goddess Who Tears Apart Thought! Be Victorious! You take away all fear and illuminate the intensity of reality. Be Victorious!

- 1 -

तू ही सत-चित-सुखमय शुद्ध ब्रह्मरूपा (माँ)

सत्य सनातन सुन्दर पर-शिव सूर-भूपा

ॐ जय सेन्तोषी माँ जय जय

তু হী সত-চিত-সুখময় শুদ্ধ ব্রহ্মরূপা (মাঁ)

সত্য সনাতন সুন্দর পর-শিব সূর-ভূপা

ওঁ জয় সন্তোষী মাঁ জয় জয়

tū hī sata cita sukhamaya śuddha brahmarūpā (mām̃)  
satya sanātana sundara (2) para śiva sūra bhūpā  
om̃ jaya santoṣī mām̃ jaya jaya

You are the essence of Truth, Consciousness, Happiness, the form of Pure Conscious Being. You are the beauty of Eternal Truth. Beyond infinite goodness, you rule over all the Gods. Be Victorious!

- 2 -

आदि अनादि अनामय अविचल अविनाशी (माँ)

अमल अनन्त अगोचर अज आनन्दराशी

ॐ जय सेन्तोषी माँ जय जय

আদি অনাদি অনাময় অবিচল অবিনাশী (মাঁ)

অমল অনন্ত অগোচর অজ আনন্দরাশী

ওঁ জয় সন্তোষী মাঁ জয় জয়

ādi anādi anāmaya avicala avināśī (mām̃)

amala ananta agocara (2) aja ānandarāśī

om̃ jaya santoṣī mām̃ jaya jaya

The beginning, without beginning, unseverable; motionless and indestructible; Bright, infinite, imperceptible, unborn, the great collection of Bliss. Be Victorious!

- 3 -

अविकारी अघहारी अकल कलाधारी (माँ)

कर्त्ता विधि भर्त्ता हरि हर संहारकारी

ॐ जय सेन्तोषी माँ जय जय

অবিকারী অঘহারী অকল কলাধারী (মাঁ)

कर्त्ता विधि भर्त्ता हरि हर संहारकारी

ওঁ জয় সন্তোষী মাঁ জয় জয়

**avikārī aghahārī akala kalādhārī (mām̃)**  
**karttā vidhi bharttā hari (2) hara saṁhāarakārī**  
**om̃ jaya santoṣī mām̃ jaya jaya**

Changeless, holy One, sinless, bearer of individual phenomena; created by Brahmā, sustained by Viṣṇu, and Śiva who dissolves this creation. Be Victorious!

- 4 -

तू विधि वधू रमा तू उमा महामाया (माँ)  
 मूलप्रकृति विद्या तू तू जननी जाया  
 ॐ जय सेन्तोषी माँ जय जय

तू विधि वधू रमा तू उमा महामाया (माँ)  
 मूलप्रकृति विद्या तू तू जननी जाया  
 ॐ जय सेन्तोषी माँ जय जय

**tū vidhi vadhū ramā tū umā mahā māyā (mām̃)**  
**mūlaprakṛti vidyā tū (2) tū jananī jāyā**  
**om̃ jaya santoṣī mām̃ jaya jaya**

You are the wife of Brahmā, the wife of Viṣṇu (Ramā), the wife of Śiva (Umā), the Great Measurement of Consciousness. You are the knowledge of primordial existence, the Mother who gives birth to all. Be Victorious!

- 5 -

राम कृष्ण तू सीता ब्रजरानी राधा (माँ)  
 तू वाञ्छाकल्पद्रुम हारिणि सब बाधा  
 ॐ जय सेन्तोषी माँ जय जय

राम कृष्ण तू सीता ब्रजरानी राधा (माँ)  
 तू वाञ्छाकल्पद्रुम हारिणि सब बाधा  
 ॐ जय सेन्तोषी माँ जय जय

**rāma kṛṣṇa tū sītā brajarānī rādhā (mām̃)  
tū vāñchā kalpadruma (2) hāriṇi saba bādhā  
om̃ jaya santoṣī mām̃ jaya jaya**

You are the consciousness of the subtle light of wisdom that merges with the ultimate. You are the Doer of All. You are Sītā, the pure white one, the Queen of the multitude; Rādhā, the Ruler of all success. You are the desire of the wish-fulfilling tree, taking away all obstructions. Be Victorious!

- 6 -

दश विद्या नव दुर्गा नानाशस्त्रकरा (माँ)

अष्टमातृका योगिनि नव नव रूप धरा

ॐ जय सेन्तोषी माँ जय जय

दश विद्या नव दुर्गा नानाशस्त्रकरा (माँ)

अष्ट मातृका योगिनि नव नव रूप धरा

ॐ जय सेन्तोषी माँ जय जय

**daśa vidyā nava durgā nānāśāstra karā (mām̃)**

**aṣṭa mātṛkā yogini (2) nava nava rūpa dharā**

**om̃ jaya santoṣī mām̃ jaya jaya**

You are the ten branches of knowledge (Mahā Vidyās) and the nine Relievers of Difficulties (nine Durgās). All of the scriptures present you. The eight Mothers of union. Various are the forms that you assume. Be Victorious!

