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Worship of Gāyatrī





By Shree Maa and

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Shree Maa and Swami Satyananda Saraswati

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गायत्री चालीसा

Gāyatrī Cālīsā

॥ दोहा ॥

॥ Dohā ॥

ह्रीं श्रीं क्लीं मेधा प्रभा जीवन ज्योति प्रचण्ड।

शान्ति कान्ति जागृत प्रगति रचना शक्ति अखण्ड॥

hrīṃ śrīṃ klīṃ medhā prabhā jīvana jyoti pracaṇḍa।

śānti kānti jāgṛta pragati racanā śakti akhaṇḍa॥

All of Maya, what can be perceived through the senses, conceived in the mind, perceived through intuition, and beyond; the Perfection of peace in the mind and Peace in the heart; the cause of dissolution of manifested existence in the Causal Body; the illumination of the immense light of the intellect of love in all of Life; You bestow Peace, Beauty enhanced by Love, Progress, and indivisible energy.

जगत जननी मङ्गल करनि गायत्री सुखधाम।

प्रणवों सावित्री स्वधा स्वाहा पूरन काम॥

jagata jananī maṅgala karani gāyatrī sukhadhāma।

praṇavoṃ sāvitrī svadhā svāhā pūrana kāma॥

Gāyatrī is the Mother of the Perceivable Universe, the Cause of all Welfare, the Residence of comfort and happiness; She is the Holy syllable Oṃ, the Illuminator of the Light of Wisdom, oblations of respect to ancestors, oblations of respect to the Gods, who brings all desires to fulfillment.

॥ चौपाई ॥

॥ caupāī ॥

Classic Hindi Poetry Meter

भूर्भुवः स्वः ॐ युत जननी। गायत्री नित कलिमल दहनी॥

bhūrbhuvaḥ svaḥ oṃ yuta jananī। gāyatrī nita kalimala dahanī॥

Gāyatrī is the Infinite beyond conception, Mother of the three worlds (perceivable through the senses, conceivable in the mind, known through intuition or mediation and beyond), who eternally destroys the darkness of the Age of Darkness.

अक्षर चौविस परम पुनीता। इनमें बसें शास्त्र श्रुति गीता॥

akṣara cauvisa parama punītā। inameṃ baseṃ śāstra śruti gītā॥

With Her 24 (letters) syllables She is supreme purity, and within reside the scriptures such as the Vedas and the Gītā.

हंसारूढ सिताम्बर धारी। स्वर्ण कान्ति शुचि गगन-बिहारी॥

haṃsārūḍha sitāmbara dhārī। svarṇa kānti śuci gagana-bihārī॥

Riding upon a swan, She wears a white cloth; the purity of Her golden complexion makes Her appear beautifully enhanced by love as She flies across the sky.

पुस्तक पुष्प कमण्डलु माला। शुभ्र वर्ण तनु नयन विशाला॥

pustaka puṣpa kamaṇḍalu mālā।

śubhra varṇa tanu nayana viśālā॥

She holds a book, a flower, a waterpot, and rosary (mālā); Her body has a radiant color and Her eyes are immense.

ध्यान धरत पुलकित हित होई। सुख उपजत दुःख दुर्मति खोई॥

dhyāna dharata pulakita hita hoī।

sukha upajata duḥkha durmati khoī॥

Whoever will meditate upon Her (this form) with devotion, will be relieved from all pain, bad thoughts, and filled with peace and happiness.

कामधेनु तुम सुर तरु छाया। निराकार की अद्भुत माया॥

kāmadhenu tuma sura taru chāyā। nirākāra kī adbhuta māyā॥

You are the Cow who gives the fulfillment of all desires, the shade of the Tree (which gives all refuge); You are beyond all form, and even the incomparable Māyā (illusion of duality).

तुम्हरी शरण गहै जो कोई। तरै सकल संकट सों सोई॥

tumharī śaraṇa gahai jo koī। tarai sakala saṃkaṭa soṃ soī॥

Whoever comes under your protection will be able to overcome all obstacles or difficulties.

सरस्वती लक्ष्मी तुम काली। दिपै तुम्हारी ज्योति निराली॥

sarasvatī lakṣmī tuma kālī। dipai tumhārī jyoti nirālī॥

You are Saraswatī, Lakṣmī and Kālī; nothing can compare with your extraordinary light.

तुम्हरी महिमा पार न पावैं। जो शारद शत मुख गुन गावैं॥

tumharī mahimā pāra na pāvaiṃ।

jo śārada śata mukha guna gāvaiṃ॥

Your Greatness is beyond comprehension; even Saraswatī with a hundred mouths would be unable to sing of your qualities.

