

Budget Worksheet 1:

Your Income

Document your earnings, frequency, and annualize

	Source of Income	Amount	Frequency ¹	Multiply by ¹	Annual Amount	
1	Paycheck (after-tax)					1
2	Disability Check					2
3	Social Security Check					3
4	Stock Dividends					4
5	Alimony					5
6	Child Support					6
7	Other					7
	Total Annual Income				Sum 1-7	8
	Total Monthly Income				(Line 8) / 12	9

¹ Frequency is how often you get paid. Here are some common definitions and the Multiplier to Annualize your income:

Weekly	Typical for contract work, temporary work	52
Biweekly	Every other week	26
Semimonthly	Twice per Month	24
Monthly	Once per Month	12
Quarterly	Four times a year	4
Semiannual	Twice per year	2
Annual	Once per year	1

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