- 7 -

तू परधामनिवासिनि महाविलासिनि तू (माँ)

तु ही श्मशानविहारिणि ताण्डवलासिनि तू

ॐ जय सेन्तोषी माँ जय जय

তু পরধামনিবাসিনি মহাবিলাসিনি তু (মাঁ)

তু হী শ্মশানবিহারিণি তাণ্ডবলাসিনি তু

ওঁ জয় সন্তোষী মাঁ জয় জয়

**tū paradhāma nivāsini mahā vilāsini tū (mām̃)**

**tū hī śmaśāna vihāriṇi (2) tāṇḍavalāsini tū**

**om̃ jaya santoṣī mām̃ jaya jaya**

You are the inhabitant of the highest residence. Yours is the greatest beauty. You wander about the cremation grounds dancing to the rhythmic music. Be Victorious!

- 8 -

সুর মুনি মোহিনি সৌম্যা তু শোভাঃধারা (মাঁ)

বিবসনবিকট-সরুপা প্রলয়ময়ী ধারা

ওঁ জয় সন্তোষী মাঁ জয় জয়

সুর মুনি মোহিনি সৌম্যা তু শোভা--ধারা (মাঁ)

বিবসনবিকট-সরুপা প্রলয়ময়ী ধারা

ওঁ জয় সন্তোষী মাঁ জয় জয়

**sura muni mohini saumyā tū śobhā--dhārā (mām̃)**

**vivasana vikaṭ sarūpā (2) pralaya mayī dhārā**

**om̃ jaya santoṣī mām̃ jaya jaya**

You mesmerize the Gods and munis when you present your radiant beauty. All are helpless seeing your dreadful appearance at the time when you assume the form of total dissolution. Be Victorious!

- 9 -

তু হী স্নেহ-সুধাময়ি তু অতি গরলমনা (মাঁ)

রক্তবিধূষিত তু হী তু হী অস্থি তনা

ওঁ জয় সন্তোষী মাঁ জয় জয়

তু হী স্নেহ-সুধাময়ি তু অতি গরলমনা (মাঁ)

রত্নবিভূষিত তু হী তু হী অস্থি তনা

ওঁ জয় সন্তোষী মাঁ জয় জয়

**tū hī sneha sudhāmayi tū ati garalamanā (mām̃)**

**ratna vibhūṣita tū hī (2) tū hī asthi tanā**

**oṃ jaya santoṣī mām̃ jaya jaya**

You pervade Love and ease. You are extremely eminent. You are the Brilliance of the jewel. You are the invisible existence. Be Victorious!

- 10 -

মূলাধারনিবাসিনি ইহ পর সিদ্ধি প্রদে (মাঁ)

কালাতীতা কালী কমল তু বরদে

ওঁ জয় সন্তোষী মাঁ জয় জয়

মূলাধারনিবাসিনি ইহ পর সিদ্ধি প্রদে (মাঁ)

কালাতীতা কালী কমল তু বরদে

ওঁ জয় সন্তোষী মাঁ জয় জয়

**mūlādhāra nivāsini iha para siddhi prade (mām̃)**

**kālātītā kālī (2) kamala tū varade**

**oṃ jaya santoṣī mām̃ jaya jaya**

You reside in the Mūlādhāra Chakra. You grant the highest attainment in this world. At the appointed time you are Kālī, the Remover of Darkness, and as the Lotus One you grant blessings. Be Victorious!

- 11 -

শক্তি শক্তিধর তু হী নিত্য অভেদময়ী (মাঁ)

ভেদপ্রদর্শিনি বাণী বিমলে বেদত্রয়ী

ওঁ জয় সন্তোষী মাঁ জয় জয়

শক্তি শক্তিধর তু হী নিত্য অভেদময়ী (মাঁ)

ভেদপ্রদর্শিনি বাণী বিমলে বেদত্রয়ী

ওঁ জয় সন্তোষী মাঁ জয় জয়

**śakti śakti dhara tū hī nitya abheda mayī (mām̃)**

**bheda pradarsini vāṇī (2) vimale vedatrayī**

**om̃ jaya santoṣī mām̃ jaya jaya**

You are every form of energy, the eternal undistinguishable essence, the vibration that exposes change and distinction, and the spotlessly pure three Vedas. Be Victorious!