चार वेद की मातु पुनीता। तुम ब्रह्माणी गौरी सीता॥

cāra veda kī mātu punītā। tuma brahmāṇī gaurī sītā॥

You are the pure Mother of the four Vedas; You are Brahmāṇī (the wife of the Supreme), Gaurī (She who is Rays of Light), Sītā (the wife of Rām).

महामन्त्र जितने जग माहीं। कोउ गायत्री सम नाहीं॥

mahāmantra jitane jaga māhīṃ। kou gāyatrī sama nāhīṃ॥

Of all the great mantras existing on the earth; there is none equal to the Gāyatrī mantra.

सुमिरत हिय में ज्ञान प्रकासै। आलस पाप अविद्या नासै॥

sumirata hiya meṃ jñāna prakāsai। ālasa pāpa avidyā nāsai॥

When You are remembered in the illumination of Wisdom; laziness, sin and ignorance are destroyed.

सृष्टि बीज जग जननि भवानी। कालरात्रि वरदा कल्याणी॥

sṛṣṭi bīja jaga janani bhavānī। kālarātri varadā kalyāṇī॥

You are the Creator, the Mother of the seed of existence; You grant the boon of welfare in the darkness of duality.

ब्रह्मा विष्णु रुद्र सुर जेते। तुम सों पावें सुरता तेते॥

brahmā viṣṇu rudra sura jete। tuma soṃ pāveṃ suratā tete॥

Brahmā, Viṣṇu, Rudra (Śiva) and all the Gods all recognize the beauty within You.

तुम भक्तन की भक्त तुम्हारे। जननिहिं पुत्र प्राण ते प्यारे॥

tuma bhaktana kī bhakta tumhāre।

jananihiṃ putra prāṇa te pyāre॥

You give your devotion to Your devotees; and as Mother, You love creation (your children) more than your own self.

महिमा अपरम्पार तुम्हारी। जय जय जय त्रिपदा भयहारी॥

mahimā aparampāra tumhārī। jaya jaya jaya tripadā bhayahārī॥

Your greatness is above and beyond all; Victory, victory, victory to the three aspects which remove all fear.

पूरित सकल ज्ञान विज्ञाना। तुम सम अधिक न जगमे आना॥

pūrita sakala jñāna vijñānā। tuma sama adhika na jagame ānā॥

You are the fullest perfection of all Wisdom and Knowledge; Equal to Your greatness no one has come to the perceivable world.

तुमहिं जानि कछु रहै न शेषा। तुमहिं पाय कछु रहै न कलेशा॥

tumahiṃ jāni kachu rahai na śeṣā।

tumahiṃ pāya kachu rahai na kaleśā॥

Knowing You, nothing more is greater; Attaining You, no defects remain.

जानत तुमहिं तुमहिं है जाई। पारस परसि कुधातु सुहाई॥

jānata tumahiṃ tumahiṃ hai jāī। pārasa parasi kudhātu suhāī॥

Knowing You, there is no greater knowledge; even the most base instincts are purified by the touch of the Purifier.

तुम्हरी शक्ति दिपै सब ठाईं। माता तुम सब ठौर समाईं॥

tumharī śakti dipai saba ṭhāīं।

mātā tuma saba ṭhaura samāīं॥

Your energy is illuminated everywhere; Mother, there is no where Your presence is not.

ग्रह नक्षत्र ब्रह्माण्ड घनेरे। सब गतिवान तुम्हारे प्रेरे॥

graha nakṣatra brahmāṇḍa ghanere।

saba gativāna tumhāre prere॥

The planets, stars, the earth and all; All remain in motion because of Your inspiration.

सकल सृष्टि की प्राण विधाता। पालक पोषक नाशक त्राता॥

sakala sṛṣṭi kī prāṇa vidhātā। pālaka poṣaka nāśaka trātā॥

You are the Giver of Life to the entire creation; You are Protector, Creator, Destroyer, all three.

मातेश्वरी दया व्रत धारी। तुम सन तरे पातकी भारी॥

māteśvarī dayā vrata dhārī। tuma sana tare pātakī bhārī॥

Oh Supreme Divine Mother, You have undertaken the vow of compassion; You give redemption to even those who do great wrongs.

जापर कृपा तुम्हारी होई। तापर कृपा करें सब कोई॥

jāpara kṛpā tumhārī hoī। tāpara kṛpā kareṃ saba koī॥

Upon whomever You shower Your grace; All share grace with such devotees.

मन्द बुद्धि ते बुधि बल पावें। रोगी रोग रहित हो जावें॥

manda buddhi te budhi bala pāveṃ। rogī roga rahita ho jāveṃ॥

Those of poor intellect receive the strength of intelligence; those who suffer illness find themselves to be cured.