- 12 -

হম অতি দীন দুখী মাঁ বিপত-জাল ঘেরে (মাঁ)

হঁঁ কপূত অতি কপটী পর বালক তেরে

ওঁ জয় সন্তোষী মাঁ জয় জয়

হম অতি দীন দুখী মাঁ বিপত-জাল ঘেরে (মাঁ)

হঁঁ কপূত অতি কপটী পর বালক তেরে

ওঁ জয় সন্তোষী মাঁ জয় জয়

**ham ati dīna dukhī mām̃ vipat jāla ghere (mām̃)**

**haim̃ kapūt ati kapaṭī (2) para bālaka tere**

**om̃ jaya santoṣī mām̃ jaya jaya**

For so many days we have been in pain, Maa. We are bound by adversities and suffering. We are negligent and insincere, but still we are your children. Be Victorious!

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নিজ স্বभाववश জননী দয়া দৃষ্টি কীজৈ (মাঁ)

করুণা কর করুণাময়ি চরণ-শরণ দীজৈ

ওঁ জয় সন্তোষী মাঁ জয় জয়

নিজ স্বভাববশ জননী দয়া দৃষ্টি কীর্জৈ (মাঁ)

করুণা কর করুণাময়ি চরণ-শরণ দীর্জৈ

ওঁ জয় সন্তোষী মাঁ জয় জয়

**nija svabhāva vaśa jananī dayā dṛṣṭi kījai (mām̃)**

**karuṇā kara karuṇā mayi (2) caraṇa śaraṇa dījai**

**om̃ jaya santoṣī mām̃ jaya jaya**

Endow us with your very own nature, Mother. Give us your mercy, Oh Merciful Mother! Give us the refuge of your lotus feet. Be Victorious!

জয় সন্তোষী মাঁ জয় জয় (মাঁ) জয় সন্তোষী মাঁ জয় জয়

ভয়হারিণি ভবতারিণি ভবভামিনি জয় জয়

ॐ জয় সন্তোষী মাঁ জয় জয়

জয় সন্তোষী মাঁ জয় জয় (মাঁ) জয় সন্তোষী মাঁ জয়

জয়

ভয়হারিণি ভবতারিণি ভবভামিনি জয় জয়

ওঁ জয় সন্তোষী মাঁ জয় জয়

**jaya santoṣī mām̃ jaya jaya (mām̃) jaya santoṣī mām̃**

**jaya jaya**

**bhaya hāriṇi bhava tāriṇi (2)**

**bhava bhāmini jaya jaya**

**om̃ jaya santoṣī mām̃ jaya jaya**

Be Victorious! Oh Goddess Who Tears Apart Thought! Be Victorious! You take away all fear and illuminate the intensity of reality. Be Victorious!

puṣpāñjali

offer flowers

सर्वमङ्गल मङ्गल्ये शिवे सर्वार्थ साधिके ।

शरण्ये त्र्यम्बके गौरि नारायणि नमोऽस्तु ते ॥

सर्वमङ्गल मङ्गल्ये शिवे सर्वार्थ साधिके ।

शरण्ये त्र्यम्बके गौरि नारायणि नमो-स्तु ते ॥

**sarvamaṅgala maṅgalye śive sarvārtha sādlike**

**śaraṇye tryambake gauri nārāyaṇi namo-stu te**

To the Auspicious of all Auspiciousness, to the Good, to the Accomplisher of all Objectives, to the Source of Refuge, to the Mother of the Three Worlds, to the Goddess Who Is Rays of Light, Exposer of Consciousness, we bow to you.

सृष्टिस्थितिविनाशानां शक्तिभूते सनातनि ।

गुणाश्रये गुणमये नारायणि नमोऽस्तु ते ॥

सृष्टिस्थितिविनाशानां शक्तिभूते सनातनि ।

गुणाश्रये गुणमये नारायणि नमो-स्तु ते ॥

**srṣṭisthitivināśānām śaktibhūte sanātani**

**guṇāśraye guṇamaye nārāyaṇi namo-stu te**

You are the Eternal Energy of Creation, Preservation and Destruction in all existence; that on which all qualities depend, that which limits all qualities, Exposer of Consciousness, we bow to you.

शरणागतदीनार्त परित्राण परायणे ।

सर्वस्यार्ति हरे देवि नारायणि नमोऽस्तु ते ॥

शরणाগতদীনার্ভ পরিত্রাণ পরায়ণে ।

সর্বস্যার্তি হরে দেবি নারায়ণি নমো-স্তু তে ॥

**śaraṇāgatadīnārta paritrāṇa parāyaṇe**

**sarvasyār̥ti hare devi nārāyaṇi namo-stu te**

For those who are devoted to you and take refuge in you, you save from all discomfort and unhappiness. All worry you take away, Oh Goddess, Exposer of Consciousness, we bow to you.

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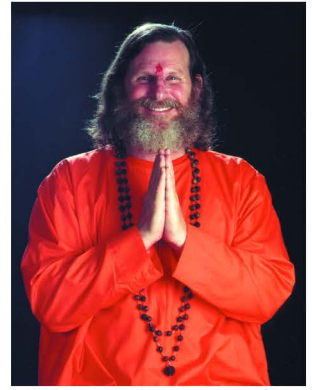
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Shree Maa, Devi Mandir, 2012.

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