दरिद्र मिटै कटै सब पीरा। नाशै दुःख हरै भव भीरा॥

daridra miṭai kaṭai saba pīrā। nāśai duḥkha harai bhava bhīrā॥

All manner of pains, poverty and afflictions; worries, miseries are destroyed.

गृह क्लेश चित चिन्ता भारी। नासै गायत्री भय हारी॥

gṛha kleśa cita cintā bhārī। nāsai gāyatrī bhaya hārī॥

Household disturbances, worries and obstacles; Gāyatrī destroys and removes all fear.

सन्तति हीन सुसन्तति पावें। सुख संपति युत मोद मनावें॥

santati hīna susantati pāveṃ।

sukha saṃpati yuta moda manāveṃ॥

Those without children will beget children; and will be blessed with comfort and wealth.

भूत पिशाच सबै भय खावें। यम के दूत निकट नहिं आवें॥

bhūta piśāca sabai bhaya khāveṃ।

yama ke dūta nikaṭa nahiṃ āveṃ॥

All fear of ghosts and goblins will be removed; and the servants of the God of Death will not be able to come close (untimely death is averted).

जो सधवा सुमिरें चित लाई। अछत सुहाग सदा सुखदाई॥

jo sadhavā sumireṃ cita lāī। achata suhāga sadā sukhadāī॥

A married woman will be filled with blissful consciousness; and her married life will always be happy.

घर वर सुख प्रद लहैं कुमारी। विधवा रहें सत्य व्रत धारी॥

ghara vara sukha prada lahaiṃ kumārī।

vidhavā raheṃ satya vrata dhārī॥

An unmarried woman will get a comfortable home and be happy with her husband; and a widow will remain truthful to her vows.

जयति जयति जगदम्ब भवानी। तुम सम ओर दयालु न दानी॥

jayati jayati jagadamba bhavānī। tuma sama ora dayālu na dānī॥

Oh Mother of the Perceivable Universe, Bhavānī (Who Embodies the Existence), You are always victorious; there is no other equal to You in giving generous compassion.

जो सतगुरु सो दीक्षा पावे। सो साधन को सफल बनावे॥

jo sataguru so dīkṣā pāve। so sādhana ko saphala banāve॥

Whoever will receive initiation from a True Guru; in the way they perform sādhana, so will be the fruit they receive.

सुमिरन करे सुरूचि बडभागी। लहै मनोरथ गृही विरागी॥

sumirana kare surūci baḍabhāgī। lahai manoratha gṛhī virāgī॥

Whatever individual has the good fortune to remember Her with good intentions; will find fulfillment of their desires along with freedom from attachment.

अष्ट सिद्धि नवनिधि की दाता। सब समर्थ गायत्री माता॥

aṣṭa siddhi navanidhi kī dātā। saba samartha gāyatrī mātā॥

She is the Giver of the eight forms of Attainment and the nine forms of Wealth; all is possible because of Divine Mother Gāyatrī.

ऋषि मुनि यती तपस्वी योगी। आरत अर्थी चिन्तित भोगी॥

ṛṣi muni yatī tapasvī yogī। ārata arthī cintita bhogī॥

Seers, sages, ascetics, performers of tapasya, and yogis; those of worldly desires, other desires, those who are worried, and those who long for enjoyment,

जो जो शरण तुम्हारी आवें। सो सो मन वांछित फल पावें॥

jo jo śaraṇa tumhārī āveṃ। so so mana vāṃchita phala pāveṃ॥

Whoever, in whichever way they come to you; in that very same way they will receive the desired result.

बल बुधि विद्या शील स्वभाउ। धन वैभव यश तेज उछाउ॥

bala budhi vidyā śīla svabhāu। dhana vaibhava yaśa teja uchāu॥

Strength, intellect, knowledge, moral character, and nature; wealth, grandeur, fame (welfare) will increase.

सकल बढें उपजें सुख नाना। जे यह पाठ करै धरि ध्याना॥

sakala baḍheṃ upajeṃ sukha nānā।

je yaha pāṭha karai dhari dhyānā॥

All of these will increase along with happiness and comfort; for whoever recites and meditates upon this with one pointed attention.

॥ दोहा ॥

॥ Dohā ॥

यह चालीसा भक्ति युत पाठ करै जो कोई।

तापर कृपा प्रसन्नता गायत्री की होय॥

yaha cālīsā bhakti yuta pāṭha karai jo koī।

tāpara kṛpā prasannatā gāyatrī kī hoya॥

Whoever will regularly recite this Cālīsā with devotion, Divine Mother Gāyatrī will be pleased and will bestow Her grace.